

Teen and Adult Classes



Acting & Theatre

ACTING I

Have you been told you should be on the stage? Learn basic acting techniques and performance skills from the Pros. No experience necessary!

Instructor: Suzanne Buczek Instructor fee: \$0 Supply fee: \$0

Location: Community Center, Room 205

Resident fee: \$28 Non-resident fee: \$35
308CC.350 Th 4/1-5/20 7-8 p.m. 15 yrs+

ACTING II

Take your acting to the next level. This class will focus on fine tuning your acting skills and scene study.

Instructor: Suzanne Buczek Instructor fee: \$0 Supply fee: \$0

Location: Community Center, Room 205

Resident fee: \$28 Non-resident fee: \$35
309CC.350 Th 4/1-5/20 8-9 p.m. 15 yrs+

AUDITION TECHNIQUES

Learn the do's and don'ts of auditioning for the theatre and film. This class will give you the knowledge and confidence you need to get the part!

Instructor: Suzanne Buczek Instructor fee: \$0 Supply fee: \$0

Location: Senior Center Multipurpose Room

Resident fee: \$28 Non-resident fee: \$35
307CC.330 Tu 3/30-5/18 8-9 p.m. 15 yrs+

INTRODUCTION TO VOICEOVERS

A fun, interactive class to get started in professional voice acting, covering some of the many details of the industry and taught by a professional voice actor from the voice acting training company, Voices For All. Receive a professional voice evaluation.

Instructor: Voices For All Instructor fee: \$30 Supply fee: \$0

Location: Community Center, Room 205

Resident fee: \$8 Non-resident fee: \$10
385CC.330 Tu 3/9 7-9 p.m. 18 yrs+

Adoption

ADOPTION - HOW TO BEGIN THE PROCESS

Learn the first steps to starting the adoption process including researching agencies and attorneys, the home study process, Arizona adoption laws, costs associated with an adoption and methods of financing your adoption. The class will also provide an overview of domestic newborn adoption.

Instructor: Family Service Agency

Location: Community Center, Room 205

Resident fee: \$3 Non-resident fee: \$4
340CC.320 M 4/12 6:30-8 p.m. 18 yrs+

WANT TO BE AN INSTRUCTOR?

Looking for a part-time job? The City of Chandler needs recreation instructors! Do you have a special skill or a unique hobby that you think others would be interested in learning? If you possess the desire and ability to teach others, call 480-782-2728 to offer your services to the community.

TEEN & ADULT CLASS CONTACTS & LOCATIONS

ANDERSEN JR. HIGH SCHOOL

1255 N. Dobson Rd. (North of Ray Rd.)
Donald Smith, Recreation Coordinator I, 480-782-2718

CHANDLER COMMUNITY CENTER

125 E. Commonwealth Ave.
Courtney Hodge, Recreation Coordinator I, 480-782-2730

ENVIRONMENTAL EDUCATION CENTER

4050 E. Chandler Heights Rd. (N.E. of Chandler Heights & Lindsay roads)
Matt Dawson, Assistant Naturalist, 480-782-2886

SANTAN JR. HIGH

1550 E. Chandler Heights Rd. (East of McQueen Rd.)
Michael Ballard, Recreation Coordinator I, 480-782-2711

SNEDIGAR RECREATION CENTER

4500 S. Basha Rd. (East of Alma School Rd., South of Ocotillo Rd.)
Ariane Stramiello, Recreation Coordinator I, 480-782-2641

TUMBLEWEED RECREATION CENTER

745 E. Germann Rd. (West of McQueen Rd.)
Susan Fenton, Recreation Coordinator I, 480-782-2908

WILLIS JR. HIGH SCHOOL

401 S. McQueen Rd. (McQueen Rd. and Frye Rd.)
Teofilo Ruiz, Recreation Coordinator I, 480-782-2746

All class fees are paid during the registration process. All instructor and supply fees must be paid to your instructor at the first class.

Animals & Pets

DOG OBEDIENCE: BEGINNER

The class covers heel, sit, stay, stand, come and down. We also work on socialization skills and how to handle distraction. We instruct the clients how to use positive feedback, and motivation including treats. Collars and leads will be available for purchase or current equipment can be evaluated. No participants under the age of 12 allowed at Bark Park.

Instructor: Desert Dog Obedience Instructor fee: \$72 Supply fee: \$0

Location: Snedigar Bark Park, 4500 S. Alma School Rd.

Resident fee: \$20 Non-resident fee: \$25
328SN.320 M 3/15-5/3* 7-9 p.m. 12 yrs+

*No class 4/5

DOG OBEDIENCE: ADVANCE

This class is for dog owners who wish to compete in obedience novice events or continue with their training. This class is for students who have completed a beginner's class. Off-lead healing, recalls, fronts and finishes, distance sits, stays and down stays will be covered as well as ring procedures and fun jumping. No participants under the age of 12 allowed at Bark Park.

Instructor: Desert Dog Obedience Instructor fee: \$46 Supply fee: \$0

Location: Snedigar Bark Park, 4500 S. Alma School Rd.

Resident fee: \$13 Non-resident fee: \$17
330SN.320 M 3/15-5/3* 8-9 p.m. 12 yrs+

*No class 4/5

Arts & Crafts

CARDMAKING: BIRTHDAY BASH

Don't find yourself scrambling for a birthday card. Create your own handmade cards for all of those upcoming birthdays using creative stamping techniques and embellishments. We'll be creating five cards. Please bring your own scissors and adhesive.

Instructors: Heidi and Adriel Instructor fee: \$8 Supply fee: \$2

Location: Tumbleweed Recreation Center, Ceramic Studio

Resident fee: \$3 Non-resident fee: \$4
375TW.330 Tu 3/9 10 a.m.-noon 16 yrs+
376TW.330 Tu 3/9 7-9 p.m. 16 yrs+

Teen and Adult Classes

CARDMAKING: BRAYERING TECHNIQUES

The brayer can create fun and artful images to use to add texture and interest in your card creating. We'll be making three cards. Please bring your own scissors and adhesive.

Instructors: Heidi and Adriel Instructor fee: \$8 Supply fee: \$2
 Location: Tumbleweed Recreation Center, Ceramic Studio
Resident fee: \$3 Non-resident fee: \$4
 383TW.330 Tu 5/11 10 a.m.-noon 16 yrs+
 384TW.330 Tu 5/11 7-9 p.m. 16 yrs+

CARDMAKING: CREATIVE CARDS

Create a handmade assortment of all-occasion greeting cards using special embellishments and creative techniques. Create three cards in each class with new card designs each month. Bring your own scissors and adhesive.

Instructors: Heidi and Adriel Instructor fee: \$8 Supply fee: \$2
 Location: Tumbleweed Recreation Center, Ceramic Studio
Resident fee: \$3 Non-resident fee: \$4
 366TW.330 Tu 3/2 10 a.m.-noon 16 yrs+
 367TW.330 Tu 3/2 7-9 p.m. 16 yrs+
 368TW.370 Sa 3/20 11 a.m.-1 p.m. 16 yrs+
 369TW.330 Tu 4/6 10 a.m.-noon 16 yrs+
 370TW.330 Tu 4/6 7-9 p.m. 16 yrs+
 371TW.370 Sa 4/17 11 a.m.-1 p.m. 16 yrs+
 372TW.330 Tu 5/4 10 a.m.-noon 16 yrs+
 373TW.330 Tu 5/4 7-9 p.m. 16 yrs+

CARDMAKING: CRISS-CROSS CARDS

Depart from the ordinary as we make cards that create their own decorative envelopes using card stock, designer paper, stamping and folding. We'll be making two different sized cards. Please bring your own scissors and adhesive.

Instructors: Heidi and Adriel Instructor fee: \$8 Supply fee: \$2
 Location: Tumbleweed Recreation Center, Ceramic Studio
Resident fee: \$3 Non-resident fee: \$4
 379TW.330 Tu 4/13 10 a.m.-noon 16 yrs+
 380TW.330 Tu 4/13 7-9 p.m. 16 yrs+

CREATE YOUR OWN T-SHIRT

No artistic skills required. Using a variety of stamps and stencils, you'll create an original, personalized t-shirt.

Instructor: Carolyn Woodburn Instructor fee: \$0 Supply fee: \$7
 Location: Tumbleweed Recreation Center, Ceramic Studio
Resident fee: \$8 Non-resident fee: \$10
 345TW.340 W 3/10 7-8:30 p.m. 13 yrs+

CROCHET – BEGINNER

Learn the basics of crochet. Slip knots, chain, single crochet, double crochet and finishing off. Everything you need to know to begin a project. Bring a size "J" crochet hook and a worsted weight yarn to class.

Instructor: Michele Carey Instructor fee: \$0 Supply fee: \$16
 Location: Tumbleweed Recreation Center, Art Studio
Resident fee: \$23 Non-resident fee: \$29
 346TW.330 Tu 3/30-4/20 6:30-8 p.m. 16 yrs+

DIGITAL ALBUM MAKING AND MORE LEVEL 1

Participants will learn to use Creative Memories software to organize digital images, use picture enhancements, design and publish images. Laptops welcome! Class fee includes software.

Instructor: Debra Durma Instructor fee: \$13 Supply fee: \$47
 Location: Tumbleweed Recreation Center, Meeting Room
Resident fee: \$3 Non-resident fee: \$4
 354TW.370 Sa 3/6 9:15-11 a.m. 18 yrs+
 355TW.330 Tu 3/9 9:15-11 a.m. 18 yrs+
 356TW.360 F 4/9 9:15-11 a.m. 18 yrs+
 357TW.360 Tu 5/11 9:15-11 a.m. 18 yrs+
 358TW.370 Sa 5/15 9:15-11 a.m. 18 yrs+

DIGITAL ALBUM MAKING AND MORE LEVEL 2

Participants will learn to use Creative Memories advanced Storybook Plus software to create digital scrapbook albums, 12x12 prints, gift cards, etc. using advanced techniques. Laptops welcome! Class fee includes software.

Instructor: Debra Durma Instructor fee: \$5 Supply fee: \$75
 Location: Tumbleweed Recreation Center, Meeting Room
Resident fee: \$3 Non-resident fee: \$4
 359TW.370 Sa 3/6 11:15 a.m.-12:45 p.m. 18 yrs+
 360TW.330 Tu 3/9 11:15 a.m.-12:45 p.m. 18 yrs+
 361TW.360 F 4/9 11:15 a.m.-12:45 p.m. 18 yrs+
 362TW.360 Tu 5/11 11:15 a.m.-12:45 p.m. 18 yrs+
 363TW.370 Sa 5/15 11:15 a.m.-12:45 p.m. 18 yrs+

DRAWING

Learn to draw what you see. Using various objects and still-life set ups, we will learn about perspective, using the sight-size method, rendering values, and textures, and composition. Students will be exposed to a variety of materials and papers. This is a good fundamental class for painters as well.

Instructor: Linda Fox Instructor fee: \$0 Supply fee: \$20
 Location: Community Center, Room 116
Resident fee: \$47 Non-resident fee: \$59
 398CC.350 Th 4/1-5/13 9:30-11:30 a.m. 18 yrs+

KNITTING – BEGINNER

Learn the basics of knitting. Cast on, knit, purl and bind off. Everything you need to know to begin a project. Bring a size 8 knitting needle and a worsted weight yarn to class.

Instructor: Michele Carey
 Location: Tumbleweed Recreation Center, Art Studio
Resident fee: \$23 Non-resident fee: \$29
 347TW.330 Tu 5/4-5/25 6:30-8 p.m. 16 yrs+

MIXED MEDIA

This class will teach students how to use a variety of different materials in untraditional ways. Students will learn how to sew, use hardware, print and learn how to make molds.

Instructor: Katie Hovencamp Instructor fee: \$0 Supply fee: \$45
 Location: Tumbleweed Recreation Center, Art Studio
Resident fee: \$78 Non-resident fee: \$98
 314TW.310 Su 3/28-5/16 10 a.m.-1 p.m. 18 yrs+

NATIVE AMERICAN ARTS

Learn traditional artistic skills practiced by Native Americans in Arizona. For March's project, we will use raffia to stitch pine needles onto a gourd bottom to make a beautifully intricate basket. For April's project, we will practice the art of feather painting, hemp knotting with beads and beading the quill of an (imitation) eagle feather. In May, participants will make beaded necklaces, earrings, and bracelets.

Instructor: Cano Ramirez Instructor fee: \$0 Supply fee: \$15
 Location: Environmental Education Center
Resident fee: \$21 Non-resident fee: \$27
 371EE.370 Sa 3/13 8 a.m.-2 p.m. 15 yrs+
 372EE.370 Sa 4/10 8 a.m.-2 p.m. 15 yrs+
 373EE.370 Sa 5/8 8 a.m.-2 p.m. 15 yrs+

NEW MEDIA/EXPERIMENTAL ART

Learn the basics of some of the newest and hottest trends in art! Literally, make your art light up, talk back or even move, using simple electronics, sound elements, video and more. In this studio art class, students will develop the skills to make art that really "works."

Instructor: Gina Hief Instructor fee: \$0 Supply fee: \$16
 Location: Tumbleweed Recreation Center, Ceramic Studio
Resident fee: \$41 Non-resident fee: \$52
 390TW.340 W 3/24-4/28 7-9 p.m. 13 yrs+

OIL PAINTING

Learn to oil paint. The instructor provides instruction of this time-honored medium while reviewing composition and design fundamentals. You provide the art idea and your own supplies.

Instructor: Linda Fox Instructor fee: \$0 Supply fee: \$5
 Location: Community Center, Room 116
Resident fee: \$47 Non-resident fee: \$59
 397CC.350 Th 4/1-5/13 6:30-8:30 p.m. 18 yrs+

OIL PORTRAIT PAINTING

Intermediate to advanced students with some experience drawing the head. We will spend part of the class working from photos and a couple of sessions working from a live model. We will discuss composition, color, facial features, hair and clothing.

Instructor: Linda Fox Instructor fee: \$0 Supply fee: \$30
 Location: Community Center, Room 116
Resident fee: \$48 Non-resident fee: \$60
 399CC.330 Tu 3/30-5/4 6:30-9 p.m. 18 yrs+



Teen and Adult Classes

PAINTING – BEGINNER

This class will teach students how to use acrylic, oil and watercolor paints. Students will learn how to use different brushes, create brush strokes and learn the basics by painting from photographs and still lifes.

Instructor: Katie Hovencamp Instructor fee: \$0 Supply fee: \$99
 Location: Tumbleweed Recreation Center, Art Studio
Resident fee: \$53 Non-resident fee: \$67
 365TW.310 Su 3/28-5/16 1-3 p.m. 18 yrs+

PAINTING AND DRAWING, OPEN STUDIO

Bring your own supplies and a project to work on. Receive instruction tailored to meet your own needs and interests.

