

Mayor Jay Tibshraeny and the Chandler City Council

# PERSONAL TRAINING HAS ARRIVED *at* TUMBLEWEED RECREATION CENTER

*Train with the TRC Trainers!*

*Make your fitness a priority and workout smarter  
with a TRC personal trainer!*

*Personal training options include 30 and 60 minute  
one-on-one sessions and small group training.*

*Contact Linda Ayres at [linda.ayres@chandleraz.gov](mailto:linda.ayres@chandleraz.gov) or call 480-782-2900  
to create your personal training experience.*

*Check out the trainer bios at [www.chandleraz.gov/tumbleweed](http://www.chandleraz.gov/tumbleweed)*



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