



SENIOR NEWS

City of Chandler Senior Center
 202 E. Boston Street
 Chandler, AZ 85225

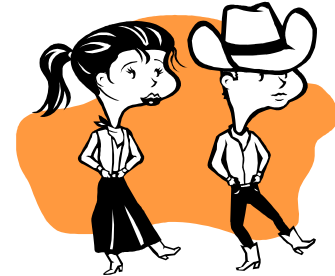
480-782-2720
 Fax: 480-782-2725

Monday—Friday
 8 a.m.— 5 p.m.

Holiday Closures:
 July 5

BULLETIN BOARD

- The Chandler Senior Center has experienced a face-lift! We have new paint, new floors, and re-constructed the front offices. Come check us out! Thank you to our construction team!



- **NEW ACTIVITY!!!** Line dancing has come back to the Senior Center every Monday afternoon from 3:45 pm - 4:45 pm. Marjorie Jones will be here to teach you new dances every week! Bring your dancing shoes and come join us! Just check in with the front desk to pay your drop-in fee of \$3.

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SITE COUNCIL

Want to have a voice in what happens at the Senior Center? Attend our Senior Site Council meetings. Meetings are regularly held on the 3rd Monday of each month at 9:30 am. Upcoming meetings will be on September 20.

President: Edna Robinson
Vice President: Edna Kelch
Treasurer: Betty Crawford
Secretary: Carol Temple
Members: Lennie Bhaerman, George Pace,

Leonardo Chappelle, Bert Johanson, LaVerne Johanson, Koko Romero, Dottie Simmons, Doris Campbell, Ann Moore, AC Baumgartner, Ira Hutchinson, Roni DeLao, Ed Diamond, Thelma Brown, Dwayne Jacobs

Staff: Nancy Ricketts, Tony Johnson, Denise Demaray

Menu Committee: A menu meeting will be held August 24th at 1:30 pm at the Chandler Senior Center.



SENIOR CENTER STAFF TEAM

City of Chandler Recreation

Recreation Coordinator II: Denise Demaray (480) 782-2722

Recreation Coordinator I (Therapeutics): Collette Prather (480) 782-2709

Recreation Leader II: Eliza Mercado (480) 782-2741

Customer Service Rep: Loretta Colson (480) 782-2720

Community Services of Arizona

Meal Program Site Coordinator: Nancy Ricketts (480) 782-2721

Meal Program Adm. Asst.: Phil Vitrano (480) 782-2740

VOLUNTEER OPPORTUNITIES



Meal Delivery

We are looking for volunteers to help deliver home meals. The volunteer hours are 10 am – 2:30 pm, Monday through Friday. If you are interested in volunteering your time, please call 782-2721 and speak to Nancy. Your help would be appreciated!

Angel Committee

The craft group is looking for volunteers to help make party and holiday favors to be used for our parties, congregate meal dining tables, and to send to our home-bound friends with their meals.

All supplies will be provided; we just need your help each month to make the crafts. The group meets before a holiday on a Monday at 9 am. Sign up at the front desk to become a member. The Angel Committee has a break till Halloween comes around in October!

ACTIVITY, TRIP AND CLASS REGISTRATION AND CANCELLATION INFORMATION

Please take the time to fill out the registration form for each event you would like to participate in (unless noted that separate registration is needed) so we can process your registrations easier.

Registration is NOT accepted by calling. Please send all registration material to/or drop off at:

Chandler Senior Center
202 E Boston St
Chandler, Arizona 85225

Faxes are accepted **ONLY** when no payment is required or payment is made by credit card. Our fax number is 480-782-2725.

Registration

- Complete the Activity and Trip Registration form and sign for each activity, trip, etc. Multiple activities, classes and trips may be submitted on one form. A receipt will be issued for your registration. No registration forms will be processed without payment. Space is limited so please register early!
- Submit the Activity and Trip Registration form with your payment. Payments can be made by MC, Visa, AMEX, debit cards, cash or check.



“No registration forms will be processed without payment. Space is limited, so please register early!”

Cancellation & Refunds

- All cancellations must be made 24 hours in advance (weekends not included) to have money placed on your account for future use. Less than 24 hours, fee will be forfeited.