Instructor: Linda Fox
 Location: Tumbleweed Recreation Center, Art Studio
Resident fee: \$41 Non-resident fee: \$52
 393TW.330 Tu 3/30-5/11* 9:30-11:30 a.m. 18 yrs+
 394TW.330 W 3/31-5/5 9:30-11:30 a.m. 18 yrs+
 *No class 4/20

PAPERMAKING: ALTERED CD PHOTO ALBUM

Alter an ordinary CD envelope into a creative handmade photo album decorated with paper, designer papers, and embellishments, which is perfect for gift giving or documenting a special event or memory. Please bring your own scissors and adhesive.

Instructors: Heidi and Adriel Instructor fee: \$10 Supply fee: \$3
 Location: Tumbleweed Recreation Center, Ceramic Studio
Resident fee: \$3 Non-resident fee: \$4
 381TW.350 Th 4/8 12:30-3 p.m. 16 yrs+
 382TW.350 Th 4/8 6:30-9 p.m. 16 yrs+

PAPERMAKING: ALTERED PHOTO/MEMORY CLIPBOARD

Altered clipboards make a great photo or memo holder. Using designer paper and embellishments, you'll create two beautiful clipboards, one to keep, the other for gift-giving. Please bring your own scissors and adhesive.

Instructors: Heidi and Adriel Instructor fee: \$10 Supply fee: \$3
 Location: Tumbleweed Recreation Center, Ceramic Studio
Resident fee: \$3 Non-resident fee: \$4
 385TW.350 Th 5/6 12:30-3 p.m. 16 yrs+
 386TW.350 Th 5/6 6:30-9 p.m. 16 yrs+

PAPERMAKING: PARTY FAVOR HOLDERS

Learn how to make a variety of paper party favor holders, including: pop-top can, genie bags, piece-of-cake and more. You'll have plenty of ideas to use for your next party. Please bring your own scissors and adhesive.

Instructors: Heidi and Adriel Instructor fee: \$10 Supply fee: \$3
 Location: Tumbleweed Recreation Center, Ceramic Studio
Resident fee: \$3 Non-resident fee: \$4
 377TW.350 Th 3/4 12:30-3 p.m. 16 yrs+
 378TW.350 Th 3/4 6:30-9 p.m. 16 yrs+

SOFT CIRCUIT EMBROIDERY

Take your sewing to a whole new level with electricity! In this fun embroidery class, you will learn how to sew lights and switches into your very own patterns. Using conductive thread and LED's you can create one of a kind altered clothing and novelty stitch work.

Instructor: Gina Hief Instructor fee: \$0 Supply fee: \$10
 Location: Tumbleweed Recreation Center, Art Studio
Resident fee: \$23 Non-resident fee: \$29
 391TW.320 M 3/29-4/19 7-8:30 p.m. 13 yrs+

WATERCOLOR – BEGINNER

Students will learn how to paint using watercolor paints. You will learn shading, values and how to render paintings from photographs and still lifes.

Instructor: Katie Hovencamp Instructor fee: \$0 Supply fee: \$63
 Location: Tumbleweed Recreation Center, Art Studio
Resident fee: \$78 Non-resident fee: \$98
 364TW.340 W 3/24-5/12 6-9 p.m. 18 yrs+

Books, Writing & Reading

HOW TO GET PUBLISHED

Learn how to polish your manuscripts (articles, fiction, nonfiction, poetry, and children's books,) explore internet and hard copy markets, fulfill submission guidelines, write query and cover letters and prepare your Publication Accomplishments and Experiences Résumé.

Instructor: Marilyn Janson Instructor fee: \$0 Supply fee: \$15
 Location: Community Center, Room 201
Resident fee: \$41 Non-resident fee: \$52
 325CC.340 W 4/7-5/12 6-8 p.m. 18 yrs+

Career Development

HOW TO START AND PROMOTE AN INTERNET BASED BUSINESS

The basics of starting an online business, including getting found by search engines and the use of Social Media to connect with your customers.

Instructor: Kendra Tillman Instructor fee: \$60 Supply fee: \$0
 Location: Tumbleweed Recreation Center, Computer Lab
Resident fee: \$17 Non-resident fee: \$22
 392TW.320 M 4/5-4/26 6:30-8:15 p.m. 16 yrs+

Ceramics

CERAMICS

An enjoyable and relaxing way to enhance your creative skills while learning basic clay skill building techniques and making many fun and functional projects.

Instructor: Kerry Burger Instructor fee: \$100 Supply fee: \$15
 Location: Community Center, Room 107
Resident fee: \$28 Non-resident fee: \$35
 313CC.320 M 3/29-5/17 6:30-8:30 p.m. 18 yrs+
 314CC.330 Tu 3/30-5/18 6:30-8:30 p.m. 18 yrs+

Computers

ADVANCED EXCEL

Using Microsoft Excel, learn to create complex formulas, detailed and line item budgets, checking account registers, loan payment schedules, and charts. Learn how to password protect the workbook. Manual provided for Excel 2003 or 2007. Prerequisite: Have a working knowledge of 'Excel' or have taken our Basic Excel class.

Instructor: Conquering Computers Instructor fee: \$40 Supply fee: \$0
 Location: Willis Jr. High, Room H-3
Resident fee: \$11 Non-resident fee: \$14
 309WJ.320 M 4/26 5:30-8:30 p.m. 18 yrs+

ADVANCED PUBLISHER

Using Microsoft Publisher 2003, customize color and font schemes to enhance pre-set templates. Design an original publication without using a template including bullets, photos, and other publication enhancements. Prerequisite: Must have working knowledge of publisher or have taken our basic Publisher class. Manual included for publisher 03 or 07.

Instructor: Conquering Computers Instructor fee: \$40 Supply fee: \$0
 Location: Willis Jr. High, Room H-3
Resident fee: \$11 Non-resident fee: \$14
 312WJ.320 M 5/17 5:30-8:30 p.m. 18 yrs+

ADVANCED WORD

Using Microsoft Word 2003, learn to create address books, mass mailings, labels and envelopes. Create customized holiday letters. Create columns, insert headers and footers, and use auto correct. Manual provided for Word 2003 or 2007. Prerequisite: Have a working knowledge of 'Word' or have taken our Basic Word class.

Instructor: Conquering Computers Instructor fee: \$40 Supply fee: \$0
 Location: Willis Jr. High, Room H-3
Resident fee: \$11 Non-resident fee: \$14
 307WJ.320 M 4/12 5:30-8:30 p.m. 18 yrs+

BASIC EXCEL

Using Microsoft Excel, learn to create budgets, inventories, and simple databases. Learn how to name and save workbooks and worksheets. Learn how to insert and format text and numbers. Create simple formulas. Manual provided for Excel 2003 or 2007.

Instructor: Conquering Computers Instructor fee: \$40 Supply fee: \$0
 Location: Willis Jr. High, Room H-3
Resident fee: \$11 Non-resident fee: \$14
 308WJ.320 M 4/19 5:30-8:30 p.m. 18 yrs+

BASIC PUBLISHER

Using Microsoft Publisher create professional business cards, brochures, invoices, fliers, and more using templates and your company logo. Produce cost effective publications rather than out-sourcing. Learn to work with Design Sets. Bring your company logo to class. Manual included for Publisher 2003 or 2007.

Instructor: Conquering Computers Instructor fee: \$40 Supply fee: \$0
 Location: Willis Jr. High, Room H-3
Resident fee: \$11 Non-resident fee: \$14
 311WJ.320 M 5/10 5:30-8:30 p.m. 18 yrs

Teen and Adult Classes

BASIC WORD PROCESSING

Using Microsoft Word 2003, learn the fundamentals of creating a document. Learn page set-up and basic formatting (change the look of text and paragraphs). Learn to copy, cut and paste text, add page numbers, save and print the document.

Instructor: Conquering Computers Instructor fee: \$40 Supply fee: \$0
 Location: Willis Jr. High, Room H-3
Resident fee: \$11 Non-resident fee: \$14
 306WJ.320 M 4/5 5:30-8:30 p.m. 18 yrs+

CARDS AND CALENDARS

Using PrintMaster software learn how to save lots of money by creating personalized greeting cards, calendars, party invitations, and much more. The list is almost endless. Learn to insert scanned photos into your cards for that special person. Manual included.

Instructor: Conquering Computers Instructor fee: \$40 Supply fee: \$0
 Location: Willis Jr. High, Room H-3
Resident fee: \$11 Non-resident fee: \$14
 305WJ.320 M 3/22 5:30-8:30 p.m. 18 yrs+

CREATIVE COMMUNICATIONS

Using Microsoft Word, learn how to use photos, clipart, word art, and other graphics to create eye-catching holiday letters, invitations, & fliers. Learn to create columns, insert bullets and symbols and more. Manual provided for Word 2003 or 2007. Prerequisite: Must know how to highlight, copy, and paste text.

Instructor: Conquering Computers Instructor fee: \$40 Supply fee: \$0
 Location: Willis Jr. High, Room H-3
Resident fee: \$11 Non-resident fee: \$14
 310WJ.320 M 5/3 5:30-8:30 p.m. 18 yrs+

EDIT PHOTOS USING PICASA

Whether you downloaded photos from a digital camera, scanned them, or received them through an e-mail, this class will teach you how to work with them. Learn how to change their size, brighten them, add text, and remove red eye using the free downloadable program, Picasa. Manual included.

Instructor: Conquering Computers Instructor fee: \$40 Supply fee: \$0
 Location: Willis Jr. High, Room H-3
Resident fee: \$11 Non-resident fee: \$14
 313WJ.320 M 5/24 5:30-8:30 p.m. 18 yrs+

MICROSOFT OFFICE

An introduction to the Microsoft Office Package. Hands on practice learning the fundamentals of Word, Excel and PowerPoint.

Instructor: Ed Allen
 Location: Tumbleweed Recreation Center, Computer Lab
Resident fee: \$33 Non-resident fee: \$42
 387TW.350 Th 3/18-4/29* 6-7:30 p.m. 13 yrs+
**No class 4/8*

MICROSOFT POWERPOINT

Using Microsoft PowerPoint, create exciting slideshow presentations for business or personal enjoyment that will capture your audiences' attention. Import photos to create digital biographies for special occasions.

Instructor: Conquering Computers Instructor fee: \$40 Supply fee: \$0
 Location: Willis Jr. High, Room D-3
Resident fee: \$11 Non-resident fee: \$14
 304WJ.320 M 3/8 5:30-8:30 p.m. 18 yrs+

WEB SITE DESIGN – PART I – HTML

Ever wanted to create your own Web site but didn't have skills to do so? This class will teach you how by providing the basic understanding of current techniques in Web site design as well as the Internet. We will involve a crash course on Adobe Photoshop and Adobe Dreamweaver, with an emphasis on learning the HTML language.

Instructor: Jared Kozel
 Location: Tumbleweed Recreation Center, Computer Lab
Resident fee: \$33 Non-resident fee: \$42
 334TW.340 W 3/10-4/14 6-7:30 p.m. 13 yrs+
 335TW.340 W 4/21-5/26 6-7:30 p.m. 13 yrs+

WEB SITE DESIGN – PART II – BUILDING A WEB SITE

Are you already familiar with how to use basic HTML? This class will teach you by providing students the chance to use new techniques to build a basic Web site.

Instructor: Jared Kozel
 Location: Tumbleweed Recreation Center, Computer Lab
Resident fee: \$33 Non-resident fee: \$42
 336TW.340 W 3/10-4/14 7:45-9:15 p.m. 13 yrs+
 337TW.340 W 4/21-5/26 7:45-9:15 p.m. 13 yrs+

WEB SITE DESIGN – ADVANCE – PHP

Learn how to take your site to the next level here in this advanced Web site design class. This class is longer than the traditional class because of the complexity involved with this subject. Learn different ways to program PHP and how to use it on your site!

Instructor: Jared Kozel
 Location: Tumbleweed Recreation Center, Computer Lab
Resident fee: \$48 Non-resident fee: \$60
 338TW.330 Tu 3/9-4/13 6-8:30 p.m. 13 yrs+

WEB SITE DESIGN – ADVANCE – FLASH

Learn how to take your site to the next level here in this advanced Web site design class. Adobe Flash is a fun, video oriented, dynamic web design tool. If used properly, it can give your Web site tremendous depth and versatility. We also review how to create a full SEO friendly Web site with Adobe Flash and JavaScript.

Instructor: Jared Kozel
 Location: Tumbleweed Recreation Center, Computer Lab
Resident fee: \$48 Non-resident fee: \$60
 339TW.330 Tu 4/20-5/25 6-8:30 p.m. 13 yrs+

Continuing Education

CLASSROOM MANAGEMENT MADE EXTRAORDINARY

Learn to manage even the most difficult students of any age and eliminate 75% of classroom misbehavior with these easy strategies. Learn REFOCUS: the most powerful solution to problem behavior! You'll receive a training manual at reduced cost and earn 1 hour of Graduate School credit.

Instructor: Dawn Dubelbeis Instructor fee: \$125 Supply fee: \$35
 Location: Community Center, Room 206
Resident fee: \$35 Non-resident fee: \$44
 386CC.370 Sa 4/3-4/10 10 a.m.-2 p.m. 18 yrs+
 387CC.370 Sa 4/17-4/24 10 a.m.-2 p.m. 18 yrs+
 388CC.370 Sa 5/1-5/8 10 a.m.-2 p.m. 18 yrs+

Cooking

AMERICANA – ALL AMERICAN PICNIC

Whether life is a picnic, a backyard barbecue or pool side party, picnic-fare should be as bright and sunny as the day itself. A lot of the food can be made ahead so you can relax and enjoy your own picnic. Our menu features: a high energy biker's/hiker's dream, portable picnics for the cool country and backyard BBQ magic.

Instructor: Pam Jackson Instructor fee: \$30 Supply fee: \$20
 Location: Tumbleweed Recreation Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 304TW.370 Sa 5/1 9 a.m.-1 p.m. 16 yrs+

AMERICANA – BREADS AND SPREADS

Bread is magical paired with a spread to provide extra flavor and texture. Breads and spreads are a joy to share with others. So get back to your roots with blueberry-orange-honey bread, cheese spreads and more.

Instructor: Pam Jackson Instructor fee: \$30 Supply fee: \$20
 Location: Tumbleweed Recreation Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 305TW.370 Sa 3/20 9 a.m.-1 p.m. 16 yrs+

AMERICANA – BRIDAL SHOWER

A bridal shower offers a sense of tradition, community and sincere wishes for the couple as they enter a new life together. The key to a successful shower is to keep it simple. Usually the main question is: do you serve a full blown meal or finger foods? Well, relax; we have some sensible advice and simple, yet scrumptious, recipes for a perfectly lovely show.

Instructor: Pam Jackson Instructor fee: \$30 Supply fee: \$20
 Location: Tumbleweed Recreation Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 306TW.370 Sa 4/17 9 a.m.-1 p.m. 16 yrs+

Teen and Adult Classes

THE ASIAN COLLECTION – THAI CUISINE

Indian spices greatly influence Thai cuisine as is apparent in their famous green, red and yellow curries. Vietnam, Cambodia and Indonesia surround Thailand and their enormous influences unite to produce the intricate taste of present day Thai cuisine.

