




THERAPEUTIC RECREATION CONTACT

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 All class fees are paid during the registration process. All instructor and supply fees must be paid to your instructor at the first class.

 **2016 APRA Outstanding Adaptive Award:** Chandler Fun Run, Chandler Mayor's Committee for People with Disabilities

Therapeutic Recreation Philosophy

At the City of Chandler Therapeutic Recreation Program, our mission is to enhance the quality of life for individuals with physical, mental, emotional, or social limitations.

We strive to facilitate the development, maintenance and expression of an appropriate leisure lifestyle for individuals with developmental disabilities. Participants typically are part of one or more of the following areas: sheltered workshop, special education classes and one whose mental and/or physical disability limits that person from participating in regular recreation.

Registration Procedures

Individuals who meet the criteria represented in the philosophy above and who are interested in joining these programs should contact the Chandler Recreation Division in order to receive the monthly calendar, quarterly newsletter, flyers and other information regarding our programs.

Participants interested in Special Olympics sports need to complete an Arizona Special Olympics Medical Form in order to compete.

Please contact Collette Prather at 480-782-2709 to be placed on the email list and/or to obtain a registration form or medical release form. Or you can visit:

www.chandleraz.gov/therapeutic

Special Olympics and Unified Sports Medical Forms Policy

ALL athletes competing in any Special Olympics sport must have a current Arizona State Special Olympics medical form on file with the City of Chandler **BEFORE** beginning practice for any sport!

There is a specific form to be filled out by the doctor, as well as the family. It is suggested that you keep a copy of your current physical.

You can get the medical form from Special Olympics Arizona at

www.specialolympicsarizona.org,

then click on forms, then print **ALL PAGES** of the form.

If you are unsure whether or not your medical form is up to date, please call Collette Prather 480-782-2709.

VOLUNTEERS ARE ALWAYS WELCOME!

There are many ways that you can help out with Special Olympics sports, classes, socials, or special programs. If you are a positive role model and interested in helping out with any of the fun and inspiring programs, please call Collette Prather at 480-782-2709. You'll be glad that you made a difference!

KEY



This icon denotes that this class will be engaging in activities that will increase your child's heart rate and metabolism.
Promotes Fitness!

Special Interest Classes

THERAPEUTIC COOKING

Are you hungry when you get home from school or work? Do you want to learn to make some good snacks that you can enjoy quickly? Come to our creative cooking class. This program is designed for individuals with disabilities. We will learn about summer meals that are easy and fun to make.

Instructor: Lani Redmond

Location: Tumbleweed Recreation Center, Kitchen – 745 E. Germann Rd.

Resident fee: \$28 Non-resident fee: \$38
 4TR001 Th 7/6-8/3 5:30-7 p.m. 12 yrs+

THERAPEUTIC D.I.Y. FUN

Pinterest is a fun place to find new ideas. Come create with us some fun summer arts, crafts and other creative projects.

Instructor: Lani Redmond

Location: Chandler Senior Center Game Room

Resident fee: \$16 Non-resident fee: \$22
 4TR002 W 6/7-6/28 7-8 p.m. 12 yrs+

THERAPEUTIC NINJA WARRIORS TRAINING

Do you love a challenge? Are you up for some strength training and to work on balance, coordination and fitness while having a lot of fun? Join us for this new style of fun and exercise.

Instructor: Andrew Wiemers

Location: Chandler Community Center

Resident fee: \$16 Non-resident fee: \$22
 4TR003 W 8/16-9/6 4-5 p.m. 12 yrs+

THERAPEUTIC TALENT STARS

Do you want to be on the stage? Do you have a talent to share? Come practice weekly for a final performance for family and friends. Small groups are great. Performance will be on Tuesday, August 29, 2017.

Instructor: Lani Redmond

Location: Tumbleweed Rec Center Cotton Room - North

Resident fee: \$28 Non-resident fee: \$38
 4TR004 Tu 8/1-8/29 4-5:30 p.m. 12 yrs+

THERAPEUTIC YOUTH SUMMER BOWLING

This class is for youth with disabilities to be able to play and be out of the heat. Youth will bowl two games each week and the season will end with a party. Supply fee must be paid to the bowling alley each week.

Instructor: Recreation Staff

Bowling fee: \$5/week

Location: Chandler AMF Bowling Center, 1900 N. Arizona Ave.

Resident fee: \$20 Non-resident fee: \$27 all registration fees are paid by RAD
 4TR005 Sa 6/24-7/29 10 a.m.-noon 5-18 yrs

THERAPEUTIC ZUMBA®

Come dance to some Latin music and feel the beat. Come learn some fun moves while you exercise. This program is designed for individuals with disabilities.

