

The greatest force for women *is*  
**WOMEN**

Heart disease is the No. 1 killer of women, taking more lives than all forms of cancer combined. But we have the power to save our lives.

**The time is now to stand together. To fight harder. To shout louder.  
It's time to Go Red For Women.**



American  
Heart  
Association



for women

[GoRedForWomen.org](http://GoRedForWomen.org)

Lidia, Heart Disease Survivor

Watch Lidia's story and meet other survivors.

Visit [YouTube.com/GoRedForWomen](http://YouTube.com/GoRedForWomen)



Photograph by Jesse Dylan

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Gail, Heart Disease and Stroke Survivor  
Watch Gail's story and meet other survivors.  
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Regan, Heart Disease Survivor

Watch Regan's story and meet other survivors.

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