Instructor: Pam Jackson Instructor fee: \$30 Supply fee: \$20
 Location: Tumbleweed Recreation Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 307TW.370 Sa 4/10 9 a.m.-1 p.m. 16 yrs+

BASIC COOKING TECHNIQUES

We will cover topics such as: portioning, reduction, thickening agents, floured meats and sauces all while learning to prepare few variety dishes that will help you overcome most recipes you'll find in any cook books.

Instructor: Chef Jack Chin Instructor fee: \$30 Supply fee: \$10
 Location: Community Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 357CC.340 W 3/3 5:30-8:30 p.m. 18 yrs+
 358CC.340 W 3/31 11:30 a.m.-2:30 p.m. 18 yrs+
 359CC.350 Th 4/29 5:30-8:30 p.m. 18 yrs+

CLASSIC DESSERTS

Learn temperature control, baking technique and tampering all while learning how to make creme brulee and classic fruit crepes. We will also play experiment with dessert sauces like classic crème anglaise and raspberry coulis. Bring your sweet tooth because we will be sampling the dishes.

Instructor: Chef Jack Chin Instructor fee: \$30 Supply fee: \$10
 Location: Community Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 360CC.350 Th 3/25 5:30-8:30 p.m. 18 yrs+
 361CC.350 Th 4/15 11:30 a.m.-2:30 p.m. 18 yrs+

COOKING WITH YOUR CSA BASKET

Learn how CSA (Community Supported Agriculture) programs work and find out how to efficiently prepare and eat items from your CSA basket or farmers' market finds. Taste delicious, healthy, and easy-to-follow recipes, all made with locally-grown products!

Instructor: Michael Thompson, Love Grows Farms
 Location: Environmental Education Center
Resident fee: \$3 Non-resident fee: \$4
 370EE.370 Sa 4/10 9-10 a.m. 13 yrs+

EMERALD ISLES SHINE – IRISH CUISINE

Irish cuisine is more than just an Irish Stew these days...in fact "bland" Irish foods are no more! As the luck of the Irish would have it, fresh fish, seafood, vegetables, beef, lamb and dairy products are abundant in Ireland. So help yourself to a feast fit for a new generation of Irishmen.

Instructor: Pam Jackson Instructor fee: \$30 Supply fee: \$20
 Location: Tumbleweed Recreation Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 308TW.370 Sa 3/6 9 a.m.-1 p.m. 16 yrs+

FARMER'S MARKET FINDS

Here in Arizona we have several growing seasons and several farmers markets that provide a wide variety of fresh and flavorful produce. But what do you do when you go overboard and arrive home with more than you can possibly use? This class is filled with delicious answers.

Instructor: Pam Jackson Instructor fee: \$30 Supply fee: \$20
 Location: Tumbleweed Recreation Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 309TW.370 Sa 5/22 9 a.m.-1 p.m. 16 yrs+

FRENCH CREPES

Crepes are the perfect make ahead; have on hand, aromatic butter-browned discs with a myriad of serving possibilities. Savory or sweet crepes star when it comes to versatility. Crepes are the good cook's best ally and are ideal to serve around the clock.

Instructor: Pam Jackson Instructor fee: \$30 Supply fee: \$20
 Location: Tumbleweed Recreation Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 310TW.370 Sa 4/24 9 a.m.-1 p.m. 16 yrs+

FRUIT BOUQUET

Looking for a unique gift idea or a custom designed fruit bouquet that you can't find anywhere else? Creating your own custom designed fruit basket is fun and easy to do. Join us as we learn and design our own fruit baskets.

Instructor: Chef Jack Chin Instructor fee: \$30 Supply fee: \$10
 Location: Community Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 380CC.340 W 3/10 6-8 p.m. 18 yrs+
 381CC.340 W 3/17 11:30 a.m.-1:30 p.m. 18 yrs+
 382CC.350 Th 4/8 6-8 p.m. 18 yrs+
 383CC.340 W 4/14 11:30 a.m.-1:30 p.m. 18 yrs+

HOGWARTS EXPRESS – FOODS THAT HARRY LOVES

Hop aboard the Hogwart Express and stir up some decadent treats that Harry and his chums would love. You're sure to feel slightly wicked after a Butterbeer for kids, Treacle Toffee or Rock Cookies and don't worry there's not a Haggis or Triple to be seen at this party.

Instructor: Pam Jackson Instructor fee: \$30 Supply fee: \$20
 Location: Tumbleweed Recreation Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 311TW.370 Sa 4/3 9 a.m.-1 p.m. 16 yrs+

LET'S MAKE PASTA!

Learn how to make a variety of homemade pasta dishes; spinach, tomato and ravioli. It is a lot of fun, easy to do and fresh pasta is out of this world!

Instructor: Chef Jack Chin Instructor fee: \$30 Supply fee: \$10
 Location: Community Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 367CC.340 W 3/10 11:30 a.m.-2:30 p.m. 18 yrs+
 368CC.340 W 3/24 5:30-8:30 p.m. 18 yrs+
 369CC.340 W 4/14 5:30-8:30 p.m. 18 yrs+
 370CC.350 Th 5/6 5:30-8:30 p.m. 18 yrs+

MARINATE

Tired of meat that tastes plain and dry? Ever wonder how meats from some restaurants are always so tender and taste throughout? The secret...Marinate! This class will teach you the basics of marinating and brining.

Instructor: Chef Jack Chin Instructor fee: \$30 Supply fee: \$10
 Location: Community Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 376CC.350 Th 3/11 5:30-8:30 p.m. 18 yrs+
 377CC.340 W 4/7 11:30 a.m.-2:30 p.m. 18 yrs+
 378CC.350 Th 4/22 5:30-8:30 p.m. 18 yrs+

MEDITERRANEAN BOUNTY – SPANISH TAPAS

Spanish cooking relies strongly on olive oil and garlic like most Mediterranean cooking. This class focuses on Tapas – small morsels that play a major role in the Spanish lifestyle. These tasty plates have never been more popular! So come share the joy and the sensational tastes of Spain.

Instructor: Pam Jackson Instructor fee: \$30 Supply fee: \$20
 Location: Tumbleweed Recreation Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 312TW.370 Sa 5/8 9 a.m.-1 p.m. 16 yrs+

MEDITERRANEAN BOUNTY – UNDER THE TUSCAN SUN

Cooking is never a chore but a skill to be learned, an art to be practiced and above all enjoyed. So, vacation with us today as we explore the warmth and beauty of simple Italian cuisine. Menu includes: three mushroom ragu, roast pork with herbs and peppers, pignoli macaroons and more.

Instructor: Pam Jackson Instructor fee: \$30 Supply fee: \$20
 Location: Tumbleweed Recreation Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 313TW.370 Sa 3/27 9 a.m.-1 p.m. 16 yrs+

SEAFOOD

Having trouble preparing seafood dishes? We will learn how to identify and prepare some of the most popular seafood dishes. Anyone can prepare seafood like a restaurant chef!

Instructor: Chef Jack Chin Instructor fee: \$30 Supply fee: \$15
 Location: Community Center, Kitchen
Resident fee: \$8 Non-resident fee: \$10
 372CC.350 Th 3/18 5:30-8:30 p.m. 18 yrs+
 373CC.350 Th 4/1 11:30 a.m.-2:30 p.m. 18 yrs+
 374CC.340 W 4/21 5:30 p.m. 18 yrs+
 375CC.350 Th 5/13 5:30-8:30 p.m. 18 yrs+

Teen and Adult Classes

SIMPLE STIR FRY

Learn basic stir-fry techniques to impress your friends and family with some popular stir-fry dishes such as Kung Pao, house, curry and chow mein. We will learn some of the major components of Chinese cuisine.

Instructor: Chef Jack Chin Instructor fee: \$30 Supply fee: \$10
Location: Community Center, Kitchen

Resident fee: \$8	Non-resident fee: \$10			
362CC.350	Th	3/4	11:30 a.m.-2:30 p.m.	18 yrs+
363CC.340	W	3/17	5:30-8:30 p.m.	18 yrs+
364CC.340	W	4/28	5:30-8:30 p.m.	18 yrs+
365CC.340	W	5/12	11:30 a.m.-2:30 p.m.	18 yrs+

TEENS COOK A FAMILY MEAL FOR 4

Turn the tables on the "Hey mom, what's for dinner?" Let the kids prepare a complete dinner. 3/15-German, 3/16-Irish, 3/17-Cuban, 3/18-Pizza and 3/19-Chinese. Fee includes dinner for four, insulated carrying case and food containers.

Instructor: Pam Jackson Instructor fee: \$30 Supply fee: \$30
Location: Tumbleweed Recreation Center, Kitchen

Resident fee: \$8	Non-resident fee: \$10			
315TW.320	M	3/15	6-9 p.m.	13-18 yrs
316TW.330	Tu	3/16	6-9 p.m.	13-18 yrs
317TW.340	W	3/17	6-9 p.m.	13-18 yrs
318TW.350	Th	3/18	6-9 p.m.	13-18 yrs
319TW.360	F	3/19	6-9 p.m.	13-18 yrs

TROPICAL FUN – COOKING OF THE CARIBBEAN

The beauty of this tropical cuisine is the incredible array of foods that grow where the beaches are sandy, waters warm and breezes fragrant. Let's discover a unique collection of ingredients that will tempt the most skeptical palate.

Instructor: Pam Jackson Instructor fee: \$30 Supply fee: \$20
Location: Tumbleweed Recreation Center, Kitchen

Resident fee: \$8	Non-resident fee: \$10			
320TW.370	Sa	5/15	9 a.m.-1 p.m.	16 yrs+

Dance

ADULT DANCE COMPANY- JAZZ/HIP HOP

This class is for the experienced dancer. Advanced jazz technique is a must. Company performs publicly and additional fees will be required to costumes and competitions.

Instructor: Jennifer Bonney
Location: Snedigar Recreation Center, Room 505/506

Resident fee: \$63	Non-resident fee: \$79			
315SN.320	M	3/1-5/17	6:30-8 p.m.	18 yrs+

ADULT LATIN DANCE

Come out and learn the basics, or refresh your dance skills in this fun, upbeat class that will teach many of the basic Latin dances! This is a fun class, plus a great way to work out!

Instructor: Alex Martinez
Location: Santan K-8, Cafeteria

Resident fee: \$16	Non-resident fee: \$20			
311SJ.230	Tu	3/11-4/1	7:45-8:45 p.m.	13 yrs+
312SJ.230	Tu	4/8-4/29	7:45-8:45 p.m.	13 yrs+
313SJ.230	Tu	5/6-5/27	7:45-8:45 p.m.	13 yrs+

BELLY DANCE-BEGINNING

Learn The Art of Belly Dancing by Samia. With over 30 yrs experience, Samia will instruct you through basic to bold Belly Dance Movements, finger cymbals, a variety of Belly Dance Rhythms and costume displays and information to help you bring out the exotic, graceful Belly Dancer in you!

Instructor: Samia Instructor fee: \$25 Supply fee: \$0
Location: Community Center, Room 109

Resident fee: \$7	Non-resident fee: \$9			
338CC.350	Th	4/1-5/6	6:15-7:20 p.m.	16 yrs+
360SN.320	M	3/29-5/3	6-7:05 p.m.	16 yrs+

BELLY DANCE-INTERMEDIATE WITH AEROBIC WORKOUT

Adding in techniques of veil drapes, moves and introducing floor work to your routine. Working on zill rhythms for beledi, chiftitelli, karshlima and more. Get a 30-minute belly dance aerobic workout while putting the moves together to dance for a great workout. Zills & Veil are required by lesson 2 and are available from instructor.

Instructor: Samia Instructor fee: \$25 Supply fee: \$0
Location: Community Center, Room 109

Resident fee: \$7	Non-resident fee: \$9			
339CC.350	Th	4/1-5/6	7:25-8:30 p.m.	16 yrs+

LATIN DANCE

This class will prepare teens and adults to set the dance floor on fire. Come and learn basic Salsa, Merengue and other Latin dance steps. NO PARTNER NEEDED! You will be dancing to the spiciest Latin music while improving coordination, rhythmic awareness, self-confidence and self-expression.

Instructor: Alex "Payazo" Martinez
Location: Andersen Jr. High, Cafeteria

Resident fee: \$18	Non-resident fee: \$23			
210AJ.370	Sa	3/13-4/17	Noon-12:45 p.m.	12 yrs+
211AJ.370	Sa	4/24-5/29	Noon-12:45 p.m.	12 yrs+

LINE DANCING-BEGINNING

Line Dancing is a fun and easy way to exercise, a great low impact and mental exercise. Meet new people and make new friends. Beginners will be line dancing by the end of the first session. No partner necessary.

Instructor: Shelley Center
Location: Community Center, Room 109

Resident fee: \$22	Non-resident fee: \$28			
341CC.320	M	3/29-5/3	6-7 p.m.	18 yrs+

LINE DANCING-INTERMEDIATE

This class is for those who have some previous line dancing experience. The emphasis in this class is on having fun and enjoying low impact exercise. No partner necessary.

Instructor: Shelley Center
Location: Community Center, Room 109

Resident fee: \$22	Non-resident fee: \$28			
342CC.320	M	3/29-5/3	7-8 p.m.	18 yrs+

SALSA FOR COUPLES - BEGINNER

Learn the basics of this hot Latin dance in this five-week course. Fees are per person.

Instructor: Sandy Popovich Instructor fee: \$30 Supply fee: \$0
Location: Tumbleweed Recreation Center, Cotton Room North

Resident fee: \$8	Non-resident fee: \$10			
302TW.330	Tu	3/30-4/27	6:30-7:30 p.m.	16 yrs+

SALSA CONTINUATION FOR COUPLES - BEGINNER

This is a continuation of the beginner salsa class. Students must have taken a previous beginner salsa with this instructor. Fees are per person.

Instructor: Sandy Popovich Instructor fee: \$25 Supply fee: \$0
Location: Tumbleweed Recreation Center, Cotton Room North

Resident fee: \$7	Non-resident fee: \$9			
303TW.330	Tu	5/4-5/25	6:30-7:30 p.m.	16 yrs+

SWING DANCE FOR COUPLES - BEGINNER

Jump, jive and wail as you learn the basics in this five-week course. Fees are per person.

Instructor: Sandy Popovich Instructor fee: \$30 Supply fee: \$0
Location: Tumbleweed Recreation Center, Cotton Room North

Resident fee: \$8	Non-resident fee: \$10			
300TW.330	Tu	3/30-4/27	7:30-8:30 p.m.	16 yrs+

SWING CONTINUATION FOR COUPLES - BEGINNER

This is a continuation of the beginner swing class. Students must have taken a previous beginner swing with this instructor. Fees are per person.

Instructor: Sandy Popovich Instructor fee: \$25 Supply fee: \$0
Location: Tumbleweed Recreation Center, Cotton Room North

Resident fee: \$7	Non-resident fee: \$9			
301TW.330	Tu	5/4-5/25	7:30-8:30 p.m.	16 yrs+

TANGO-BEGINNING COUPLES

Slow and sultry, quick and sharp dominate this exciting class. All fees are per person.