Instructor: Susan Alonzo

Location: Chandler Senior Center, Multipurpose Room

Resident fee: \$16 Non-resident fee: \$22
 4TR006 W 6/7-6/28 6-7 p.m. 12 yrs+

Special Olympics & Unified Sports

****All Special Olympics and Unified Sports require at least 75% attendance rate in order for an athlete to participate in state competition. Every athlete must have a current physical on file in Chandler before the first night of practice if they wish to compete in competition with Special Olympics. An assessment of swim skills will be conducted the first night of practice. Athletes may only participate in one of the sports below, either swimming or softball. State competition is tentatively scheduled to be in October 2017.****



THERAPEUTIC ADULT FALL BOWLING

Cool off from the heat, bowl with friends and be part of a team. This program is for individuals with disabilities and can be modified to meet anyone's needs. Each week, you will bowl three games. Bowling will end each week at noon. Please be sure the participant has a current Special Olympics medical release on file by the first day of bowling if they wish to compete.

Instructor: Kris Jacobs Bowling fee: \$7/week, \$1 absent fee
 Location: Chandler AMF Bowling Center, 1900 N. Arizona Ave
Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD
 4TR007 Sa 8/19-11/4* 9:30 a.m.-noon 16 yrs+
 *No program 10/21

THERAPEUTIC SWIM TEAM

Being part of a swim team can be for you. This program is for individuals with disabilities who can swim but need assistance learning the strokes and learning to be part of a team. This is not a learn-to-swim program. Athletes must be able to enter the water independently and swim 25m (one lap) of the pool without assistance. Swimmers must also be able to follow directions. Please be sure the participant has a current Special Olympics medical release on file by the first night of practice if they wish to participate in competition.

Instructor: Therapeutic Recreation staff
 Location: Desert Oasis Aquatic Center, 1400 W. Summit Pl.
Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD
 4TR008 M/W 7/31-10/4* 5:30-6:15 p.m. 6-12 yrs
 4TR009 M/W 7/31-10/4* 6-7 p.m. 13-21 yrs
 4TR010 M/W 7/31-10/4* 7-8 p.m. 22 yrs+
 *No program 9/4

THERAPEUTIC SOFTBALL TEAM

Do you know how to play softball? Can you run the bases, field a moving ball and catch a fly ball? We would love to have you play in the Chandler softball program on a traditional team or a training level skills team. Each player must bring their own glove and wear appropriate shoes to practice. This is not a learn to play team. This team is designed for athletes who have prior experience in softball. An assessment of skills will be done to assure safety in the program and correct placement on teams.

Instructor: Alycia Glashagel
 Location: Pima Softball Fields
Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD
 4TR011 M 8/7-10/9* 6-7:30 p.m. 16 yrs+
 *No program 9/4

THERAPEUTIC GOLF SKILLS

Are you new to golf? Would you like to be in Special Olympics? Come learn golf skills with us and participate in competition after a season of practice.

Instructor: Austin Rector
 Location: Bear Creek Golf Course, 500 E. Riggs Rd.
Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD
 4TR012 Tu 8/22-10/24* 4:30-6 p.m. 6 yrs+
 *No practice 9/26 & 10/3

THERAPEUTIC UNIFIED GOLF

Fore! Lowest score wins a medal. Are you seasoned in golf? Come golf with a partner, walk the entire course and learn good golf etiquette. Golf times will be determined by signing up each week for a tee time.

Instructor: Travis Anderson and partners
 Location: Bear Creek Golf Course, 500 E. Riggs Rd.
Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD
 4TR013 Th 8/17-11/2* 4-6 p.m. 12 yrs+
 *No golf 10/26

The cities of Chandler and Mesa present the

YOU LOOK MARVELOUS

FASHION SHOW

SATURDAY
MAY 6, 2017
 10:30 a.m.-2 p.m.

CHANDLER CENTER FOR THE ARTS
 250 N. Arizona Ave.

Doors open at 10:30 a.m. for the luncheon and show time is at 1 p.m.

Tickets: \$32 luncheon and show; \$12 show only
Tickets available at the Chandler Senior Center by calling 480-782-2709.

FAMILY LUAU PARTY

FREE

Hamilton Pool - 3838 S. Arizona Ave.

Recreation and Athletics for the Disabled (RAD), is hosting another great Luau event on **Saturday, June 17**, at Hamilton Pool for all athletes, volunteers and their families. This fun event will include dinner, music and swimming.

4TR012 Sa 6/17 6:30-8:30 p.m. All ages

ANNUAL SPORTS AWARD BANQUET

Another year of sports has ended, now it's time to celebrate! Come eat dinner and enjoy the party and awards.

Location: Chandler Community Center, 125 E. Commonwealth
Resident fee: \$8 Non-resident fee: \$11
 3TR014 F 6/2 6-8 p.m. All ages

FREE Sponsored by RAD

RAD BOWL-A-THON

SATURDAY, AUGUST 19, 2017

Check-in at 9:30 a.m. • Bowling from 10 a.m.-noon

CHANDLER AMF LANES - 1900 N. Arizona Ave.

- \$20 per bowler
- \$50 or more in pledges will earn a t-shirt.
- Prizes for the most pledges and more.

Registration and pledges can be made online. To get to the link visit **www.chandleraz.gov/therapeutic**

Create a team and start collecting pledges!

THERAPEUTIC RECREATION

WHAT IS RAD? Recreation & Athletics for Individuals with Disabilities... was created with the motto "RAD pays so others can play". Check out their website to learn how they support Chandler Special Olympics programs at www.supportrad.com.