Waiting List

- A waiting list is available for those who want to register for an activity that is full. Please complete and submit the registration form. No payment is required to be placed on the wait list. If space becomes available, we will register you from the waiting list in the order in which you registered. Pay-

SENIOR NEWS

July— August 2010

WEEKLY ACTIVITIES

MONDAY

- Quilting 8:30 am
- Weights Exercise 8:45 am
- Standing Exercise 9 am
- Chair Exercise 9:30 am
- Bingo, Bridge 12 pm
- Bunco 1 pm
- Line Dancing 3:45 pm

TUESDAY

- Quilting 8:30 am
- Pinochle 12 pm
- Mah-Jong 12 pm

WEDNESDAY

- Ceramics 8 am
- Weights Exercise 8:45 am
- Standing Exercise 9 am
- Chair Exercise 9:30 am
- Kitchen Band 10 am
- Bingo, Pinochle, Hand/Foot 12 pm
- Bunco 1 pm

THURSDAY

- Quilting 8:30 am
- Crafts 9 am
- Food Box/ Bread Distribution 10 am
- Bowling at Kyrene Lanes (\$5) 12:30 pm
- Euchre 1 pm

FRIDAY

- Weights Exercise 8:45 am
- Standing Exercise 9 am
- Chair Exercise 9:30 am
- Bingo, Bridge 12 pm
- Bunco 1 pm

MONDAY-FRIDAY ACTIVITIES

- Coffee 8 am
- Computer Lab 8 am-5 pm
(excluding class time)
- Pool table 8 am-5 pm
- Lunch 11:30 am

SPECIAL SERVICES

Have Questions?

Call **Senior Help Line** 602-264-4357

Need a ride? **Dial a Ride** 480-633-0101 ext.4

Coupons for Cabs 480-962-7433

Free Counseling: BeAnne will be available on the 1st and 3rd Wednesday of each month from 10-11:30 am.

Free Legal Help: Attorney and Counselor E. Cameron Pickett will be available for appointments every second and fourth Wednesday of the month. She'll be here July 14 & 28 and August 11 & 25.

Diane Ayers with United Healthcare/ Secure Horizons will be available for consultations on July 14 & 26 and August 9 & 23.

Medicare Counseling: Area Agency on Aging provides free information on Medicare options by appointment. Call to get an appointment.

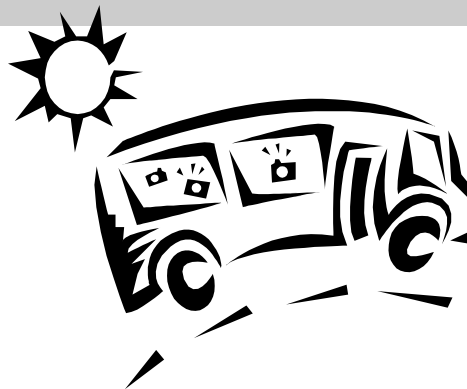
Ride Choice: Ride Choice is here every first Thursday of the month at 10:30 am to sell tickets.

John Anthofer with Cigna Healthcare of Arizona will be available for consultations on Medicare on July 15 and August 19 at 10 am.

Notary Work Available upon request from Right at Home. Talk to the front desk for info.

Hearing Screening: Miracle Ear will be doing a health seminar on July 13 at 9:30 am and conducting hearing checks on August 17 at 9:30 am.

Blood Pressure Checks: Right at Home will be conducting free blood pressure checks on July 1 and August 5 starting at 10 am.



ADVENTURES AND OUTINGS

Friday, July 16— Heard Museum

Activity Code: # 436SC.460

Cost: \$3 registration fee, \$4 for non-residents

- Get away from the heat and come enjoy the many exhibits at the Heard Museum. From Allan House's "Tradition to Abstraction" to "Karsina Dolls: 100 Years of Carving" to "Popular Culture in American Indian Art." And that's only the beginning! Bring \$11 for admission and money for lunch at their exquisite little café.
- Leave the Senior Center at 9:00 am
- Return time approx 2:00 pm

Thursday, July 22— Diamondbacks Game

Activity Code: # 429SC.450

Cost: \$18 registration fee, \$22 for non-residents

- Play Ball! Come support our Arizona team as we take on the San Francisco Giants! Bring some extra cash for a juicy hot dog or whatever your heart desires!
- Leave the Senior Center at 5:30 pm
- Return time approx 10:00 pm