Instructor: Sandy Popovich Instructor fee: \$30 Supply fee: \$0
Location: Community Center, Room 111

Resident fee: \$8	Non-resident fee: \$10			
343CC.320	M	3/8-4/5	6:30-7:30 p.m.	18 yrs+

TAP-BEGINNING

Learn beginning tap techniques in a warm up and then learn progressions across the floor. Tap shoes required.

Instructor: Diana Wray
Location: Community Center, Room 204

Resident fee: \$28	Non-resident fee: \$35			
355CC.350	Th	4/1-5/20	7-8 p.m.	16 yrs+

Teen and Adult Classes

TAP-INTERMEDIATE

Come and join us for faster paced tap warm up and progressions across the floor. An exciting tap routine will be mastered by the end of the session. Tap shoes required.

Instructor: Diana Wray

Location: Community Center, Room 204

Resident fee: \$28 Non-resident fee: \$35
356CC.330 Tu 4/1-5/20 7-8 p.m. 16 yrs+

TEEN HIP HOP

Teens will love this energetic popular style of dance! You will learn all the latest tasteful moves while working with your favorite type of music. Plus, you can't beat the work out you'll get while having fun!

Instructor: Alex "Payazo" Martinez

Location: Andersen Jr. High, Cafeteria

Resident fee: \$18 Non-resident fee: \$23
208AJ.370 Sa 3/13-4/17 11-11:45 a.m. 13 yrs+
209AJ.370 Sa 4/24-5/29 11-11:45 a.m. 13 yrs+

WALTZ & FOXTROT-BEGINNING COUPLES

This is a great dance to get exposed to the elegant dances of the Waltz & Foxtrot. Couples will learn beginning steps of both dances in this 7 week class.

Instructor: Sandy Popovich

Instructor fee: \$50 Supply fee: \$0

Location: Community Center, Room 110

Resident fee: \$14 Non-resident fee: \$18
344CC.340 W 4/7-5/19 6:30-7:30 p.m. 18 yrs+

WEDDING CHOREOGRAPHY-COUPLES

Learn some steps that will have you traveling the floor as well as some romantic moves to add to that special moment.

Instructor: Sandy Popovich

Instructor fee: \$25 Supply fee: \$0

Location: Community Center, Room 111

Resident fee: \$7 Non-resident fee: \$9
345CC.320 M 3/15-4/5 7:30-8:30 p.m. 18 yrs+

Feng Shui, Decorating & Designing

FENG SHUI FOR YOUR HOME

Want to Feng Shui your home but you do not know where to start? This class will help you get acquainted with Feng Shui principles, show you how to get started with the "art of placement" in your home and give you tons of sources so you can study further.

Instructor: Samantha Rufe

Instructor fee: \$0 Supply fee: \$5

Location: Santan K-8, Room 45

Resident fee: \$22 Non-resident fee: \$28
308SJ.330 Tu 3/9-3/23 7-9 p.m. 13 yrs+

Finance & Investing

THE 12 THINGS YOU NEED TO DO BEFORE YOU RETIRE!

If you are a pre-retiree, age 50 or over and approaching retirement, you must learn how to avoid costly mistakes and prepare to retire right!

Instructor: San Tan Financial

Location: Tumbleweed Recreation Center, Meeting Room

Resident fee: \$3 Non-resident fee: \$4
324TW.330 W 3/31 6:30-7:30 p.m. 50 yrs+

ABC'S OF BUYING A HOME

Learn the process of buying a home, how much you need for a down payment, what your credit score should be and what closing costs are and who pays them. Also, learn about home inspections, realtors, programs for new homebuyers and short sale or bank owned property purchases.

Instructor: Keller Williams - Sara Pichelmann

Location: Tumbleweed Recreation Center, Meeting Room

Resident fee: \$3 Non-resident fee: \$4
331TW.370 Sa 3/20 9-11 a.m. 18 yrs+
332TW.370 Sa 4/17 9-11 a.m. 18 yrs+
333TW.370 Sa 5/22 9-11 a.m. 18 yrs+

AVOID FORECLOSURE

Are you upside down on your mortgage and want to keep your home? Is your bank trying to foreclose on you? Whether you want to keep your home, refinance or short sale your home, we will help guide you through the process so you can decide on what is best for you.

Instructor: Keller Williams - Sara Pichelmann

Location: Tumbleweed Recreation Center, Meeting Room

Resident fee: \$3 Non-resident fee: \$4
328TW.370 Sa 3/27 9-11 a.m. 18 yrs+
329TW.370 Sa 4/24 9-11 a.m. 18 yrs+
330TW.370 Sa 5/29 9-11 a.m. 18 yrs+

HOW MONEY WORKS

Learn the secrets to financial success. Take control of your money. Learn how to pay yourself first, eliminate debt, use time and consistency. Learn how to buy the right kind of life insurance and how to defer taxes and invest with professional money management. Financial freedom can be in your future.

Instructor: Ellicia Romo

Instructor fee: \$0 Supply fee: \$3

Location: Tumbleweed Recreation Center, Meeting Room

Resident fee: \$3 Non-resident fee: \$4
595TW.330 Tu 3/30 6:30-8:30 p.m. 18 yrs+

HOW TO USE YOUR MORTGAGE AS A FINANCIAL TOOL

This workshop will reveal how a bad mortgage strategy is killing your ability to become financially successful; why interest rates matter very little and why traditional 30-year and 15-year mortgages were fine for your parents, but are harmful to you!

Instructor: San Tan Financial

Location: Snedigar Recreation Center, Room 503

Resident fee: \$3 Non-resident fee: \$4
344SN.330 Tu 4/20 6:30-8 p.m. 18 yrs+

*****The following four classes will share fundamentals for savings and investing. Signing up for all four classes is recommended and handouts are included. These classes are taught by Jason Freiwald, CFP, ChFC, CMFC.**

MONEY MANAGEMENT PLANNING

This is an important class for anyone just starting to save, needing help getting organized, or anyone who needs help with financial planning. You will learn how to organize your finances and put them into a usable financial plan. We will discuss budgeting, saving for college, retirement and setting aside emergency reserves.

Instructor: Jason Freiwald, CFP, ChFC, CMFC

Location: Community Center, Room 101

Resident fee: \$3 Non-resident fee: \$4
315CC.330 Tu 4/6 7-9 p.m. 18 yrs+

STOCKS & BONDS INVESTMENT PLANNING

Investing in today's marketplace can be very challenging. In this class we will discuss how the stock market works and the key concepts of investing in stocks, bonds and mutual funds. We will discuss the factors that influence the market. We will also be reviewing the importance of asset allocation and how to diversify your personal investment portfolio.

Instructor: Jason Freiwald, CFP, ChFC, CMFC

Location: Community Center, Room 101

Resident fee: \$3 Non-resident fee: \$4
316CC.330 Tu 4/13 7-9 p.m. 18 yrs+

ASSET PROTECTION PLANNING

It is not enough just to save for retirement. You have to be prepared for life events that might affect your retirement savings. We will be discussing a combination of life, disability, and long term care insurance techniques. Regardless of your income or net worth you need to understand the proper way to register your investments and protect them.

Instructor: Jason Freiwald, CFP, ChFC, CMFC

Location: Community Center, Room 101

Resident fee: \$3 Non-resident fee: \$4
317CC.330 Tu 4/20 7-9 p.m. 18 yrs+



****Sign Up for the New Chandler Recreation Monthly E-Newsletter!****

Receive up-to-date information on the city's recreational activities and special events each month!

Go to www.chandleraz.gov/listserv.html and enter your e-mail under the Parks & Recreation section.

Teen and Adult Classes

RETIREMENT AND ESTATE PLANNING

The biggest lifetime goal that most people plan for is their retirement. In this class we will teach you how to evaluate your 401ks, IRAs, & Roth IRAs. We will also be discussing annuities. We will finish with a brief discussion about wills and trusts.

Instructor: Jason Freiwald, CFP, ChFC, CMFC
Location: Community Center, Room 101

Resident fee: \$3 **Non-resident fee: \$4**
318CC.330 Tu 4/27 7-9 p.m. 18 yrs+

MONEY MANAGEMENT

NEW!

This educational workshop series discusses the five key areas of personal financial management: budgeting, investment planning, loans, college planning and estate planning. We will assist you in identifying which approach you should take to meet your financial objectives.

Instructor: David Pye Instructor fee: \$0 Supply fee: \$4
Location: Andersen Jr. High, Room 18

Resident fee: \$22 **Non-resident fee: \$28**
304AJ.340 W 3/10-4/14 6-7 p.m. 18 yrs+

NEW WAYS TO BEAT THE HIGH COST OF COLLEGE!

We will show you how to use financial planning strategies specifically geared toward college funding to lower your out-of-pocket expense for college and qualify for more free financial aid. Learn how to maximize your potential for FREE money to pay for college by understanding, scholarships, grants, income and asset planning and the financial aid forms.

Instructor: San Tan Financial
Location: Tumbleweed Recreation Center, Meeting Room

Resident fee: \$3 **Non-resident fee: \$4**
323TW.330 Tu 5/25 6:30-7:30 p.m. 18 yrs+

PROTECTING YOUR LIFESTYLE AND ASSETS THROUGH LONG TERM CARE

What is a myth and what is a fact about long term care? Do you believe you could use long term care someday? If the answer to any of these questions is yes, then come to this class and learn how to protect yourself from long term care loss. Learn how to use long term care insurance as an asset protection tool.

Instructor: Ellicia Romo Instructor fee: \$0 Supply fee: \$3
Location: Tumbleweed Recreation Center, Meeting Room

Resident fee: \$3 **Non-resident fee: \$4**
596TW.330 Tu 4/27 6:30-8:30 p.m. 18 yrs+

REVEAL THE ROCKEFELLER WITHIN!

What is your money type? Are you a Hammer, a Bundy, a Ford, a Rockefeller or a Buffet? Everyone has a pattern of behavior when it comes to money. Once you understand your money type, you can change the way you behave with money and change your financial future.

Instructor: San Tan Financial
Location: Tumbleweed Recreation Center, Meeting Room

Resident fee: \$3 **Non-resident fee: \$4**
322TW.330 Tu 3/9 6:30-7:30 p.m. 18 yrs+

TEACH YOUR CHILD MILLIONAIRE MONEY HABITS

Learn how to avoid the 8 common mistakes Parents make in teaching kids about money. Teach your kids good money habits and allow them to realize that there is more to money than just spending it! Presented by San Tan Financial.

Instructor: San Tan Financial
Location: Snedigar Recreation Center, Room 503

Resident fee: \$3 **Non-resident fee: \$4**
312SN.340 W 5/12 6:30-8:30 p.m. 18 yrs+



Gardening, Landscaping, & Plant Science

ETHNOBOTANY (TRADITIONAL USES OF PLANTS)

Take a guided tour around Veterans Oasis Park to learn the many uses of desert plants. The tour will be followed by an informational discussion and a tasting session in which participants will get to sample some of the desert's tasty and nourishing delights!

Instructor: Teresa Boehm Instructor fee: \$0 Supply fee: \$6
Location: Environmental Education Center

Resident fee: \$9 **Non-resident fee: \$12**
374EE.340 Th 3/11 5:30-7:30 p.m. 16 yrs+
375EE.340 Th 4/15 5:30-7:30 p.m. 16 yrs+

VEGETABLE GARDENING 1-2-3

Why settle for grocery store produce when you can grow vegetables from artichokes and asparagus to zucchini in your own backyard? Students will learn about garden preparation, what, how and when to plant, selection of quality plants, mulching, watering, and the basics of composting.

Instructor: Neil Tamber Instructor fee: \$0 Supply fee: \$5
Location: Environmental Education Center

Resident fee: \$14 **Non-resident fee: \$18**
376EE.340 W 3/3-3/10 6-7:45 p.m. 18 yrs+

GARDEN DAYS AT THE EEC

April is National Gardening Month.

Take a class at the EEC to green your thumb! Saturday April 10 and Saturday April 17 will feature gardening and landscaping programs, plus special guests and displays providing practical information about plants.

LANDSCAPING FOR ENERGY EFFICIENCY

Learn how to design, install, and maintain a home landscape that will save water, cut electricity use, and reduce particulate pollution.

Instructor: Tyler Storey Instructor fee: \$25 Supply fee: \$5
Location: Environmental Education Center

Resident fee: \$7 **Non-resident fee: \$9**
377EE.370 Sa 4/10 8:30-10:30 a.m. 16 yrs+

PLANT SWAP

Garden enthusiasts—bring plants in one to two-gallon containers and trade for plants of a similar size. Find something new for your garden, swap garden tips and meet other green thumbs!

Instructor: Environmental Education Center Staff
Location: Environmental Education Center

Resident fee: \$0 **Non-resident fee: \$0**
378EE.370 Sa 4/10 10:45-11:45 a.m. 18 yrs+

RAINWATER HARVESTING

This class will introduce you to the principles and techniques of rainwater harvesting. You will be able to apply these principles of water harvesting to your own yard.

Instructor: Lisa Kelk Instructor fee: \$0 Supply fee: \$3
Location: Environmental Education Center

Resident fee: \$16 **Non-resident fee: \$20**
379EE.370 Sa 4/10-4/17 Noon-2 p.m. 16 yrs+

ORGANIC GARDENING

Learn the basics of organic gardening and what it means to be "organic".

Instructor: Lisa Kelk Instructor fee: \$0 Supply fee: \$3
Location: Environmental Education Center

Resident fee: \$9 **Non-resident fee: \$12**
380EE.370 Sa 4/17 9:30-11:30 a.m. 16 yrs+

Golf

GOLF LESSONS

Learn the basics of golf and the fundamentals of the game from a PGA Pro and/or Assistant Pro! You will learn grip, arm, stance, chipping, putting, full swing and rules & etiquette. Included are instruction, range balls and a certificate for 9 holes of play.

Instructor: Lone Tree Golf Pro Instructor fee: \$126 Supply fee: \$0
Location: Lone Tree Golf Club 6262 S. Mountain Blvd. (S.E. of Riggs and Gilbert Rd.)

Resident fee: \$35 **Non-resident fee: \$44**
319CC.370 Sa 3/6-3/27 8-9 a.m. 18 yrs+
320CC.370 Sa 3/6-3/27 9:15-10:15 a.m. 18 yrs+
321CC.370 Sa 4/3-4/24 8-9 a.m. 18 yrs+
322CC.370 Sa 4/3-4/24 9:15-10:15 a.m. 18 yrs+
323CC.370 Sa 5/1-5/22 8-9 a.m. 18 yrs+
324CC.370 Sa 5/1-5/22 9:15-10:15 a.m. 18 yrs+

Teen and Adult Classes

Health & Wellness

FEED YOUR SKIN

Learn the basics of all natural kitchen skincare utilizing items straight from your refrigerator. Demonstrated will be what your skin needs and why, plus all kinds of different cleansing, toning, and moisturizers made from plain yogurt, lemons, honey and much more. Students will make their own moisturizers in class to take home for their own personal use.

