ACRYLIC PAINTING – BEGINNER
Enjoy beautiful views while learning to paint at Veterans Oasis Park! Class will cover all the basic elements needed to handle and create a painting with acrylic paint. Contact the EEC for a supply list (students bring their own supplies). No experience necessary; all levels welcome!
Instructor: Tony Meli
Location: Environmental Education Center
Resident fee: $15 Non-resident fee: $18
Tu 3/3-3/10 6-7:30 p.m. 16 yrs+
Tu 4/7-4/14 6-7:30 p.m. 16 yrs+
Tu 5/5-5/12 6-7:30 p.m. 16 yrs+

ADULT CERAMICS
Come learn the basics of working with clay, hand building, coiling, slumping into molds, and more. We’ll make functional pieces, such as pots, bowls, plates, tiles and more. Each piece is then painted and fired. Students must bring their own Cone 5 B Mix clay and glazes.
Instructor: Kerry Burger
Resident fee: $72 Non-resident fee: $98
Tu 3/10-5/19* 11 a.m.-1 p.m. 18 yrs+

ART CANVAS CREATIVITY
In this class, you will create your own 8x10 canvas wall art with Julie Wafting stamps and die cut. Adding jewelry to personalize your own canvas gives it an extra special flair!
Instructor: Patricia Ritter Instructor fee: $40 Supply fee: $50
Location: Environmental Education Center
Resident fee: $11 Non-resident fee: $15
Tu 3/17-4/14 1-3 p.m. 16 yrs+
Th 4/23-5/21 4-6 p.m. 13 yrs+
F 3/20-4/17 2:30-4:30 p.m. 13 yrs+

ANCIENT ART OF PORCELAIN PAINTING
Celebrate an artist’s connection with nature using natural materials to paint with oil on porcelain. You will learn using the basic elements of painting on a porcelain canvas. There will be step-by-step, hands-on instructions. Contact EEC for supply list.
Instructor: Patricia Ritter Instructor fee: $40 Supply fee: $50
Location: Environmental Education Center
Resident fee: $11 Non-resident fee: $15
Tu 3/10-3/24 1-3 p.m. 18 yrs+
Th 4/23-5/21 4-6 p.m. 13 yrs+
F 3/20-4/17 2:30-4:30 p.m. 13 yrs+

CREATIVE WATERCOLOR CARDS
Watercoloring in cards is a popular trend right now. This class focuses on various watercolor techniques that we will be using to create three fun cards along with stamping and die cutting. No experience required. All supplies, adhesive and envelopes are provided.
Instructor: Heidi Tekunoff Instructor fee: $12 Supply fee: $3
Location: Snedigar Recreation Center, Room 502
Resident fee: $3 Non-resident fee: $5
Tu 4/28 10 a.m.-noon 13 yrs+
Tu 4/28 7-9 p.m. 13 yrs+

BURP CLOTHS FOR THE FASHIONISTA IN YOUR LIFE
Already love to crochet? Participants only need a basic knowledge of crochet to enjoy this class. Learn how to utilize your skills to personalize a baby burp cloth for a loved one. Supply fee includes one hemstitched burp cloth and matching crochet thread. These hemstitched burp cloths make perfect baby shower gifts.
Instructor: Holly Peterson Instructor fee: $0 Supply fee: $10
Location: Tumbleweed Recreation Center, Art Studio
Resident fee: $7 Non-resident fee: $10
M 3/16 10-11:15 a.m. 18 yrs+
M 3/30 10-11:15 a.m. 18 yrs+
M 4/27 10-11:15 a.m. 18 yrs+
M 5/18 10-11:15 a.m. 18 yrs+

BEGINNING WHEEL THROWING
Learn the art of wheel-throwing in this beginning class. Sign-up with a friend or meet new friends in this fun and informative ceramics class!
Instructor: Doug Edwards Instructor fee: $0 Supply fee: $10
Location: Tumbleweed Recreation Center, Ceramics Studio
Resident fee: $28 Non-resident fee: $38
Tu 3/3-3/24 1-3 p.m. 18 yrs+
Tu 4/7-4/28 10 a.m.-noon 18 yrs+
Tu 5/5-5/26 1-3 p.m. 18 yrs+