Monday, August 9— Sea Life Arizona Aquarium

Activity Code: # 437SC.420

Cost: \$3 registration fee, \$4 for non-residents

- Arizona Mills has a new aquarium! This cool new place opened in May and is a great place to spend a summer day. Plus its in the mall, so if you get bored or hungry, you can venture out into the mall! Please bring \$15.50 for admission.
- Leave the Senior Center at 10:00 am
- Return time approx 3:30 pm

Wednesday, August 18— Diamondbacks Game

Activity Code: # 430SC.450

Cost: \$18 registration fee, \$22 for non-residents

- Take me out to the ball game! Come join us again for a game against the Cincinnati Reds! Lets go Diamondbacks, lets go!
- Leave the Senior Center at 5:30 pm
- Return time approx 10:00 pm

Thursday, August 26— Annie Get Your Gun at Hale Theater

Activity Code: # 438SC.450

Cost: \$24 registration fee, \$30 for non-residents

- Come watch as Annie Oakley proves her sharp shooting prowess to legendary Buffalo Bill! It's a musical that features songs like "There's No Business Like Show Business", and "Anything You Can Do, I Can Do Better."
- Leave the Senior Center at 6:30 pm
- Return time approx 10:00 pm

MONTHLY DAY TRIPS TO MAZATZAL CASINO

Bus leaves at 8:30 am and returns at 5 pm, \$5 fee

July 28	Activity code: #428SC.440
August 25	Activity code: #422SC.140
September 22	Activity code: #423SC.140

All cancellations made 24 hours in advance will have the \$5 put on account for future use. All cancellations made less than 24 hours in advance, will forfeit their fee. Please register at the front desk.

ONGOING PROGRAMS

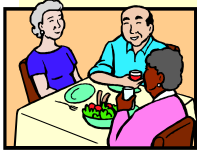
CONGREGATE MEALS AT THE SENIOR CENTER

Meals are served Monday – Friday @ 11:30 am.
Arrive by 11 am to check in for lunch.

You must reserve your meal. Please call by 11 am the day before if you would like to join us for lunch. Special thanks to the Area Agency on Aging, Community Services of Arizona and all of those who sponsor our congregate meals program!

We appreciate you!!

Suggested donation is \$2.50 for seniors who are 60 years and older, and \$4 for those under 60 years of age. Please call Nancy at 782-2721 to reserve or cancel your meal.



OUT TO LUNCH BUNCH



Join us once a month (usually every third Wednesday) as we enjoy some delicious food from restaurants all over the valley. We leave from the Senior Center at 11 am.

Upcoming lunches:

July 28 - Lee's Sandwiches
August 18 - Majerles Sports Grill

AARP Driver Safety Program

Traffic rules, driving conditions, and roads themselves have changed over the years. AARP offers a defensive driving course that will make you a safer driver. You may be eligible for an insurance discount upon completing the course! Class is offered every third Thursday of the month!

July 15 ● 1-5 pm
August 19 ● 1-5 pm
Chandler Community Center
125 E. Commonwealth

We're on the Web!
www.chandleraz.gov/senior-adults

Mall Walking

Let's go shop and walk! Once a month, we choose a local store to check out and do some shopping! We leave at 10 am.

Upcoming store visits:

July 21 - Target
August 11 - Wal-Mart



Food Box Program

Every Thursday, volunteers from the community come together to collect generously donated food from bakeries and the Chandler Christian Community Center and make baskets to give to you! Sign up at the lunch table and be here Thursday morning to collect your basket!



Out to the Movies

Let's go to the picture show! It's \$2 Tuesdays at the Tempe Cinemas. Every first Tuesday of the month, we go see a movie. Everyone welcome! Movie choice and time is decided the Friday before the Tuesday we go so make sure to check in!

Upcoming Movie Dates:

July 20 and August 3

Happy Birthday!

Everyone deserves a little special treatment on their birthday! Come in and enjoy a free lunch one day of your choice during the month of your birthday! Call ahead to reserve your birthday lunch! Birthday cake served every 4th Friday at lunch.