Instructor: Lorri Woodmansee Instructor fee: \$0 Supply fee: \$10

Location: Community Center, Room 115

Resident fee: \$12	Non-resident fee: \$15		
326CC.320 M 4/19 6-9 p.m.		16 yrs+	
327CC.320 M 5/3 6-9 p.m.		16 yrs+	

FEED YOUR SKIN II

Learn more advanced skin treatments utilizing different fruits and vegetables in enzymatic facial masks. Additionally, learn about some of the most beneficial essential oils and herbs for facial and body care. Students will learn how to make their own bath sachets for use at home.

Instructor: Lorri Woodmansee Instructor fee: \$0 Supply fee: \$10

Location: Community Center, Room 115

Resident fee: \$12	Non-resident fee: \$15		
328CC.320 M 4/26 6-9 p.m.		16 yrs+	
329CC.320 M 5/10 6-9 p.m.		16 yrs+	

GLUTEN FREE FOR EASTER

Do you or a loved one have Celiac Disease or a Gluten Intolerance? This class will show you products, recipes, and give information on how to have a safe and gluten free Easter!

Instructor: Samantha Rufe Instructor fee: \$0 Supply fee: \$15

Location: Santan K-8,

Resident fee: \$9	Non-resident fee: \$12		
309SJ.370 Sa 3/27 Noon-2 p.m.		13 yrs+	

MAXIMIZE YOUR METABOLISM

Learn the importance of the five components of fitness and help restart your metabolism in the right direction allowing you to control your weight and become healthy. You will receive a manual of your own.

Instructor: Paul Harris Instructor fee: \$0 Supply fee: \$75

Location: Community Center, Room 206

Resident fee: \$78	Non-resident fee: \$98		
347CC.330 Tu/Th 3/9-4/15* 5-7 p.m.		18 yrs+	
348CC.330 Tu/Th 4/20-5/27 5-7 p.m.		18 yrs+	

*No class 3/25

Languages

AMERICAN SIGN LANGUAGE

Learn basic sign communication including finger spelling, signing words, and signing sentences. We will have a lot of reviews and also develop an understanding of the structure of Deaf Culture. Class will be structured at student's knowledge level.

Instructor: Jill Valentine

Location: Community Center, Room 202

Resident fee: \$43	Non-resident fee: \$54		
333CC.320 M 3/29-5/17 7-8:30 p.m.		13 yrs+	
334CC.350 Th 4/1-5/20 7-8:30 p.m.		13 yrs+	

ENGLISH FOR NON-NATIVE SPEAKERS, STEP I

Learn the basics, use the basics, live the basics! Make the time, erase your fears and take the first step with other non-native speakers in this introduction to the English language. Do this for YOU!

Instructor: Juliette Spence Instructor fee: \$0 Supply fee: \$5

Location: Snedigar Recreation Center, Room 502

Resident fee: \$43	Non-resident fee: \$54		
309SN.350 Th 3/25-5/13 5:30-7 p.m.		18 yrs+	

LET'S TALK IT OVER (IN SPANISH!)

Looking for a chance to revive your Spanish-language skills, brush up on some vocabulary and discuss real topics? THIS conversational class is for you.

Instructor: Juliette Spence Instructor fee: \$0 Supply fee: \$5

Location: Snedigar Recreation Center, Room 502

Resident fee: \$28	Non-resident fee: \$35		
310SN.350 Th 3/25-5/13 7:15-8:15 p.m.		18 yrs+	

SPANISH I - BEGINNER

You know you want to do this! It's all here, waiting for you: vocab, introductory grammar, and the opportunity to practice what you learn.

Instructor: Juliette Spence Instructor fee: \$0 Supply fee: \$5

Location: Snedigar Recreation Center, Room 502

Resident fee: \$43	Non-resident fee: \$54		
307SN.340 W 3/24-5/12 5:30-7 p.m.		18 yrs+	

SPANISH II - INTERMEDIATE

You've taken Spanish I and you are ready for this next step. Same stuff (vocab, grammar, practice), just stepped up a notch. You can do it!

Instructor: Juliette Spence Instructor fee: \$0 Supply fee: \$5

Location: Snedigar Recreation Center, Room 502

Resident fee: \$43	Non-resident fee: \$54		
308SN.340 W 3/24-5/12 7:15-8:45 p.m.		18 yrs+	

SPANISH I

You will learn the basic concepts of pronunciation, simple sentences, basic grammar and "survival" vocabulary. Textbook required is "Spanish the Easy Way" by Barrons.

Instructor: Cathy Ogden Instructor fee: \$0 Supply fee: \$3

Location: Community Center, Room 101

Resident fee: \$47	Non-resident fee: \$59		
346CC.340 W 3/10-4/21 3-5 p.m.		18 yrs+	
335CC.340 W 3/10-4/21 5-7 p.m.		18 yrs+	

SPANISH II

A continuation of Spanish I to further increase your vocabulary, pronunciation and grammar. Participants may repeat this course as many times as they wish. Prerequisite: Spanish I, or instructor approval.

Instructor: Cathy Ogden

Location: Community Center, Room 101

Resident fee: \$47	Non-resident fee: \$59		
336CC.340 W 3/10-4/21 7-9 p.m.		18 yrs+	

SPANISH - BEGINNER I

Come and join the fun of Spanish through music, TRP (Total Physical Response - language in action), games and the culture of Spanish speaking countries. In this course, students will learn basic Spanish, introductory grammar and vocabulary used in everyday conversation.

Instructor: Yolanda Leon Instructor fee: \$0 Supply fee: \$5

Location: Tumbleweed Recreation Center, Classroom A

Resident fee: \$28	Non-resident fee: \$35		
388TW.350 Th 3/4-4/29* 6:30-7:30 p.m.		18 yrs+	

*No class 3/18

SPANISH - BEGINNER II

A follow up to Spanish - Beginner I, this class is the next level from basic Spanish to the intermediate use of the language. The class is designed for students with basic vocabulary and grammar skills. Participants will increase their vocabulary, pronunciation and conversational skills. Students may repeat this course as many times as they wish.

Good luck! ¡Buena suerte!

Instructor: Yolanda Leon Instructor fee: \$0 Supply fee: \$5

Location: Tumbleweed Recreation Center, Classroom A

Resident fee: \$28	Non-resident fee: \$35		
389TW.350 Th 3/4-4/29* 7:30-8:30 p.m.		18 yrs+	

*No class 3/18



Teen and Adult Classes

Martial Arts

AIKIDO

A Japanese defensive martial art based on smooth, powerful blending motions as its core that does not rely on power and size. This class teaches fundamental to advanced motions and philosophies of Aikido, which are defensive in nature but provide options for varying degrees of intensity. Achievement of rank depends on individual progress.

Instructor: Aikido of Phoenix L. Mailloux Instructor fee: \$45 Supply fee: \$0
Location: Snedigar Recreation Center, Room 505/506

Resident fee: \$13	Non-resident fee: \$17			
301SN.370	M	3/1-3/29	7-8:30 p.m.	14 yrs+
	Sa		10-11:30 a.m.	
302SN.370	M	4/3-4/26	7-8:30 p.m.	14 yrs+
	Sa		10-11:30 a.m.	
303SN.370	M	5/1-5/31	7-8:30 p.m.	14 yrs+
	Sa		10-11:30 a.m.	

Instructor: Aikido of Phoenix J. Scanlin Instructor fee: \$45 Supply fee: \$0
Location: Community Center, Room 109

Resident fee: \$13	Non-resident fee: \$17			
330CC.330	Tu/W	3/2-3/31*	7-8:30 p.m.	14 yrs+
331CC.330	Tu/W	4/6-4/28	7-8:30 p.m.	14 yrs+
332CC.330	Tu/W	5/4-5/26	7-8:30 p.m.	14 yrs+

*No class 3/9

KARATE - WHITE BELT

Instructors have a combined 25 years of experience teaching martial arts. You could call the class American Karate since they competed together at national tournaments. They stress kicking, punching and stances. After 2 months students will have the chance to test for a yellow belt.

Instructor: Jim Raemisch & Scott Hefington
Location: Snedigar Recreation Center, Room 505/506

Resident fee: \$31	Non-resident fee: \$39			
210SN.330	Tu/Th	3/2-3/30	6:30-7:30 p.m.	11 yrs+
211SN.330	Tu/Th	4/1-4/29	6:30-7:30 p.m.	11 yrs+
Resident fee: \$28	Non-resident fee: \$35			
212SN.330	Tu/Th	5/4-5/27	6:30-7:30 p.m.	11 yrs+

KARATE - YELLOW BELT

This class is designed for students that have received their yellow belt and are ready to focus the next levels.

Instructor: Jim Raemisch & Scott Hefington
Location: Snedigar Recreation Center, Room 505/506

Resident fee: \$31	Non-resident fee: \$39			
319SN.330	Tu/Th	3/2-3/30	7:30-8:30 p.m.	13 yrs+
320SN.330	Tu/Th	4/1-4/29	7:30-8:30 p.m.	13 yrs+
Resident fee: \$28	Non-resident fee: \$35			
321SN.330	Tu/Th	5/4-5/27	7:30-8:30 p.m.	13 yrs+

KENJUTSU- JAPANESE SWORDSMANSHIP

This course is a hands-on study of classical Japanese Swordsmanship. Working with a bamboo sword, called a Shinai, students will learn movement, attacking, and blocking techniques. Students will practice falls, rolls, hand-to-hand, disarms, knife techniques. We will meet the Tuesday (3/9) prior to the first day of class at 6:30 p.m. to prepare your Shinai for class.

Instructor: Dean Kaprolet Instructor fee: \$0 Supply fee: \$25
Location: Andersen Jr. High, Cafeteria

Resident fee: \$16	Non-resident fee: \$20			
212AJ.340	W	3/10-3/31	6:30-7:30 p.m.	16 yrs+

LIM'S HAWAII KENPO-KARATE

NEW!

This disciplined karate program that emphasizes good physical health and self-defense. Lim's Hawaii Kenpo focuses on self-esteem, positive attitude, better concentration, how to keep your children safe from bullies and bullying at school, and being a better society member. Plain white uniforms can be used if previously bought for martial arts classes and no supply fee will be charged.

Instructor: Lim Kenpo Karate Instructor fee: \$50 Supply fee: \$45
Location: Andersen Jr. High, Cafeteria

Resident fee: \$14	Non-resident fee: \$18			
201AJ.330	Tu/Th	3/2-3/25	6-8 p.m.	15 yrs+
202AJ.330	Tu/Th	3/30-4/22	6-8 p.m.	15 yrs+
203AJ.330	Tu/Th	4/26-5/20	6-8 p.m.	15 yrs+

SHORINJI KEMPO

A combination of punch, kick, block, grabs and throws. Students will learn balance, concentration, self-defense and person improvement as well as Japanese names for each move and technique.

Instructor: Andrew Sparks
Location: Community Center, Room 110

Resident fee: \$59	Non-resident fee: \$74			
304CC.320	M/Th	3/29-5/27	6:30-7:30 p.m.	14 yrs+

TAEKWONDO

Training challenges each student to reach his/her potential and classes teach fundamentals. Classes are structured for fun and learning while exercising. Each class consists of systematic stretching, various kicking and punching techniques, as well as coordination and balance drills. Training intensity starts at moderate and slowly increases for conditioning.

Instructor: William Norton Instructor fee: \$40 Supply fee: \$0
Location: Willis Jr. High, Multipurpose Room

Resident fee: \$11	Non-resident fee: \$14			
301WJ.330	M/Th	3/1-3/25	7-7:45 p.m.	13 yrs+
	Sa	3/6-3/27	9:30-11:30 a.m.	
302WJ.330	M/Th	4/5-4/29	7-7:45 p.m.	13 yrs+
	Sa	4/10-4/4	9:30-11:30 a.m.	
303WJ.330	M/Th	5/3-5/27	7-7:45 p.m.	13 yrs+
	Sa	5/6-5/22	9:30-11:30 a.m.	

Music

GUITAR BASICS

Basics of playing guitar, including: learning the parts of the instrument, tuning, chords, picking, strumming and scales. Taught by John Feula of the band, Instant Hobo.

Instructor: John Feula
Location: Willis Jr. High, Band Room

Resident fee: \$28	Non-resident fee: \$35			
203WJ.320	M	3/8-4/26	6:30-7:30 p.m.	13 yrs+
204WJ.350	Th	3/11-4/29	5:30-6:30 p.m.	13 yrs+

GUITAR BASICS II

Students will learn more advanced techniques and tricks for guitar. Taught by John Feula of americana band Instant Hobo.

Instructor: John Feula
Location: Willis Jr. High, Band Room

Resident fee: \$28	Non-resident fee: \$35			
205WJ.350	Th	3/11-4/29	6:30-7:30 p.m.	13 yrs+

Modeling

RUNWAY COACHING

This class teaches runway modeling as well as the elements and back-room basics of the runway industry.

Instructor: Essence Neal Instructor fee: \$0 Instructor fee: \$10
Location: Community Center, Room 205

Resident fee: \$41	Non-resident fee: \$52			
354CC.350	Th	3/4-4/8	6:30-8:30 p.m.	14 yrs+

Outdoor Skills & Survival

DESERT SURVIVAL: MODERN METHODS

Learn practical modern methods that will keep you safe in many of the situations presented by our forbidding Sonoran Desert environment. Skills to be covered include fire starting, signaling, shelter building, basic navigation, and more.

Instructor: Mark Hullinger
Location: Environmental Education Center

Resident fee: \$12	Non-resident fee: \$15			
381EE.370	Sa	3/20	9 a.m.-noon	18 yrs+

DESERT SURVIVAL: TRADITIONAL METHODS

Learn how early inhabitants of the Sonoran Desert used items found in their environment to survive, and how natural materials found in the desert can be used for food, medicine, clothing, shelter, and safety.

Instructor: Cano Ramirez
Location: Environmental Education Center

Resident fee: \$6	Non-resident fee: \$8			
382EE.370	Sa	3/20	12:30-1:30 p.m.	All ages

Teen and Adult Classes

LAND NAVIGATION WITH A MAP AND COMPASS (BASIC)

Every outdoor enthusiast should know how to find their way using just a map and compass. This class is perfect for hikers, campers, hunters, anglers, and anybody who loves to get outside!

Instructor: Mark Hullinger Instructor fee: \$0 Supply fee: \$12
 Location: Environmental Education Center
Resident fee: \$16 Non-resident fee: \$20
 383EE.370 Sa 3/27 8 a.m.-noon 16 yrs+

FIRE BY FRICTION

Participants will learn to procure fire with primitive methods. We will focus on using the bow drill method to make fire without matches, flint, or steel.

Instructor: Nick Jeppesen Instructor fee: \$0 Supply fee: \$10
 Location: Environmental Education Center
Resident fee: \$8 Non-resident fee: \$10
 384EE.370 Sa 3/27 12:30-2 p.m. 10 yrs+

FISHING LESSONS – FLY TYING

Those interested in the sport of fly fishing can learn the basic tools, materials, and techniques needed to tie their own flies. This class is “hands-on” and takes place in a small group to provide lots of one-on-one instruction.