BEAUTIFUL BEACH BAG
Create your own paper beach bag and learn to die cute, emboss and embellish! Add a handle and this fun beach bag is ready to go!
Instructor: Linda Hyden Instructor fee: $0 Supply fee: $10
Location: Tumbleweed Recreation Center, Art Studio
Resident fee: $12 Non-resident fee: $17
W 4/8 6-9 p.m. 13 yrs+
W 5/6 6-9 p.m. 13 yrs+

TEEN & ADULT PROGRAM CONTACTS & LOCATIONS
COMMUNITY CENTER
125 E. Commonwealth Ave.
Shaun Bishop, 480-782-2730 | shaun.bishop@chandleraz.gov
Tony Baumann, 480-782-2710 | anthony.baumann@chandleraz.gov
ENVIRONMENTAL EDUCATION CENTER
4050 E. Chandler Heights Rd. (N.E. corner of Chandler Heights & Lindsay roads)
Daniella Rodriguez, 480-782-2894 | daniella.rodriguez@chandleraz.gov
SNEDIGAR RECREATION CENTER
4500 S. Basha Rd. (East of Alma School Rd., South of Ocotillo Rd.)
Susan Richardson, 480-782-2641 | susan.richardson@chandleraz.gov
TUMBLEWEED RECREATION CENTER
745 E. Germann Rd. (West of McQueen Rd.)
Jennifer Clouse, 480-782-2908 | jennifer.clouse@chandleraz.gov
All class fees are paid during the registration process. All instructor and supply fees must be paid to your instructor at the first class.

Come check out the OPEN ART STUDIO AT TRC!
Anytime the Art studio is not booked (during TRC hours) it is open to the public. Drop-in fees apply unless you are a TRC member.
For the most up-to-date information on availability, call 480-782-2900.
CROCHET FOR BEGINNERS
Come learn the basics of crochet including: chains – single, double and treble crochet stitches, how to pick the best yarn for your project and how to read a crochet pattern with this four week class. Supply fee includes the book Visually Crochet, a crochet hook and yarn.
Instructor: Holly Peterson  Instructor fee: $0  Supply fee: $10
Location: Tumbleweed Recreation Center, Art Studio

MINI-BOOK MADNESS  NEW!
Learn to make your own charming minibook. Each book is eight pages and all supplies are included to create something to keep in your purse/pocket or give as a gifts.
Instructor: Linda Hyden  Instructor fee: $0  Supply fee: $10
Location: Tumbleweed Recreation Center, Art Studio

FOR DAD! FATHER’S DAY WALLET AND CARD  NEW!
Create this fun paper wallet designed by you as a Father’s Day gift that holds a gift card. You will also create a wonderful Father’s Day card to go along with it!
Instructor: Linda Hyden  Instructor fee: $0  Supply fee: $10
Location: Tumbleweed Recreation Center, Art Studio

IMPROVISATIONAL COMEDY
The Back East Theatre company Improvisation is a program designed to bring out the humor in all children through the fun and excitement of improvisational comedy. Kids will build confidence, focus and learn to think on their feet as well as developing listening, public speaking and teamwork skills. The last day of class is a show for parents to attend.
Instructor: John Janezic  Instructor fee: $75  Supply fee: $0
Location: Tumbleweed Recreation Center, Cotton Room North

PHOTOGRAPHY FOR BEGINNERS
Learn how to take great exposures and improve your existing pictures in this four day teen workshop. Topics covered include exposure, shooting portraits/nature/objects, composition and editing in the computer. DSLR or mirrorless camera required.
Instructor: David Miller  Instructor fee: $60  Supply fee: $15
Location: Tumbleweed Recreation Center, Meeting Room

