



Saturday, January 16th, 2016 – 11 a.m. to 4 p.m.
Chandler Fashion Center Mall – 311 W Chandler Blvd

Lower Level of the Mall

(Located inside mall by Sears entrance)

11:00am to 1:30pm..... Taoist Tai Chi Society



Taoist Tai Chi Society is a nonprofit organization focusing on promoting the health improving qualities of Taoist Tai Chi and the Taoist tradition of dual cultivation of body and mind. Benefits of practicing Tai Chi include: tension reduction, improved circulation and balance, and increased strength and flexibility.

One of the 4 components of our mission statement is to promote cultural exchange. We learn about Chinese culture through activities such as reading group and movie nights, as well as chanting sessions and other forms of movement such as sword and lok hup.

Visitors are always welcome. Come visit to see our classes and try Tai Chi for yourself. We are located on the southeast corner of Scottsdale Road and Thomas inside the Scottsdale Crossing shopping center next to Albertsons at 2765 North Scottsdale Road Suite 115 Scottsdale AZ 85257; or give us a call to 623-252-0027.