Instructor: DeWane Tabbot Instructor fee: \$0 Supply fee: \$10
 Location: Environmental Education Center
Resident fee: \$12 Non-resident fee: \$15
 141EE.370 Sa 5/15 9 a.m.-noon 12 yrs+

HOW TO HIKE (BEGINNER)

This class provides beginners the knowledge, skills, and gear that will help them explore the outdoors in a safe and enjoyable manner. Participants will also learn about great places to hike in central Arizona and beyond.

Instructor: Environmental Education Center Staff
 Location: Environmental Education Center
Resident fee: \$9 Non-resident fee: \$12
 385EE.330 Tu 3/2 6-7:45 p.m. 16 yrs+
 386EE.330 Tu 5/18 6-7:45 p.m. 16 yrs+

INTRODUCTION TO GEOCACHING

Learn how to use a GPS unit to engage in the sport of geocaching! Geocaches are hidden worldwide, and now Veterans Oasis Park has some of its own. Want to know where they are? Sign up for this class! GPS units are provided. Participants are invited to bring the kids.

Instructor: Environmental Education Center Staff
 Location: Environmental Education Center
Resident fee: \$9 Non-resident fee: \$12
 387EE.370 Sa 3/13 9-11 a.m. 18 yrs+

Organization

ORGANIZING TECHNIQUES

Learn how to de-clutter and find a space for everything, and then everything will be in its place. Organization for the home, office and even your car are covered in this class. An organized space creates a stress free environment!

Instructor: Christine Gessler Instructor fee: \$0 Supply fee: \$5
 Location: Community Center, Room 205
Resident fee: \$9 Non-resident fee: \$12
 305CC.370 Sa 3/6 9:30-11:30 a.m. 18 yrs+
 300CC.340 W 3/10 6-8 p.m. 18 yrs+

Parenting

BECOMING A LOVE AND LOGIC PARENT

Want to raise a responsible child? Learn how by becoming a Love and Logic Parent. Love and Logic is a philosophy of raising and teaching children which allows adults to be happier, empowered and less-stressed.

Instructor: Ruth Lucas Instructor fee: \$0 Supply fee: \$20
 Location: Tumbleweed Recreation Center, Meeting Room
Resident fee: \$53 Non-resident fee: \$67
 321TW.360 F 4/2-5/21 6:30-8:30 p.m. 18 yrs+

PARENTING STRESS MANAGEMENT

Learn ways to handle stress & diffuse situations before they escalate. This class will also cover topics such as: family living on a budget, age-appropriate discipline techniques, as well as minimizing stress in the parental role.

Instructor: Christine Gessler Instructor fee: \$0 Supply fee: \$5
 Location: Community Center, Room 205
Resident fee: \$23 Non-resident fee: \$29
 306CC.350 Th 4/8-4/29 6-7:30 p.m. 18 yrs+

Personal Growth

MOTHERS AND MORE

You're a mother; and you're dutifully signing your children up for classes that will enrich them as they grow. If you have ever thought: “Why do I feel like the work I do as a mother gets no recognition?” or “Why do I feel guilty taking time for myself?” You are not alone. Join the discussion.

Instructor: Mothers and More
 Location: Tumbleweed Recreation Center, Meeting Room
Resident fee: \$3 Non-resident fee: \$4
 340TW.330 Tu 3/16, 4/20, 5/18 7-9 p.m. 18 yrs+

Photography

BASIC DIGITAL PHOTOGRAPHY

This basic class teaches you how to get your picture onto your computer. You will learn about exposure values, basics of light, properties of your lenses, and how to copy old photos and create them into art.

Instructor: Kent Keller Instructor fee: \$30 Supply fee: \$0
 Location: Snedigar Recreation Center, Room 516
Resident fee: \$8 Non-resident fee: \$10
 339SN.330 Tu 4/6-5/4 7-8:45 p.m. 15 yrs+

ADVANCED DIGITAL PHOTOGRAPHY

This class will teach you how to photograph outside, shoot black and white and take field trips that allow you to practice photo shoots at unique locations.

Instructor: Kent Keller Instructor fee: \$30 Supply fee: \$0
 Location: Snedigar Recreation Center, Room 516
Resident fee: \$8 Non-resident fee: \$10
 340SN.370 Sa 4/10-5/8 9-11 a.m. 15 yrs+

THE TELEPHOTO LENS AS A NATURE TOOL

This class concentrates on using a telephoto lens to observe and record wildlife and the beauties of nature. Outdoor shoots are planned, and birds and animals will be our main subject. Camera required.

Instructor: Kent Keller Instructor fee: \$25 Supply fee: \$0
 Location: Environmental Education Center
Resident fee: \$7 Non-resident fee: \$9
 388EE.350 Th 4/29-5/13 6-8 p.m. 15 yrs+

NATURE PHOTOGRAPHY WORKSHOP FOR ADULTS

You don't need a fancy camera to take a great nature photo. Classroom review and in the field “learn as you do” help develop your skills. Students must supply their own digital camera, charged batteries, and empty memory card.

Instructor: Dean Farrell Instructor fee: \$20 Supply fee: \$0
 Location: Environmental Education Center
Resident fee: \$6 Non-resident fee: \$8
Beginner Level—General Nature
 389EE.370 Sa 3/27 9 a.m.-1 p.m. 18 yrs+
Intermediate Level—Focus on Plants
 390EE.370 Sa 4/17 9 a.m.-1 p.m. 18 yrs+

PHOTOGRAPHY – BEGINNER

Learn how to take great photos and improve your existing pictures in six-weeks. You will learn basic photography, how to fully understand your camera plus learn how to shoot great images, make fantastic prints, and learn creative do-it-yourself techniques. Camera required (any type/style).

Instructor: David Miller Instructor fee: \$0 Supply fee: \$15
 Location: Tumbleweed Recreation Center, Classroom A & B
Resident fee: \$41 Non-resident fee: \$52
 352TW.330 Tu 4/13-5/25* 5:30-7:30 p.m. 16 yrs+
 *No class 5/18

PHOTOGRAPHY – PORTRAIT PHOTOGRAPHY

Improve your portrait photo skills by learning studio lighting, indoor/outdoor photo work, working with kids in photos, how to process images in the computer, and more. Camera required (any type/style).

Instructor: David Miller
 Location: Tumbleweed Recreation Center, Classroom A & B
Resident fee: \$34 Non-resident fee: \$43
 353TW.330 Tu 3/2-3/30 5:30-7:30 p.m. 16 yrs+



Teen and Adult Classes

Safety & Security

ADULT, CHILD AND INFANT CPR AND FIRST AID

Learn to overcome any reluctance to act in emergency situations and to recognize and care for life-threatening respiratory or cardiac emergencies in adults, children and infants.

Instructor: American Red Cross Staff Instructor fee: \$59 Supply fee: \$0
 Location: Tumbleweed Recreation Center, Meeting Room
Resident fee: \$17 Non-resident fee: \$22
 327TW.370 Sa 4/10 8:30 a.m.-3:30 p.m. 10 yrs+

CPR

This class will teach you how to respond and act in an emergency situation. We will be learning adult, child, and infant CPR, choking and how to use an AED. Receive an American Safety and Health Institute certification card valid for 2 years. This class is equivalent to American Heart BLS for Healthcare Providers.

Instructor: Paul Harris Instructor fee: \$0 Supply fee: \$20
 Location: Community Center, Room 206
Resident fee: \$15 Non-resident fee: \$19
 348CC.320 M 3/15 5-9 p.m. 16 yrs+
 349CC.320 M 4/5 5-9 p.m. 16 yrs+
 350CC.370 Sa 4/24 9 a.m.-1 p.m. 16 yrs+
 351CC.320 M 5/3 5-9 p.m. 16 yrs+

FIRST AID

Learn basic first aid for the community and workplace, covering minor injuries and basic emergency techniques. Receive an American Safety and Health Institute certification card valid for 2 years.

Instructor: Paul Harris Instructor fee: \$0 Supply fee: \$15
 Location: Community Center, Room 206
Resident fee: \$15 Non-resident fee: \$19
 352CC.320 M 4/12 5-9 p.m. 16 yrs+
 353CC.320 M 5/10 5-9 p.m. 16 yrs+

WOMEN'S SELF DEFENSE

This class will focus exclusively on women's self defense and sexual assault prevention. We will learn simple but effective techniques that work! We will discuss self-defense issues at length. Be prepared to have fun, sweat, and learn something valuable.

Instructor: United Studios of Self Defense Instructor fee: \$40 Supply fee: \$0
 Location: United Studios of Self Defense, 4991 S. Alma School Rd. #6
Resident fee: \$11 Non-resident fee: \$14
 314SJ.250 Th 4/8-4/29 6-7 p.m. 13 yrs+

Science, Nature, & Environment

ASTRONOMY LECTURE SERIES

This unique four-part lecture series by astronomer Howard Israel covers fascinating topics in the exciting field of astronomy, from the origins of astronomy to current and future research.

Instructor: Howard Israel, of the East Valley Astronomy Club
 Location: Environmental Education Center
Resident fee: \$8 Non-resident fee: \$10
We're All Made of Stardust
 391EE.330 Th 4/8 6:15-7:45 p.m. 13 yrs+
Galaxies—Cities in the Sky
 392EE.330 Th 4/15 6:15-7:45 p.m. 13 yrs+
Mayan Astronomy
 393EE.330 Th 4/22 6:15-7:45 p.m. 13 yrs+
The Moon Belongs to Everyone
 394EE.330 Th 4/29 6:15-7:45 p.m. 13 yrs+

ASTRONOMY – AN INTRODUCTION

This classroom-based course introduces students to the fantastic objects found throughout our universe and the techniques used to study them. Topics include planets, meteors, comets, stars, supernovae, galaxies, space exploration, and more.

Instructor: Howard Israel Instructor fee: \$0 Supply fee: \$1
 Location: Environmental Education Center
Resident fee: \$13 Non-resident fee: \$17
 395EE.350 Tu 4/6-4/13 6:15-7:45 p.m. 13 yrs+

IMPORTANT PAYMENT INFORMATION

Resident and Non-resident fees: These fees are paid when you register for classes and paid to the City of Chandler.

Instructor fee & Supply fee: These fees are not due until the first class and are paid directly to your instructor.

ASTRONOMY – HANDS-ON

Learn how to observe celestial objects. Topics include naked-eye observing; selecting, using, and maintaining telescopes; using digital cameras for astrophotography; observing the sun safely; and using other tools, such as star charts, software, binoculars, filters, and tracking devices.

Instructor: Howard Israel Instructor fee: \$0 Supply fee: \$1
 Location: Environmental Education Center
Resident fee: \$13 Non-resident fee: \$17
 396EE.350 Tu 4/20-4/27 6:15-7:45 p.m. 13 yrs+

INTRODUCTION TO BIRDWATCHING

This class covers the where, when, and how of birding in central AZ, including bird identification, equipment, and birding opportunities. It includes two Saturday field trips with dates and times to be determined in class. Optional guidebooks will be available at a discounted price.

Instructor: Krys Hammers
 Location: Environmental Education Center
Resident fee: \$12 Non-resident fee: \$15
 397EE.340 W 3/10-3/24 6:45-7:45 p.m. 16 yrs+

THE FASCINATING WORLD OF HUMMINGBIRDS

Learn how you can entice hummingbirds to come to your yard. We'll discuss hummingbird feeders, nectar, and plants that you can grow to keep hummingbirds returning. Learn the best hot spots to see hummers in AZ.

Instructor: Gail Morris Instructor fee: \$0 Supply fee: \$2
 Location: Environmental Education Center
Resident fee: \$7 Non-resident fee: \$9
 398EE.330 Tu 3/16 6:15-7:45 p.m. 13 yrs+
 399EE.370 Sa 5/15 10-11:30 a.m. 13 yrs+

GREEN HOLIDAYS – EASTER & MOTHER'S DAY

Looking for ways to "green" your holidays this year? We'll discuss and practice fun ways to have a rewarding holiday experience while reducing the impact on the environmental and your wallet!

Instructor: Environmental Education Center Staff
 Location: Environmental Education Center
Resident fee: \$6 Non-resident fee: \$8
 300EE.350 Th 3/11 6:30-7:30 p.m. 16 yrs+

Scraping & Stamping

DIGITAL STORYBOOKING

We all have times in our lives we treasure, moments and people we never want to forget. Learn how to document these memorable moments through digital storybooking before they fade from memory. This class will teach you how you can create your own custom hardbound storybooks, greeting cards, cookbooks, calendars, playing cards and more!

Instructor: Yvonne Mendoza
 Location: Tumbleweed Recreation Center, Computer Lab
Resident fee: \$3 Non-resident fee: \$4
 348TW.350 Th 3/11 6-8 p.m. 16 yrs+
 349TW.370 Sa 3/20 2-4 p.m. 16 yrs+
 350TW.350 Th 4/8 6-8 p.m. 16 yrs+
 351TW.370 Sa 4/17 2-4 p.m. 16 yrs+

"M" IS FOR MOM COASTER SIZE SCRAPBOOK

Join us as we make a wonderful scrapbook for mom. The finished project is about coaster size, will fold up and be tied with a ribbon. It's the perfect size for display on her coffee table or to have in her purse for a "brag" book. You can bring photos or add them later. Show her how much she means to you with this beautiful little gift.

Instructor: Lisa Krones Instructor fee: \$0 Supply fee: \$15
 Location: Community Center, Room 101
Resident fee: \$11 Non-resident fee: \$14
 207CC.350 Th 5/6 6:30-9 p.m. 13 yrs+

MOTHER'S DAY CARDS AND GIFTS

Get ready for Mother's Day and join us as we make a couple of Mother's Day cards, for your mother or for a friend. We'll also make a basket and a box with coordinating paper and fill them with sweet treats for your mom. This is a great way to tell your mom how much she means to you. You can even bring her along so you can do the class together.

Instructor: Lisa Krones Instructor fee: \$0 Supply fee: \$12
 Location: Community Center, Room 101
Resident fee: \$11 Non-resident fee: \$14
 208CC.350 Th 4/29 6:30-9 p.m. 13 yrs+

Teen and Adult Classes

SPRING HAS SPRUNG

Join us as we celebrate spring and make a paper bouquet of flowers in it's own paper pot and filled with a little goodie. We'll also make a set of cards with your choice of verse. A perfect gift for Mother's Day, teacher or co-worker appreciation or a special friend.