PRETTEY PAPER PURSES WITH NOTECARDS  NEW!
Design a paper purse with four notecards and envelopes. Learn to die cut, stamp and embellish while creating this fun project!
Instructor: Linda Hyden  Instructor fee: $0  Supply fee: $10
Location: Tumbleweed Recreation Center, Art Studio
RE-PURPOSED T-SHIRT DRESSES
Turn your favorite T-shirt into a dress for the infant or toddler in your life. This one day class will teach you how to take any t-shirt and re-purpose it into a stylish dress. Basic sewing knowledge and machine required for class. Supply fee includes t-shirt and matching knit material for the collar.
Instructor: Holly Peterson
Instructor fee: $0 Supply fee: $10
Location: Tumbleweed Recreation Center, Art Studio
Resident fee: $8 Non-resident fee: $11
Tu 3/3 9-10:30 a.m. 18 yrs+
W 3/4 7-8:30 p.m. 13 yrs+
Tu 4/7 9-10:30 a.m. 18 yrs+
W 4/8 7-8:30 p.m. 13 yrs+
Tu 5/5 9-10:30 a.m. 18 yrs+
W 5/6 7-8:30 p.m. 13 yrs+

RIBBON WEAVE LEIS
Come learn the art of making a beautiful ribbon weave lei.
Instructor: Sherry Marston
Instructor fee: $0 Supply fee: $5
Location: Community Center, Room 116
Resident fee: $8 Non-resident fee: $11
Sa 3/21 Noon-1 p.m. 18 yrs+

SEWING FOR BEGINNERS
Learn a variety of different sewing techniques including hand stitching, seam finishing and how to take a full set of measurements. Each week you’ll work on different projects that will allow your sewing and designing skills to develop and grow. No previous sewing experience required and all fabric and sewing notions are provided. Please bring your own sewing machine to the first class.
Instructor: Nicole Jones
Instructor fee: $0 Supply fee: $36
Location: Snedigar Recreation Center, Room 517
Resident fee: $43 Non-resident fee: $59
M 3/30-5/18 6:45-8:15 p.m. 13 yrs+

SEWING – LEVEL 2
This class is for students who have completed the "Sewing for Beginners" program or who have basic sewing skills. In this program we will learn how to sew zippers, read patterns and enhance your sewing techniques. Please bring your own sewing machine to the first class.
Instructor: Sherry Marston
Instructor fee: $0 Supply fee: $15
Location: Community Center, Room 116
Resident fee: $12 Non-resident fee: $17
Sa 3/28 11 a.m.-2 p.m. 18 yrs+

STAINED GLASS WORKSHOP
Enjoy stained glass? Come in and make one or more of these projects. These make great gifts for others or keep them yourself. No experience needed. Choose from snowflake, suncatcher, windchime, or night light. Supply fee is per project.
Instructor: Lindsay Hyden
Instructor fee: $0 Supply fee: $10
Location: Tumbleweed Recreation Center, Art Studio
Resident fee: $12 Non-resident fee: $17
W 5/6 6-9 p.m. 13 yrs+

WATERCOLOR PAINTING – BEGINNER
Learn to paint in watercolor! Everything from how to apply the paint to composition and color will be covered. Bring your own supplies. Supply list is available at Tumbleweed Recreation Center.
Instructor: DeeAnn Benson
Instructor fee: $0 Supply fee: $5
Location: Tumbleweed Recreation Center, Art Studio
Resident fee: $63 Non-resident fee: $86
Sa 4/11-5/30 9:30 a.m.-noon 14 yrs+

WATERCOLOR PAINTING – INTERMEDIATE
Continue to improve your skills and learn more tricks. Students must take the beginning watercolor class first before registering for Intermediate. Bring your own supplies.
Instructor: DeeAnn Benson
Location: Tumbleweed Recreation Center, Art Studio
Resident fee: $63 Non-resident fee: $86
W 4/8-5/27 6-8:30 p.m. 14 yrs+