EVENTS CALENDAR

- July 1 - Right at Home conducts blood pressure checks
- July 1 - Ride Choice is here to sell tickets
- July 2 - Party to celebrate our nation's birthday!
- July 6 - Carl Nyberg to perform!
- July 7 - Angel Health Care Services
- July 7 - BeAnne provides counseling
- July 8 - Tino Dela Rosa croons for us!
- July 12 - Home Watch Care Givers
- July 13 - Miracle Ear conducts free hearing checks
- July 14 - Attorney Pickett is here to give free law help. Sign up for an appt
- July 14 - Diane Ayers with Secure Horizons/ United Healthcare
- July 15 - Cigna Insurance
- July 15 - AZ Swing Kids are coming to dance and sing to Big Band music! Also come for our ice cream social!
- July 16 - Heard Museum
- July 19 - Josh Bell brings us jazz!
- July 20 - Out to the movies
- July 21 - Mall Walking: Target
- July 21 - BeAnne provides counseling
- July 22 - Veterans Benefits Talk with Dawn Webb
- July 22 - Diamondbacks Game
- July 26 - Diane Ayers with Secure Horizons/ United Healthcare
- July 27 - MJ Moore sings to us!
- July 28 - Attorney Pickett is here to give free law help. Sign up for an appt.
- July 28 - Out to Lunch: Lee's Sandwiches

Entertainment, Speakers, Trips, Medical Screenings and Special Events

July 2010

July— August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Screening @ 10 Speaker @ 10	2 Red, White, & Blue Party 	3
4	5 Center Closed	6 Music @ 10	7 Speaker @ 10 Counseling @ 10	8 Music @ 10	9	10
11	12 Speaker @ 10	13 Screening @ 10	14 Free Law Help 10 Speaker @ 10	15  Speaker & Special Event	16 Trip @ 9am	17
18	19 Music @ 10	20 Out to the Movies	21 Mall Walking Counseling @ 10	22 Speaker @ 10 Trip @ 5:30	23	24
25	26 Speaker @ 10	27 Music @ 10	28 Matatzal Free Law Help 10 Out to Lunch	29	30	31


EVENTS CALENDAR

- Aug 2 - Don Bonner performs!
- Aug 2 - Homewatch: Low Vision Muscular Degeneration
- Aug 3 - Out to the Movies
- Aug 4 - BeAnne provides counseling
- Aug 5 - Right at Home is conducting blood pressure checks
- Aug 5 - Ride Choice to sell tickets!
- Aug 9 - Diane Ayers with Secure Horizons/ United Healthcare
- Aug 9 - Sea Life Arizona Aquarium
- Aug 10 - Jim Bing will sing for us!
- Aug 11 - Attorney Pickett is here to give free law help. Sign up for an appt.
- Aug 11 - Mall Walking: WalMart
- Aug 12 - Dallas West is back to croon again!
- Aug 16 - Diane Ayers with Secure Horizons/ United Healthcare
- Aug 17 - Miracle Ear conducts free hearing checks
- Aug 18 - Out to Lunch: Gilbert House
- Aug 18 - BeAnne provides counseling
- Aug 18 - Diamondbacks Game!
- Aug 19 - Cigna Insurance
- Aug 23 - Diane Ayers with Secure Horizons/ United Healthcare
- Aug 25 - Attorney Pickett is here to give free law help. Sign up for an appt
- Aug 25 - Mazatzal Casino Trip
- Aug 26 - Hale Theater: Annie Get Your Gun
- Aug 27 - Aloha! Come to our luau to enjoy dancing and refreshments!
- Aug 30 - Vera Pollack/Cheryl Thirston

Entertainment, Speakers, Trips, Medical Screenings and Special Events

August 2010

July—August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Music @ 10 Speaker @ 10	3 Out to the Movies	4 Counseling @ 10	5 Screening @ 10 Speaker @ 10	6	7
8	9 Speaker @ 10 Trip @ 10	10 Music @ 10	11 Free Law Help 10 Mall Walking	12 Music @ 10	13	14
15	16 Music @ 10	17 Screening @ 10	18  Out to Lunch Counseling @ 10 Trip @ 5:30 pm	19 Speaker @ 10	20	21
22	23 Speaker @ 10	24	25 Free Law Help 10 Mazatzal Casino Trip	26 Trip @ 6:30	27 Luau Event!	28
29	30 Music @ 10	31				



CITY OF CHANDLER
Community Services Department
Mail Stop 501, P.O. Box 4008
Chandler, AZ 85244-4008

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Chandler Senior Center
202 East Boston Street

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"Read All About Us!"



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