Instructor: Lisa Kronos Instructor fee: \$0 Supply fee: \$15
 Location: Community Center, Room 101
Resident fee: \$9 Non-resident fee: \$12
 206CC.370 Sa 3/6 9:30-11:30 a.m. 13 yrs+

Sports & Fitness

ABDOMINAL SCULPTING

This is a 45-minute workout that combines standing and floor exercises as well as a few back strengthening exercises. Sculpt, tone and flatten your abdominal and define your waistline while strengthening your back. The last 5 minutes of class is a very relaxing cool down. Bring a towel or mat.
 Instructor: Patricia Alexander

Location: Willis Jr. High, Dance Room
Resident fee: \$21 Non-resident fee: \$27
 201WJ.330 Tu 3/9-5/11 7:45-8:30 p.m. 13 yrs+
 Location: Andersen Jr. High, Chorus Room 21
Resident fee: \$28 Non-resident fee: \$35
 207AJ.340 W 3/10-5/12 7:45-8:30 p.m. 13 yrs+

ADAPTIVE STRENGTH TRAINING

Benefits of exercise are not limited only for those who can walk; it provides immense benefits to the disabled as well. Whether you are in a wheelchair or have certain physical disabilities, this class will not only teach you proper use of resistance training equipment, it will help increase physical function, self-confidence and decrease stress.

Instructor: Gabriel Gerbic
 Location: Tumbleweed Recreation Center, Fitness Center
Resident fee: \$28 Non-resident fee: \$35
 643TW.330 Tu/Th 3/2-3/25 5:30-6:30 p.m. 18 yrs+
 644TW.330 Tu/Th 4/6-4/29 6-7 p.m. 18 yrs+
 645TW.330 Tu/Th 5/4-5/27 6-7 p.m. 18 yrs+

ADULT / TEEN ICE SKATING

NEW!

The Adult / Teen curriculum is designed for the beginner adult / teen skater. It will promote physical fitness and improve balance & coordination while learning proper skating techniques. Although divided into levels, the adult / teen skater will progress at an individual rate while being challenged and motivated.

Instructor: Polar Ice Staff Instructor fee: \$68 Supply fee: \$0
 Location: Desert Schools Coyote Center Ice Rink
Resident fee: \$19 Non-resident fee: \$24
 206WJ.360 F 3/5-4/23 5:45-6:15 p.m. 14 yrs+

AWESOME ABS

Do you want awesome abs? Then come join us for a 30-minute abdominal workout. We will do a variety of exercises that will strengthen all of your core muscles and give you sculpted abs. Please bring a mat and water.

Instructor: Stephanie Armijo
 Location: Santan K-8, Cafeteria
Resident fee: \$18 Non-resident fee: \$23
 315SJ.320 M 4/5-5/24 7:30-8 p.m. 6-9 yrs

BABY BUGGY BRIGADE

This class offers new moms and dads the opportunity to workout with their babies while building a friendship and support group with the other parents. This unique fitness routine incorporates the stroller, bands and other exercises for a total body workout. This is an indoor/outdoor class depending on the weather. Bring a towel and water.

Instructor: TRC Staff
 Location: Tumbleweed Recreation Center, East Gym
Resident fee: \$16 Non-resident fee: \$20
 649TW.320 M 3/1-3/22 9:15-10:15 a.m. 18 yrs+
 650TW.340 W 3/3-3/24 9:15-10:15 a.m. 18 yrs+
 652TW.320 M 3/29-4/19 9:15-10:15 a.m. 18 yrs+
 653TW.340 W 3/31-4/21 9:15-10:15 a.m. 18 yrs+
Resident fee: \$12 Non-resident fee: \$15
 654TW.360 F 3/5-3/26* 9:15-10:15 a.m. 18 yrs+
Resident fee: \$16 Non-resident fee: \$20
 655TW.320 M 4/26-5/17 9:15-10:15 a.m. 18 yrs+
 656TW.340 W 4/28-5/19 9:15-10:15 a.m. 18 yrs+
 657TW.360 F 4/2-4/23 9:15-10:15 a.m. 18 yrs+
 651TW.360 F 4/30-5/21 9:15-10:15 a.m. 18 yrs+

*No class 3/12

BASIC BELLYDANCE + ABS & ARMS

NEW!

Learn and repeat basic fast paced bellydance moves. Then add 1-3 lb. weights to burn maximum calories and sculpt the arms. The cool down includes a 15 minute abdominal workout. Please bring 1-3 lb. weights (if desired), and a mat.

Instructor: Patricia Alexander
 Location: Andersen Jr. High, Chorus Room 21
Resident fee: \$33 Non-resident fee: \$42
 205AJ.370 Sa 3/13-4/17 10:30 a.m.-noon 16 yrs+

BELLYDANCE CHOREOGRAPHY

NEW!

Learn beautiful belly dance moves, and how to blend them into a workout with emphasis on abs, waist and hips. Have fun dancing together as a class. No experience necessary.

Instructor: Patricia Alexander
 Location: Willis Jr. High, Dance Room
Resident fee: \$21 Non-resident fee: \$27
 202WJ.330 Tu 3/9-5/11 6:30- 7:30 p.m. 10 yrs+

BOXING FITNESS

Stay fit and learn the proper techniques on punching, movement and form by jumping rope, medicine ball core exercises, speed bag training, punching focus mitts and heavy bag striking. No physical contact class.

Instructor: Vince Caruso
 Location: Community Center, Room 110
Resident fee: \$43 Non-resident fee: \$54
 301CC.320 M 3/29-5/17 6-7:30 p.m. 18 yrs+
 302CC.350 Th 4/1-5/20 6-7:30 p.m. 18 yrs+
Resident fee: \$83 Non-resident fee: \$104
 303CC.320 M/Th 3/29-5/20 6-7:30 p.m. 18 yrs+

CARDIO BELLYDANCING

Bellydancing engages the mind, body and spirit while improving self-esteem and body image. Sculpt and tone your entire body through basic bellydance isolations, graceful arm movements, and a variety of shimmies while losing weight. This fast paced exercise class is designed for all levels of bellydancing.

Instructor: Patricia Alexander
 Location: Andersen Jr. High, Chorus Room 21
Resident fee: \$34 Non-resident fee: \$43
 202AJ.340 W 3/10-5/12 6:30-7:30 p.m. 10 yrs+

CIRCUIT EXPRESS

Are you new to strength training? Are you short on time? Do you just need to be re-inspired to workout? Then this 30-minute circuit express is the workout for you! The circuit area is set to music while you move from one station to another, all while getting cardiovascular and strength training! This class is free to current Tumbleweed Recreation pass holders. Teen's ages 13-17 are welcome if they attended the Teen Fitness Orientation.

Instructor: TRC Staff
 Location: Tumbleweed Recreation Center, Fitness Floor
Resident fee: \$16 Non-resident fee: \$20
 622TW.320 M 3/1-3/22 8:30-9 a.m. 18 yrs+
 623TW.320 M 3/29-4/19 8:30-9 a.m. 18 yrs+
 624TW.320 M 4/26-5/17 8:30-9 a.m. 18 yrs+
 625TW.330 Tu 3/2-3/23 8:30-9 a.m. 18 yrs+
 626TW.330 Tu 3/30-4/20 8:30-9 a.m. 18 yrs+
 627TW.330 Tu 4/27-5/18 8:30-9 a.m. 18 yrs+
 628TW.340 W 3/3-3/24 8:30-9 a.m. 18 yrs+
 629TW.340 W 3/31-4/21 8:30-9 a.m. 18 yrs+
 630TW.340 W 4/28-5/19 8:30-9 a.m. 18 yrs+
 631TW.350 Th 3/4-3/25 8:30-9 a.m. 18 yrs+
 632TW.350 Th 4/1-4/22 8:30-9 a.m. 18 yrs+
 633TW.350 Th 4/29-5/20 8:30-9 a.m. 18 yrs+
 634TW.360 F 3/5-3/26 8:30-9 a.m. 18 yrs+
 635TW.360 F 4/2-4/23 8:30-9 a.m. 18 yrs+
 638TW.360 F 4/30-5/21 8:30-9 a.m. 18 yrs+

CYCLE

Group cycling is an awesome way to burn fat, increase strength and improve cardio fitness. Every ride is different than the last journey through hills, flats and mountains. Learn how to push through adversity and work in your optimum fat burning zone. Water bottles and towel are mandatory!

Instructor: Jacki Gardner
 Location: Tumbleweed Recreation Center, Tennis Center
Resident fee: \$32 Non-resident fee: \$40
 640TW.330 Tu/Th 3/2-3/25 5:30-6:30 a.m. 18 yrs+
 641TW.330 Tu/Th 4/6-4/29 5:30-6:30 a.m. 18 yrs+
 642TW.330 Tu/Th 5/4-5/27 5:30-6:30 a.m. 18 yrs+

Teen and Adult Classes



FIT CAMP @ TUMBLEWEED PARK

Fit Camp employs a dynamic fitness regimen designed to stimulate every major muscle group (including butt and abs), increase heart rate, challenge the core muscles and improve your balance. The Fit Camp workout routine will vary over the duration of the program and utilizes a variety of different exercise tools, which keeps each workout fun and exciting.

Instructor: Dameon Hahn Instructor fee: \$135 Supply fee: \$0

Location: Tumbleweed Recreation Center, meet in lobby

Resident fee: \$38 Non-resident fee: \$48

620TW.320	M-F	3/1-3/26	5:30-6:30 a.m.	18 yrs+
621TW.320	M-F	4/5-4/30	5:30-6:30 a.m.	18 yrs+
636TW.320	M-F	5/4-5/29	5:30-6:30 a.m.	18 yrs+

MOMMY BOOTCAMP

This is the perfect workout for the new mom, moms with toddlers or any mom who wants to make the most of her shape. Lose stubborn fat, tone muscles and increase your energy levels, all while having fun with other like-minded women.

Instructor: TRC Instructor

Location: Tumbleweed Recreation Center, Meet in the lobby

Resident fee: \$28 Non-resident fee: \$35

646TW.330	Tu/Th	3/2-3/25	6:45-7:45 p.m.	18 yrs+
647TW.330	Tu/Th	4/6-4/29	6:45-7:45 p.m.	18 yrs+
648TW.330	Tu/Th	5/4-5/27	6:45-7:45 p.m.	18 yrs+

INTERMEDIATE RACQUETBALL FOR TEENS AND ADULTS

This special class will teach you safety, basic shots, court etiquette and the stroke techniques needed to play a fun and energetic game of racquetball.

Instructor: Dirk Matthews

Location: Tumbleweed Recreation Center, Racquetball Court A

Resident fee: \$16 Non-resident fee: \$20

637TW.340	W	3/3-3/24	5:30-6:30 p.m.	13 yrs+
638TW.340	W	4/7-4/28	5:30-6:30 p.m.	13 yrs+
639TW.340	W	5/5-5/26	5:30-6:30 p.m.	13 yrs+

SABAKIBALL

Sabakiball is the fastest growing, most exciting new sport to come along in years! Teamwork is key; ball hogs and hot-dogs actually keep their team from scoring! Check it out and find out why Sabakiball is the ultimate team sport!

Instructor: Michael Cerpok Instructor fee: \$50 Supply fee: \$10

Location: Tumbleweed Park, North Field near the Alfalfa Ramada

Resident fee: \$14 Non-resident fee: \$18

343TW.370	Sa	3/20-5/8	3-4 p.m.	13-18 yrs
344TW.370	Sa	3/20-5/8	4-5 p.m.	18 yrs+

TONE & TIGHTEN

A combination of Mat Pilates, cardio exercises and resistance training using free weights, resistance bands and balance balls.

Instructor: Kathi Thompson Instructor fee: \$70 Supply fee: \$0

Location: Community Center, Room 110

Resident fee: \$20 Non-resident fee: \$25

306CC.330	Tu	3/23-5/25	6-7 p.m.	17 yrs+
307CC.350	Th	3/25-5/27	6-7 p.m.	17 yrs+

Instructor: Kathi Thompson Instructor fee: \$80 Supply fee: \$0

Resident fee: \$22 Non-resident fee: \$28
308CC.330 Tu/Th 3/23-5/27 6-7 p.m. 17 yrs+

ULTIMATE BODY FITNESS CAMP

All fitness levels come challenge yourselves to get the results you've been looking for! This boot camp is designed to decrease body fat, increase energy, improve strength & endurance, tone & build muscle and jump start your metabolism.

Instructor: Kathi Thompson Instructor fee: \$100 Supply fee: \$0

Location: Community Center, Room 111

Resident fee: \$28 Non-resident fee: \$35

309CC.340	W	3/24-5/26	6-7 p.m.	17 yrs+
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Location: Chuparosa Park, 2400 S. Dobson Rd.

310CC.360	F	3/26-5/28	7-8 a.m.	17 yrs+
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Instructor: Kathi Thompson Instructor fee: \$80 Supply fee: \$0

Location: Chuparosa Park, 2400 S. Dobson Rd.

Resident fee: \$22 Non-resident fee: \$28

311CC.370	Sa	4/3-5/22	8-9 a.m.	17 yrs+
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WOMEN'S ULTIMATE BODY FITNESS CAMP @ DESERT BREEZE PARK

Women of all fitness levels come out and get great results! This outdoor boot camp is designed to decrease body fat, increase energy, improve strength and endurance, tone muscle and jump start your metabolism.

Instructor: Kathi Thompson Instructor fee: \$100 Supply fee: \$0

Location: Desert Breeze Park, 660 N. Desert Breeze Park Blvd.

Resident fee: \$28 Non-resident fee: \$35

303CC.330	Tu	3/23-5/25	7-8 a.m.	17 yrs+
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304CC.350	Th	3/25-5/27	7-8 a.m.	17 yrs+
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Instructor: Kathi Thompson Instructor fee: \$110 Supply fee: \$0

Resident fee: \$31 Non-resident fee: \$39

305CC.330	Tu/Th	3/23-5/27	7-8 a.m.	17 yrs+
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ZUMBA

It's fun! It's different! It's easy! It's effective! Interval training to maximize fat burning. Class incorporates body movements from Salsa, Merengue, Cumbia, Reggaeton. No experience needed!

Instructor: Teresa Hillis

Location: Community Center, Room 110

Resident fee: \$25 Non-resident fee: \$32

205CC.350	Th	4/1-5/13	7:30-8:30 p.m.	12-17 yrs
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337CC.320	M	3/29-5/10	7-8 p.m.	18 yrs+
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ZUMBA

NEW!

Ditch the workout, join the party! Zumba is a high impact cardio workout that incorporates the popular latin rhythms with easy to follow moves - for men & women 13+, and no experience is needed. Come and join us for a calorie burning, body and soul energizing ride!

Instructor: Courtney Lucero

Location: Andersen Jr. High, Chorus Room 21

Resident fee: \$22 Non-resident fee: \$28

204AJ.320	M	4/5-5/10	6:30-7:30 p.m.	13 yrs+
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ADULT FITNESS ORIENTATION

Have you always wanted to start working out but find the gym a little too intimidating because you do not know how to use all of the fitness equipment? Tumbleweed Recreation Center wants to help you reach your goals and feel comfortable walking in the door of a fitness center. TRC will help you become familiar with the strength and cardio equipment by taking you through a 60 minute fitness orientation. You will learn how to operate our Life Fitness cardio machines and how to set up and use the strength machines so you can get started on your workout goals! Please see Tumbleweed Recreation Center's Guest Services for dates and times. No online registration for this class. This class is free to current TRC pass holders.