Cooking
INTRO TO VEGETARIAN COOKING FOR ADULTS
Learn the basics of preparing meals with a pressure cooker in this new, introductory level class. Learn to prepare easy, gluten-free, vegetarian meals. Save time and energy! Fresh and organic ingredients will be used to create simple and delicious dishes. Class will conclude with samples to taste and recipes to take home.
Instructor: Lalitha Krishnan
Instructor fee: $0 Supply fee: $10
Location: Environmental Education Center
Resident fee: $9 Non-resident fee: $13
Sa 3/7 10 a.m.-noon 18 yrs+

NOURISHING VEGETARIAN – SPRING TREATS
Discover the joy of cooking with simple, natural ingredients, and learn to prepare healthy, wholesome, meat-free meals. Sample the foods prepared and take home the recipes to savor later. In this session, you will learn to make zesty spring meals.
Instructor: Suganya Balasubramanian
Instructor fee: $0 Supply fee: $25
Location: Tumbleweed Recreation Center, Kitchen
Resident fee: $28 Non-resident fee: $38
Sa 4/19-5/9 10 a.m.-noon 18 yrs+

Dance
ADULT HIP-HOP/JAZZ
Looking for a challenge and NOT wanting to waste time? This is a Hip-hop/Jazz class for those adults with prior experience and wanting a "push", but in a fun way. Technique, skill and conditioning…right here at your own recreational facility.
Instructor: Stacy J
Instructor fee: $58 Supply fee: $0
Location: Tumbleweed Recreation Center, Classroom A
Resident fee: $16 Non-resident fee: $22
Th 3/5-5/7* 6:30-7:15 p.m. 18 yrs+
*No class 3/11 & 3/18

ADULT TAP BY STACY J (INTERMEDIATE/ADVANCED)
Looking for a challenge and NOT wanting to waste time? This is a tap class for those adults with prior experience and wanting a "push", but in a fun way. Technique, skill, conditioning, and choreography are key points of emphasis. There is an optional recital on May 9.
Instructor: Stacy J
Instructor fee: $51 Recital fee: $50
Location: Community Center, Room 109
Resident fee: $14 Non-resident fee: $19
M 3/2-4/27* 6:15-8 p.m. 18 yrs+
*No class 3/9 & 3/16

ADULT TAP BY STACY J (OPEN LEVEL)
Looking for a challenge and NOT wanting to waste time? This is an Open Level tap class for those wanting a "push". Technique, skill, choreography, and conditioning…right here at your own Community Center. There is an optional recital on May 9.
Instructor: Stacy J
Instructor fee: $66 Recital fee: $50
Location: Community Center, Room 109
Resident fee: $19 Non-resident fee: $26
Th 3/5-5/7* Noon-12:45 p.m. 18 yrs+
*No class 3/19

BALLET FOLKLORICO (MEXICAN FOLK DANCE)
See TEEN PROGRAMS section for details.
BEGINNING BALLET 🎨
Students will learn beginning ballet techniques including feet and arm positions, barre work, center work and across the floor. We will also learn a variety of combinations, stringing together different steps and will close with a routine to be performed at a mini recital. We'll focus on a routine to showcase our skills and use costumes for a true recital experience. The supply fee covers the cost of your costume.
Instructor: Genny Moran  
Instructor fee $50  
Supply fee: $20
Location: Community Center, Room 110
Resident fee: $14  
Non-resident fee: $19
M 3/23-5/18 6:15-7:15 p.m.  13-18 yrs  
Th 3/26-5/21 6:15-7:15 p.m.  13-18 yrs

BEGINNING JAZZ 🎨
Students will learn about isolations and rhythm, along with basic jazz steps. This includes barre work, center work, and across the floor. We will also learn a routine to be performed at a mini recital.
Instructor: Genny Moran  
Instructor fee: $50  
Supply fee: $0
Location: Community Center, Room 110
Resident fee: $14  
Non-resident fee: $19
W 3/25-5/20 6:30-7:30 p.m.  13 yrs+

