

# Lunch Menu

## June 2016

The suggested donation for guests over 60 years is \$2.50. The cost for guests under 60 years is \$4.00.

Contributions above the suggested donation are always appreciated.

The Gilbert & Chandler Senior Centers, along with Chandler Christian Community Center like to thank The United Way, The Town of Gilbert The City of Chandler, and Area Agency on Aging for their continued donations to our Meal Program.

Menus are SUBJECT TO CHANGE. Lunch is served at 11:30 am M-F

If you have any questions please let us know.  
**Chandler Kitchen**  
 480-782-2721  
 Brianna/Outreach Specialist  
 480-503-6061  
 Pat/HD Meals 480-503-6058

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|--|--|---|---|--|
| <b>MON 6</b><br>Cheeseburger<br>4 Way Veggies<br>Potato Wedges<br>OR Soup & Salad<br>Tropical Fruit        | <b>TUE 7</b><br>Chicken Chimi<br>California Blend<br>Spanish Rice<br>OR Soup & Salad<br>Pineapple              | <b>WED 8</b><br>Cod Strips<br>Fried Purple<br>Cabbage w/Carrots<br>Buttered Corn<br>OR Soup & Salad<br>Watermelon | <b>THUR 9</b><br>Pork Tenderloin<br>Mashed Potatoes<br>Kale & Spinach<br>OR Soup & Salad<br>Cran Applesauce | <b>FRI 10</b><br>Jr. Turkey Club Sand<br>Potato Salad<br>Tomato Basil Soup<br>OR Soup & Salad<br>Orange                  |
| <b>MON 13</b><br>Swedish Meatballs<br>Garlic Cauliflower<br>Carrots<br>OR Soup & Salad<br>Peaches & Yogurt | <b>TUE 14</b><br>Beef Tacos<br>Chuckwagon Corn<br>Broccoli<br>OR Soup & Salad<br>Mangoes w/Chili               | <b>WED 15</b><br>Mole Pork Chops<br>Cilantro Mashed<br>Potatoes<br>Toms, Zuc, Squash<br>OR Soup & Salad<br>Orange | <b>THUR 16</b><br>Lemon Pepper Chick<br>Capi Vegetables<br>Asian Blend<br>OR Soup & Salad<br>Fruit Cocktail | <b>FRI 17</b><br>Crab Cake<br>Spinach Salad<br>Carribean Mix<br>OR Soup & Salad<br>Pears                                 |
| <b>MON 20</b><br>BBQ Pulled Pork<br>Jicama Coleslaw<br>Potato Wedges<br>OR Soup & Salad<br>Apple           | <b>TUE 21</b><br>Chicken Fried Steak<br>Mashed Potatoes<br>Winter Blend<br>OR Soup & Salad<br>Berries w/Yogurt | <b>WED 22</b><br>Bean Burrito<br>Spanish Rice<br>Corn w/Peppers<br>OR Soup & Salad<br>Pina Colada                 | <b>THUR 23</b><br>Roast Beef<br>Cheddar Sandwich<br>Cole Slaw<br>Edamame Salad<br>OR Soup & Salad<br>Pears  | <b>FRI 24</b><br>Roasted Chicken<br>Avocado Tomato<br>Cucumber Salad<br>Carrots<br>OR Soup & Salad<br>Wmelon,lime,Cilant |
| <b>MON 27</b><br>Chk Cordon Bleu<br>Carrots<br>Collard Greens<br>OR Soup & Salad<br>Orange                 | <b>TUE 28</b><br>Lemon Tilapia<br>Chinese Cabbage<br>Stewed Tomatoes<br>OR Soup & Salad<br>Honeydew Melon      | <b>WED 29</b><br>Citrus Beef<br>Carrots<br>Broccoli<br>OR Soup & Salad<br>Apple Cobbler                           | <b>THUR 30</b><br>Breakfast for Lunch<br>Spinach Parm<br>V-8 Juice<br>OR Soup & Salad<br>Tropical Fruit     |  |

**WED 1**  
 Breakfast for Lunch  
 Spinach Casserole  
 Country Potatoes  
 OR Soup & Salad  
 Mixed Fruit

**THUR 2**  
 Salmon Caesar Salad  
 Tomato Florentine  
 Soup  
 OR Soup & Salad  
 Mandarian Oranges

**FRI 3**  
 Chicken Wrap  
 Coleslaw  
 Tomato Cucumber  
 Salad  
 OR Soup & Salad  
 Tropical Fruit