

Lunch Menu

July 2016

The suggested donation for guests over 60 years is \$2.50. The cost for guests under 60 years is \$4.00.

Contributions above the suggested donation are always appreciated.

The Gilbert & Chandler Senior Centers, along with Chandler Christian Community Center like to thank The United Way, The Town of Gilbert The City of Chandler, and Area Agency on Aging for their continued donations to our Meal Program.

Menus are **SUBJECT TO CHANGE.**
Lunch is served at 11:30 am M-F

If you have any questions
please let us know.
Chandler Kitchen
480-782-2721
Brianna/Outreach Specialist
480-503-6061

Pat/Home Delivered Meals 480-503-6058

					FRI 1 Hamburger Baked Beans Buttered Corn Watermelon NO soup or salad
MON 4 CLOSED	TUE 5 Potato Bar Pea Salad Carrot Raisin Salad OR Soup & Salad Pears	WED 6 Veggie Lasagna Oriental Blend Cauliflower OR Soup & Salad Pineapple	THUR 7 Sweet n Sour Chick Spinach 5 way Blend OR Soup & Salad Mand. Orange Fluff	FRI 8 Pasta w/Clam Sauce Broccoli Tomatoes w/Garlic OR Soup & Salad Peaches & Basil	
MON 11 Garden Burger Peas and Carrots Potato Wedges OR Soup & Salad Watermelon	TUE 12 Chef Salad Garden Veggie Soup OR Soup & Salad Orange Juice	WED 13 Slow Roasted Beef Broccoli Mashed Potatoes OR Soup & Salad Red Apple	THUR 14 Grilled Chicken Cauliflower Cabbage & Apples OR Soup & Salad Peaches & Basil	FRI 15 Italian Burger Zucchini Carrots OR Soup & Salad Strawberries/Yogurt	
MON 18 Ham & Cheese Sand Beets w/Shallot Vin Broccoli Cole Slaw OR Soup & Salad Orange	TUE 19 Baked Chicken Parmesan-Sage Sweet Potato Mash Green Beans OR Soup & Salad Honeydew & Yogurt	WED 20 Italian Sausage Red Peppers&Onion Italian Blend OR Soup & Salad Apricot Fluff	THUR 21 BBQ Pulled Beef Mini Potatoes Stewed Tomatoes OR Soup & Salad Tropical Fruit	FRI 22 Lime Cilantro Chick Caribbean Vegetables Corn OR Soup & Salad Fruit Cocktail	
MON 25 Mac & Cheese Stewed Tomatoes Broccoli OR Soup & Salad Tropical Fruit	TUE 26 Peppered Beef w/Onions,Peppers Winter Blend OR Soup & Salad Plums	WED 27 Breakfast for Lunch Spinach Casserole Country Potatoes OR Soup & Salad Mixed Fruit	THUR 28 Turkey Burger Sweet Potato Fries Peas and Carrots OR Soup & Salad Cranberry Juice	FRI 29 Chicken Wrap Coleslaw Tomato Cucumber Salad OR Soup & Salad Tropical Fruit	