BEGINNING SALSA FOR COUPLES 🎨
Learn the basics of this great Latin dance in this five-week class. The class fee and instructor fee are per person.
Instructor: Sandy Popovich  
Instructor fee: $35  
Supply fee: $0
Location: Tumbleweed Recreation Center, Exercise Studio
Resident fee: $10  
Non-resident fee: $14
F 3/27-4/24 7-8 p.m.  18 yrs+

BEGINNING SWING FOR COUPLES 🎨
Jump, jive and wail as you learn the basics in this five-week course. The class fee and instructor fee are per person.
Instructor: Sandy Popovich  
Instructor fee: $35  
Supply fee: $0
Location: Tumbleweed Recreation Center, Exercise Studio
Resident fee: $10  
Non-resident fee: $14
F 5/1-5/29 7-8 p.m.  18 yrs+

BEGINNING TAP 🎨
Students will learn beginning tap steps including barre work, center work and across the floor. We will also learn a variety of combinations, stringing together different steps and will close with a routine to be performed at a mini recital.
Instructor: Genny Moran  
Instructor fee: $50  
Supply fee: $0
Location: Community Center, Room 110
Resident fee: $14  
Non-resident fee: $19
Tu 3/24/19 6:15-7:15 p.m.  13-18 yrs

BELLY DANCE AEROBIC WORKOUT! 🎨
Middle Eastern “Belly Dancing” is the exotic way to get a great aerobic workout! Enjoy this beautiful, flowing dance which includes energetic shimmies, shakes and more. New or experienced dancers welcome. Costume supplies are available for purchase if needed. Come learn the art of belly dancing with Samia.
Instructor: Samia  
Instructor fee: $30  
Supply fee: $0
Location: Community Center, Room 109
Resident fee: $8  
Non-resident fee: $11
Th 3/19-4/23 5:45-6:45 p.m.  13 yrs+

BELLY DANCING – MOTHER-DAUGHTER 🎨
Girls nine years old and up will have fun learning basic belly dance moves with their parent/guardian. Please wear something easy to move in and get ready to have some fun and improve your musicality and coordination.
Instructor: Elizabeth Makela  
Location: Snedigar Recreation Center, Room 506
Resident fee: $31  
Non-resident fee: $42
W 3/25-5/20 5:30-6:30 p.m.  9 yrs+

BELLY DANCING DRILLS 🎨
In this open level class, students will focus on learning foundational belly dance movements and variations at their own pace as they get a great low-impact workout.
Instructor: Elizabeth Makela  
Location: Snedigar Recreation Center, Room 506
Resident fee: $31  
Non-resident fee: $42
W 3/25-5/20 6:30-7:30 p.m.  13 yrs+

BELLY DANCING FUSION 🎨
Students will learn and have the opportunity to perform, a choreographed dance that fuses traditional belly dance movements with elements from other dance styles.
Instructor: Elizabeth Makela  
Location: Snedigar Recreation Center, Room 506
Resident fee: $31  
Non-resident fee: $42
W 3/25-5/20 7:30-8:30 p.m.  13 yrs+

BLAZE PERFORMANCE CREW 🎨
This is a continuation class from the last session. Registration is granted by teacher approval.
Instructor: Stacy J  
Instructor fee: $68  
Supply fee: $0
Location: Tumbleweed Recreation Center, Classroom A
Resident fee: $19  
Non-resident fee: $26
W 3/4-5/6* 6:30-7:15 p.m.  11-15 yrs

*Dance ALL DAY! 🎨<span style="color:red">NEW!</span>
A great way to spend a full day of Spring Break DANCING!!!! Jazz, Hip-hop, Lyricol, Choreography and more! Open level, all abilities are invited to attend. Please bring a sack lunch and snacks will be provided.
Instructor: Stacy J Dancing  
Instructor fee: $50  
Supply fee: $0
Location: Snedigar Recreation Center, Room 503
Resident fee: $14  
Non-resident fee: $19
Th 3/12 10 a.m.-4 p.m.  12-16 yrs