Instructor: TRC Staff Phone number: 480-782-2907

Location: Tumbleweed Recreation Center, Fitness Floor

Resident fee: \$4 Non-resident fee: \$5 18 yrs+

Check out Tumbleweed Recreation Center's Group Exercise Schedule at www.chandleraz.gov/tumbleweed

Mark your calendars! The next Tumbleweed Recreation Blood Drive will be July 5, 2010. Look for more information in the Summer Break Time issue coming soon!

Teen and Adult Classes

Yoga, Pilates, T'ai-Chi & Meditation

ADULT YOGA

Pranayam purifies body and mind. The postures make your body flexible and resistible. Doing pranayam and body posture makes our mind, body pure and healthy. Daily practice of yoga protects our body from many ailments. Please wear comfortable stretchy clothes, bring water, and a yoga mat. There should be a 3-4 hour gap between food and yoga class.

Instructor: Amar Sharma

Location: Willis Jr. High, Band Room

Resident fee: \$28	Non-resident fee: \$35		
316WJ.370 Sa	3/6-3/27	9-11 a.m.	16 yrs+
Location: Andesen Junior High, Room Band Room			
301AJ.320 M/Th	3/8-3/18	5-7 p.m.	18 yrs+
302AJ.320 M/Th	3/22-4/1	5-7 p.m.	18 yrs+

ALL LEVELS YOGA

This beginning to intermediate yoga class is great for beginners familiar with some yoga moves and also for more seasoned yogis looking for a little bit of a challenge. This class will offer flowing sequences, detailed instruction on some poses, as well as relaxation and meditation. Bring your mat and a water bottle. Other yoga props will be provided for use in class.

Instructor: Samantha Ruffle

Instructor fee: \$0 Supply fee: \$5

Location: Santan K-8, Room 45

Resident fee: \$18	Non-resident fee: \$23		
300SJ.320 M	3/8-3/29	6:45-8 p.m.	13 yrs+
301SJ.320 M	4/5-4/26	6:45-8 p.m.	13 yrs+
302SJ.320 M	5/3-5/24	6:45-8 p.m.	13 yrs+

BEGINNING YOGA

Curious about yoga? Try Beginning Yoga. Learn basic yoga postures, breathing, relaxation, and meditation techniques. Also get information on how to practice yoga at home on your own. Please bring water and a yoga mat. Additional supplies will be discussed the first day of class.

Instructor: Samantha Ruffle

Instructor fee: \$0 Supply fee: \$5

Location: Santan K-8, Room 45

Resident fee: \$18	Non-resident fee: \$23		
303SJ.340 W	3/10-3/31	6:45-8 p.m.	13 yrs+
304SJ.320 W	4/7-4/28	6:45-8 p.m.	13 yrs+
305SJ.340 W	5/5-5/26	6:45-8 p.m.	13 yrs+
306SJ.370 Sa	3/6-3/27	10-11:15 a.m.	13 yrs+
307SJ.370 Sa	4/3-4/24	10-11:15 a.m.	13 yrs+

GENTLE YOGA IN THE PARK

Relax, restore, renew and regenerate in nature using a slow and conscious pace designed to release stress and tension with asana (yoga poses), breath-work and meditation/visualization. Bring awareness deep within the self to create steadiness and ease in the body, clarity of mind and connection with your spirit. Gentle and calming. All levels welcome.

Instructor: Kerri Henderson-Zelich

Location: Desert Breeze Park, 660 N. Desert Breeze Blvd. at the Hummingbird Habitat

Resident fee: \$26	Non-resident fee: \$33		
389CC.330 Tu	3/9-4/13	7-8:15 a.m.	18 yrs+
393CC.330 Tu	4/20-5/25	7-8:15 a.m.	18 yrs+

MAT PILATES

Learn the basics of Pilates. We will learn exercises that will tone and tighten your core, increase flexibility and strengthen your whole body. Suitable for all fitness levels. Instructor certifications: NCSF-CPT; APEX-CPT

Instructor: Kathi Thompson

Instructor fee: \$60 Supply fee: \$0

Location: Community Center, Room 111

Resident fee: \$17	Non-resident fee: \$22		
312CC.360 F	3/26-5/28	9-10 a.m.	17 yrs+

MORNING PILATES @ DESERT BREEZE PARK

Come out and enjoy a morning of Pilates in the park. We will be focusing on exercises that will help increase flexibility, build a stronger core and strengthen your whole body. Instructor certifications: NCSF-CPT; APEX-CPT.

Instructor: Kathi Thompson

Instructor fee: \$70 Supply fee: \$0

Location: Desert Breeze Park, 660 N. Desert Breeze Blvd.

Resident fee: \$20	Non-resident fee: \$25		
300CC.320 M	3/22-5/24	7-8 a.m.	17 yrs+
301CC.340 W	3/24-5/26	7-8 a.m.	17 yrs+
Instructor: Kathi Thompson			
Instructor fee: \$80 Supply fee: \$0			
Resident fee: \$22	Non-resident fee: \$28		
302CC.320 M/W	3/22-5/26	7-8 a.m.	17 yrs+

PILATES- MAT WORK

This class will introduce participants at all fitness levels to the mat exercises developed by Joseph Pilates. If you're interested in building a stronger core, improving your posture and increasing your strength and flexibility, this class is for you! Please bring an exercise/yoga mat and towel to each class.

Instructor: Beth Tyrrell- Prevost

Location: Willis Jr. High, Band Room

Resident fee: \$22	Non-resident fee: \$28		
314WJ.370 Sa	3/27-5/1	6-7 p.m.	15 yrs+
Resident fee: \$28	Non-resident fee: \$35		
315WJ.330 Tu	3/23-5/11	6-7 p.m.	15 yrs+

REIKI MEDITATION

NEW!

Learn a new and fun approach to meditation and stress relief. Reiki teaches you how to protect yourself from negative energy, "see your aura," and "feel the healing life energy all around you."

Instructor: Mike Castillo

Location: Andersen Jr. High, Chorus Room

Resident fee: \$16	Non-resident fee: \$20		
303AJ.370 Sa	3/13-4/3	10:30-11:30 a.m.	16 yrs+

RESTORATIVE YOGA

Practice yoga with relaxing poses that are perfect to end your day. We will gently flow through restorative poses that release muscular tension and improve flexibility. Leave feeling renewed and relaxed. Please bring your own yoga mat.

Instructor: Crystal Nelson

Location: Snedigar Recreation Center, Room 503

Resident fee: \$19	Non-resident fee: \$24		
355SN.340 W	3/3-3/31	7:30-8:30 p.m.	16 yrs+
Reside3t fee: \$16	Non-resident fee: \$20		
356SN.340 W	4/7-4/28	7:30-8:30 p.m.	16 yrs+
357SN.340 W	5/5-5/26	7:30-8:30 p.m.	16 yrs+

TAI CHI – BEGINNER

Tai Chi is a great way to strengthen your body while also disciplining your mind. Wear comfortable, loose fitting clothing. Flat bottom shoes are recommended.

Instructor: Carol Haynes

Instructor fee: \$0 Supply fee: \$3

Location: Tumbleweed Recreation Center, Dance Studio

Resident fee: \$31	Non-resident fee: \$39		
325TW.320 M	3/1-4/26	10-11 a.m.	18 yrs+

TAI CHI – INTERMEDIATE

In this more advanced class you will learn to further your skills in strengthening your mind and body. Wear comfortable, loose fitting clothing. Flat bottom shoes are recommended.

Instructor: Carol Haynes

Instructor fee: \$0 Supply fee: \$3

Location: Tumbleweed Recreation Center, Dance Studio

Resident fee: \$31	Non-resident fee: \$39		
326TW.320 M	3/1-4/26	11:15 a.m.-12:15 p.m.	18 yrs+

TAI CHI CH'UAN—OUTDOORS AT VETERANS OASIS PARK

Learn the ancient art of Tai Chi Ch'uan in the beautiful outdoor environment at Veterans Oasis Park. Exercise your body and mind while remaining close to nature. The 4/10 class is a one-time "try it" session.

Instructor: United Studios of Self Defense

Instructor fee: \$10 Supply fee: \$5

Location: Environmental Education Center

Resident fee: \$3	Non-resident fee: \$4		
360EE.370 Sa	4/10	9-10 a.m.	13 yrs+
Instructor: United Studios of Self Defense			
Instructor fee: \$40 Supply fee: \$20			
Resident fee: \$11	Non-resident fee: \$14		
361EE.370 Sa	3/6-3/27	9-10 a.m.	13 yrs+
362EE.370 Sa	4/17-5/8	9-10 a.m.	13 yrs+

YIN/RESTORATIVE YOGA

Reduce stress and improve flexibility with the "quiet practice" of Yin/Restorative Yoga. Focuses on the gentle stretch and release of connective tissues and joints. Adding props and holding the poses for extended periods (5-10 min) allows the body to naturally realign, release and come into complete balance. Calming and meditative. All levels welcome.

Instructor: Kerri Henderson-Zelich

Location: Community Center, Room 204

Resident fee: \$26	Non-resident fee: \$33		
391CC.350 Th	3/11-4/15	9-10:15 a.m.	18 yrs+
395CC.350 Th	4/22-5/27	9-10:15 a.m.	18 yrs+

Teen and Adult Classes



YIN/YANG FLOW

Stretch and tone your body and calm your mind with this active practice of yoga poses synchronized with the breath (vinyasa) complimented by deep, still hip opening poses. Moderately challenging, revitalizing and peaceful. All levels welcome.

Instructor: Kerri Henderson-Zelich

Location: Community Center, Room 204

Resident fee: \$26	Non-resident fee: \$33		
392CC.330 Tu	3/9-4/13	9-10:15 a.m.	18 yrs+
396CC.330 Tu	4/20-5/25	9-10:15 a.m.	18 yrs+

YOGA FLOW

An uplifting yoga class with basic flowing poses for strength and flexibility. Many options given for both beginners and those needing a challenge. Bring your own yoga mat.

Instructor: Crystal Nelson

Location: Snedigar Recreation Center, Room 503

Resident fee: \$19	Non-resident fee: \$24		
352SN.340 W	3/3-3/31	6:30-7:30 p.m.	16 yrs+
Resident fee: \$16	Non-resident fee: \$20		
353SN.340 W	4/7-4/28	6:30-7:30 p.m.	16 yrs+
354SN.340 W	5/5-5/26	6:30-7:30 p.m.	16 yrs+

YOGA FLOW IN THE PARK

Wake up the body and renew the spirit in nature. A creative and challenging sequence of asana (yoga poses) linked with the breath. The emphasis is on building strength and finding your power while remaining balanced and peaceful. Yoga Flow stretches and tones the body, calms the mind and ignites the spirit. Active and dynamic. All levels welcome.

Instructor: Kerri Henderson-Zelich

Location: Desert Breeze Park, 660 N. Desert Breeze Blvd. at the Hummingbird Habitat

Resident fee: \$26	Non-resident fee: \$33		
390CC.350 Th	3/11-4/15	7-8:15 a.m.	18 yrs+
394CC.350 Th	4/22-5/27	7-8:15 a.m.	18 yrs+



TUMBLEWEED RECREATION CENTER COUPON

EXPIRES 5/31/10

Find Your Fitness at the

TRC Tumbleweed
RECREATION CENTER

WITH A FREE ONE-WEEK PASS!

This pass can be used for the fitness area, group exercise classes, open gym, racquetball, indoor track and youth activities in the Game Pod and Hay Loft (hours vary).

*One-week trial offer is valid for first-time TRC users only.

TRC Hours: Monday–Friday 5 a.m.-10 p.m.
Saturday 7 a.m.-8 p.m.
Sunday 10 a.m.-6:30 p.m.

745 E. Germann Rd., Chandler, AZ 85286
480-782-2900

www.chandleraz.gov/tumbleweed

Tumbleweed Recreation Center The Lounge Programs - Spring 2010

CHESS

Checkmate! Come and enjoy an afternoon of chess at all levels. We will provide the board and pieces all you have to bring is patience and skill.

Location: Tumbleweed Recreation Center, Adult Lounge

Resident fee: \$4 drop-in per day	Non-resident fee: \$5 drop-in per day		
516TW.320 M	3/1-3/22	4-6 p.m.	18 yrs+
517TW.320 M	4/5-4/26	4-6 p.m.	18 yrs+
518TW.320 M	5/3-5/24	4-6 p.m.	18 yrs+

BUNCO

Bunco! Roll the dice and see where your luck lands you. This social game will be played for fun only.

Location: Tumbleweed Recreation Center, Adult Lounge

Resident fee: \$4 drop-in per day	Non-resident fee: \$5 drop-in per day		
519TW.330 Tu	3/2-3/23	9-11 a.m.	18 yrs+
520TW.330 Tu	4/6-4/27	9-11 a.m.	18 yrs+
521TW.330 Tu	5/4-5/25	9-11 a.m.	18 yrs+

RUMMY ROYAL

Shuffle, deal the cards and score is the name of this game. You can enjoy an afternoon game of cards that has been around for decades.

Location: Tumbleweed Recreation Center, Adult Lounge

Resident fee: \$4 drop-in per day	Non-resident fee: \$5 drop-in per day		
522TW.340 W	3/3-3/24	4-6 p.m.	18 yrs+
523TW.340 W	4/7-4/28	4-6 p.m.	18 yrs+
524TW.340 W	5/5-5/26	4-6 p.m.	18 yrs+

WII SPORTS

Enjoy the latest game frenzy and come out and play Wii Sports. You can challenge friends at a game of soccer, baseball, bowling, tennis and boxing.

Location: Tumbleweed Recreation Center, Adult Lounge

Resident fee: \$4 drop-in per day	Non-resident fee: \$5 drop-in per day		
525TW.350 Th	3/4-3/25	9-11 a.m.	18 yrs+
526TW.350 Th	4/8-4/29	9-11 a.m.	18 yrs+
527TW.350 Th	5/6-5/27	9-11 a.m.	18 yrs+

BILLIARDS

Rack them up! Solids or stripes, Eight Ball or Nine Ball just bring your "A" game to this program. Guests will have the opportunity to participate in a billiards open play format.

Location: Tumbleweed Recreation Center, Adult Lounge

Resident fee: \$4 drop-in per day	Non-resident fee: \$5 drop-in per day		
528TW.360 F	3/5-3/26	4-6 p.m.	18 yrs+
529TW.360 F	4/9-4/30	4-6 p.m.	18 yrs+
530TW.360 F	5/7-5/28	4-6 p.m.	18 yrs+



TABLE GAMES

You call the game; Scrabble, Monopoly, Risk, Go Boards or Sudoku. We will provide the board games all you have to bring is the competition.

Location: Tumbleweed Recreation Center, Adult Lounge

Resident fee: \$4 drop-in per day	Non-resident fee: \$5 drop-in per day		
531TW.320 M	3/1-3/22	9-11 a.m.	18 yrs+
532TW.320 M	4/5-4/26	9-11 a.m.	18 yrs+
533TW.320 M	5/3-5/24	9-11 a.m.	18 yrs+