

# Therapeutic Recreation



## Therapeutic Recreation Philosophy

At the City of Chandler Therapeutic Recreation Program, our mission is to enhance the quality of life for individuals with physical, mental, emotional, or social limitations.

We strive to facilitate the development, maintenance, and expression of an appropriate leisure lifestyle for individuals with developmental disabilities. Participants typically are part of one or more of the following areas: sheltered workshop, special education classes, and one whose mental and/or physical disability limits that person from participating in regular recreation.

### Registration Procedures

Individuals who meet the criteria represented in the philosophy above, and who are interested in joining these programs, should contact the Chandler Parks & Recreation Division in order to receive a registration form and become enrolled in the Therapeutic Program (new participants only).

All participants must have a current registration form with the City of Chandler. All participants will automatically be put on our mailing list and will receive the monthly calendar, flyers, and other information regarding our programs.

Participants interested in Special Olympics sports need to complete a **Arizona Special Olympics Medical Form** in order to compete. Please contact Collette Prather at 480-782-2709 to obtain a registration form or medical form or visit [www.chandleraz.gov/therapeutic](http://www.chandleraz.gov/therapeutic)



No online registration available for Therapeutic Recreation & Special Olympics classes and programs.

### Special Olympics & Unified Sports Medical Forms Policy

ALL athletes competing in any Special Olympics sport must have a current Arizona State Special Olympics medical form on file with the City of Chandler **BEFORE** beginning practice for any sport!

There is a specific form to be filled out by the doctor as well as the family. It is suggested that you keep a copy of your current physical.

You can get the medical form from Arizona Special Olympics at

[www.specialolympicsarizona.org](http://www.specialolympicsarizona.org),

then click on forms, then print the **FRONT & BACK** of the form.

If you are unsure if your medical form is up to date, please give us a call at 480-782-2709.

### THERAPEUTIC RECREATION CONTACT

Collette Prather, CTRS Recreation Coordinator I, 480-782-2709

All class fees are paid during the registration process. All instructor and supply fees must be paid to your instructor at the first class.



2008 Arizona Parks & Recreation Association (APRA) Adaptive Program Co-Winner with City of Mesa for "You Look Marvelous" Fashion Show



## Special Interest Classes

### RECREATIONAL HORSEBACK RIDING

This program is specifically designed for children, teens, and adults with disabilities. Riders will learn a new level of freedom and movement while improving self-esteem and socialization. They will benefit physically, emotionally, and mentally through interaction with the horses, instructors, volunteers and fellow students. Riders will also learn to care for the horses while riding. Instructor fee is due to the instructor on the first night of class.

Instructor: Teri Chambers Instructor fee: \$150 Supply fee: \$0

Location: Valley Silver Bullets – 1991 S. Tumbleweed Ln.

Resident fee: \$20 Non-resident fee: \$25

801SC.320 M 3/22-5/24 6-7 p.m. 5 yrs+

### DANCE REVOLUTION CLASS

If you can move, you can dance! Come bend, wiggle, shake and twirl to all different types of music. Be introduced to several different genres of dance and experience another

Location: Chandler Senior Center

Resident fee: \$14 Non-resident fee: \$18

802SC.350 Th 4/1-5/13 6-7 p.m. 12 yrs+

## SOCK HOP 50's DANCE



Sponsored by RAD

APRIL 23 • 6:30-9 p.m.

COMMUNITY CENTER  
125 E. Commonwealth Ave.

FREE!

### Volunteers are always welcome!!

There are many ways that you can help out with Special Olympics sports, classes, socials, or special programs. If you are a positive role model and interested in helping out with any of the fun and inspiring programs, please call Collette Prather at 480-782-2709. You'll be glad that you made a difference!

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## Special Olympics & Unified Sports

**\*\*All Special Olympics and Unified Sports require a 60% attendance in order to participate in state competition. Every athlete must have a current physical on file in Chandler before the first night of practice.**



### SPECIAL OLYMPICS SUMMER BOWLING

Cool off from the heat, bowl with friends and be a part of a team. This program is for everyone and can be modified to meet anyone's needs. The season is eleven weeks and concludes with a party and trophies for all bowlers.

Instructor: Kris Jacobs & Justin Harris

Location: Chandler AMF Bowling Center - 1900 N. Arizona Ave.

**Resident fee: \$20 Non-resident fee: \$25** but all registration fees are paid by RAD

Weekly Bowling fee: \$9 paid to Chandler AMF

805SC.370 Sa 5/29-8/14 9:30-noon 16 yrs+

### SPECIAL OLYMPICS TRACK AND FIELD TEAM

Run or walk, throw a softball or shot put. Come try a new skill, get in shape with the track team. This program concludes with competition for Special Olympic Summer Games on April 30 and May 1.

Instructor: Travis Anderson

Location: Chandler High School, Track

**Resident fee: \$20 Non-resident fee: \$25** but all registration fees are paid by RAD

803SC.330 Tu 2/23-4/27 6:30-8 p.m. 6 yrs+

### KAYAKING

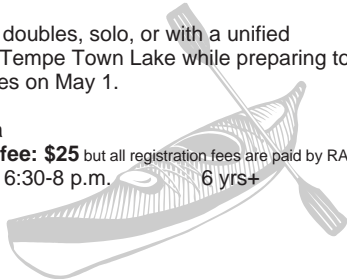
Right, left, right. Paddle together as doubles, solo, or with a unified partner. Learn how to kayak at The Tempe Town Lake while preparing to compete in the State Summer Games on May 1.

Instructor: Justin Harris

Location: Tempe Town Lake Marina

**Resident fee: \$20 Non-resident fee: \$25** but all registration fees are paid by RAD

804SC.350 Th 3/4-4/29 6:30-8 p.m. 6 yrs+



## Walk, Roll or Stroll

April 9, 2010  
at 6 p.m.



## WHAT IS RAD?

Recreation & Athletics for the Disabled was created with the motto "we pay so others can play". Check out their web site to learn how they support Chandler Special Olympics programs at [www.supportrad.com](http://www.supportrad.com).



## FRIDAY NIGHT SOCIAL CLUB

The popular Friday Night Social Club is an opportunity to go out into the community with friends and enjoy the evening. This program is designed for teens and adults ages 16 and older with disabilities. For a complete listing of FNCS events, please consult the "Talk of the Town" Newsletter, [www.chandleraz.gov/therapeutic](http://www.chandleraz.gov/therapeutic) or call 480-782-2741.



## Camp Challenge

A six-week summer day camp for developmentally disabled school age children and teens held through June and July. Trained staff will implement the program, which includes arts and crafts, individual and group games, music therapy, daily swimming, story time and more.

Registration will begin March 29 for Chandler residents; April 5 for non-residents.

Call Collette Prather at 480-782-2709 to be placed on the mailing list.

## DISABILITY AWARENESS AWARDS

*Do you know an employer of individuals with disabilities?  
Do you know of a volunteer who has done some extraordinary work with individuals with special needs?  
How about a student with disabilities who stands out?*

The Chandler Mayor's Committee for People with Disabilities likes to award these efforts during Disability Awareness Month in March. For more information on how to nominate someone, contact Collette Prather at 480-782-2709. Applications are due February 8.