FUSE PERFORMANCE CREW-JAZZ/LYRICAL 🎨
This is a continuation class from the last session. Registration is granted by teacher approval.
Instructor: Stacy J  
Instructor fee: $68  
Supply fee: $0
Location: Tumbleweed Recreation Center, Classroom A
Resident fee: $19  
Non-resident fee: $26
M 3/2/5/4* 7:30-8:15 p.m.  12-17 yrs

FUSION PERFORMANCE CREW 🎨
This is a continuation class from the last session. Registration is granted by teacher approval.
Instructor: Stacy J  
Instructor fee: $68  
Supply fee: $0
Location: Tumbleweed Recreation Center, Classroom A
Resident fee: $19  
Non-resident fee: $26
Th 3/5-5/7* 7:15-8 p.m.  18 yrs+

GOTTA DANCE CAMP 🎨
See TEEN PROGRAMS section for details.

LINE DANCING BEGINNING 🎨
Line dancing is fun and easy and is a great low impact, mental exercise. Come meet new people and make new friends. Beginners will be line dancing by the end of the first session. No partner necessary.
Instructor: Shelley Center  
Location: Community Center, Room 109
Resident fee: $28  
Non-resident fee: $38
M 3/30-5/18 6-7 p.m.  18 yrs+

LINE DANCING INTERMEDIATE 🎨
This class is for those who have some previous line dancing experience. The emphasis in this class is on having fun and enjoying low impact exercise. No partner necessary.
Instructor: Shelley Center  
Location: Community Center, Room 109
Resident fee: $28  
Non-resident fee: $38
M 3/30-5/18 7-8 p.m.  18 yrs+

MARVELOUS MODERN 🎨
See YOUTH CLASSES section for details.

TEEN / ADULT TAP – BEGINNING 🎨
Learn beginning tap technique and skills in warm up, across the floor and fun combos. Tap shoes are required.
Instructor: Dance Matrix  
Instructor fee: $25  
Supply fee: $0
Location: Community Center, Room 204
Resident fee: $7  
Non-resident fee: $10
Th 3/5-3/26 7-8 p.m.  13 yrs+
Th 4/9-4/30 7-8 p.m.  13 yrs+
Th 5/7-5/28 7-8 p.m.  13 yrs+

www.chandleraz.gov/recreation
CONQUERING INTRODUCTION TO MICROSOFT WORD
Learn to create professional quality text documents. Learn tricks and tips so that you will be more productive and efficient in your work. Learn the fundamentals of page setup, (margins and orientation), as well as formatting text. Learn to copy, cut and paste text, add page numbers, use spell and grammar check. Learn how to save/retrieve and print documents. Manual included. Bring your own laptop if you wish or bring a flash drive to save your work.
Instructor: Conquering Computers  Instructor fee: $40  Supply fee: $0
Location: Senior Center, Computer Lab
Resident fee: $11  Non-resident fee: $15
M 3/23  5:30-8 p.m.  18 yrs+

CONQUER MICROSOFT OUTLOOK
Not to be confused with Outlook.com Internet email, this is the email program that is part of some Microsoft Office Suites. Learn the basic setup of Outlook. Learn to manage emails, contacts, calendar and tasks without the annoyance of all of the logins, pop ups and advertisements regardless of which email provider you employ. Create contact and distribution lists. Create calendars to remind you of events/appointments, as well as invite others to meetings. Manual included. Bring your own laptop if you wish or bring a flash drive to save your work.
Instructor: Conquering Computers  Instructor fee: $40  Supply fee: $0
Location: Senior Center, Computer Lab
Resident fee: $11  Non-resident fee: $15
M 3/16  5:30-8 p.m.  18 yrs+

CONQUER MICROSOFT PUBLISHER
Learn to create professional business cards, brochures, invoices, and more using templates at half the cost of out-sourcing. Learn to work with Design Sets to keep your documents uniform with your company logo and information. Manual included. Bring a flash drive with photos for your project and to save class projects. Bring your own laptop if you wish.
Instructor: Conquering Computers  Instructor fee: $40  Supply fee: $0
Location: Senior Center, Computer Lab
Resident fee: $11  Non-resident fee: $15
M 5/11  5:30-8 p.m.  18 yrs+

CONQUER MICROSOFT WINDOWS 8.1
This class is for the computer novice as well as those needing to learn Windows 8.1. Learn your way around Windows. How to turn it on and off correctly. Learn to personalize your computer to fit your needs. Learn to save and retrieve the files you create on the computer. Learn about removable storage devices like DVD’s and flash drives. Learn the advantages of using both left and right mouse buttons. Learn simple computer maintenance and troubleshooting. Manual included. Bring your own laptop; the lab doesn’t have Windows 8.1.
Instructor: Conquering Computers  Instructor fee: $40  Supply fee: $0
Location: Senior Center, Computer Lab
Resident fee: $11  Non-resident fee: $15
M 3/2  5:30-8 p.m.  18 yrs+

CONQUER PHOTOS & GRAPHICS IN MICROSOFT WORD
Learn the advanced skills of inserting photos, clipart, word art, drawing, and text customizations to enhance newsletters, fliers, invitations and catalogs. Learn to create columns, work with bullets/numbering and symbols. Manual included. Bring your own laptop if you wish or bring a flash drive to save your work.
Instructor: Conquering Computers  Instructor fee: $40  Supply fee: $0
Location: Senior Center, Computer Lab
Resident fee: $11  Non-resident fee: $15
M 3/30  5:30-8 p.m.  18 yrs+
CONQUERING Picasa PHOTO EDITING
Picasa is a free downloadable program from Google. Learn to edit photos from a digital camera, scanner, and an email attachment or downloaded from the Internet. Learn how to change their size, brighten them, remove red eye, caption and create a collage. Manual included. Bring a flash drive to save class projects. Bring your own laptop if you wish. 
Instructor: Conquering Computers Instructor fee: $40 Supply fee: $0 
Location: Senior Center, Computer Lab 
Resident fee: $11 Non-resident fee: $15 
M 5/4 5:30-8 p.m. 18 yrs+ 
CONQUERING WINDOWS LIVE MAIL
Learn this FREE email program that replaced Outlook Express. It is a great program to manage your emails so that you don’t have to go onto the Internet to get your emails. Learn to manage emails, contacts, and calendar without the annoyance of all of the logos, pop ups and advertisements regardless of which email provider you employ. Import contacts from the Internet easily. Create calendars to remind you of events. Manual included. Bring your own laptop if you wish work. 
Instructor: Conquering Computers Instructor fee: $40 Supply fee: $0 
Location: Tumbleweed Recreation Center, Classroom C 
Resident fee: $9 Non-resident fee: $13 
Tu 3/3 6-8 p.m. 18 yrs+ 
Tu 3/24 5:30-7:30 p.m. 18 yrs+ 
Tu 4/7 6-8 p.m. 18 yrs+ 
Sa 4/18 9-11 a.m. 18 yrs+ 
Sa 5/2 9-11 a.m. 18 yrs+ 
COUPON CRAZY
Whether you’re single, a college student or have a big family, you will learn grocery store secrets and the rules of couponing to save you money on your grocery bill and even get things for FREE! Let’s save money together! 
Instructor: Jennifer Rico Instructor fee: $0 Supply fee: $0 
Location: Tumbleweed Recreation Center, Classroom C 
Resident fee: $9 Non-resident fee: $13 
Tu 3/3 6-8 p.m. 18 yrs+ 
Tu 3/24 5:30-7:30 p.m. 18 yrs+ 
Tu 4/7 6-8 p.m. 18 yrs+ 
Sa 4/18 9-11 a.m. 18 yrs+ 
Sa 5/2 9-11 a.m. 18 yrs+ 
CPR, AED & FIRST AID – ASHI
The goal of this course is to provide individuals with a clear and comprehensive understanding that will be effective in an emergency. Both community and healthcare provider CPR is available. 
Instructor: Heart Healthy AZ Instructor fee: $15 Supply fee: $15 
Location: Snedigar Recreation Center, Room 517 
Resident fee: $4 Non-resident fee: $6 
Sa 4/18 9:15 a.m.-noon 16 yrs+ 
DOG OBEDIENCE – PUPPY 12 WEEKS TO 6 MONTHS (ALL SHOTS)
Come join the fun and learn all the basics like sit, down, stay, name recognition, coming when called, walking politely on a leash and more! Learn obedience while targeting socialization, good pack leadership skills and structured activities with games and prizes! No dogs week one; admin. paperwork, class overview, shot record checks and Q&A’s. 
Instructor: Perfect Pooch Instructor fee: $76 Supply fee: $4 
Location: Nozomi Dog Park, 250 S. Kyrene Rd. 
Resident fee: $21 Non-resident fee: $29 
Th 4/23-5/28 7:30-8:30 p.m. 16 yrs+ 
DOG OBEDIENCE – BASIC
Basic obedience class for dogs six months and older. Come learn all the basics like sit, down, stay, coming when called, walking politely on a leash and more! Learn obedience while targeting socialization, good pack leadership skills and structured activities with games and prizes! No dogs week one; admin. paperwork, class overview shot record checks and Q&A’s. 
Instructor: Perfect Pooch Instructor fee: $76 Supply fee: $4 
Location: Paseo Vista Dog Park, 3850 S. McQueen Rd. 
Resident fee: $21 Non-resident fee: $29 
Tu 4/7-5/12 7:30-8:30 p.m. 16 yrs+ 
Location: Snedigar Dog Park, 4500 S. Basha Rd. 
Su 5/17-6/21 7:30-8:30 p.m. 16 yrs+ 
HEALTHY PREGNANCY FOR PREGNANT AND NEW PARENTS
Dr. Sears Certified Health Coach teaches expecting and new parents about lifestyle choices, attitude, exercise and nutritional needs during pregnancy. Learn to shape your baby’s tastes for healthy food even before their birth. Transition smoothly from pregnancy to motherhood. Includes 3 books by Dr. Sears and a healthy snack. 
Instructor: Parul Agrawal Instructor fee: $75 Supply fee: $0 
Location: Tumbleweed Recreation Center, Classroom C 
Resident fee: $25 Non-resident fee: $34 
Tu 3/3-3/17 10 a.m.-noon 18 yrs+ 
Tu 4/7-4/21 10 a.m.-noon 18 yrs+ 
Tu 4/28-5/12 10 a.m.-noon 18 yrs+ 
HEALTHY START FOR FAMILIES AND KIDS
Certified Health Coach helps you develop a lifetime of healthy habits. Learn portion control, brainy breakfasts, good vs. bad fats and protein needs. You will also learn how to shop for quality, affordable foods, avoid nutrition related diseases and make nutrition at home fun and easy! Includes a Healthy Start Guide and a yummy snack. 
Instructor: Parul Agrawal Instructor fee: $75 Supply fee: $0 
Location: Tumbleweed Recreation Center, Classroom C 
Resident fee: $21 Non-resident fee: $29 
Tu 3/3-3/17 1-3 p.m. 18 yrs+ 
Tu 4/7-4/21 1-3 p.m. 18 yrs+ 
Tu 4/28-5/12 1-3 p.m. 18 yrs+ 
HOW TO BEAT THE HIGH COST OF COLLEGE!
We will show you how to use financial planning strategies specifically geared toward college funding to lower your out-of-pocket expense for college and qualify for more free financial aid. Learn how to maximize your potential for FREE money to pay for college by understanding, scholarships, grants, income and asset planning, and the financial aid forms. 
Instructor: Hefer Group 
Location: Snedigar Recreation Center, Room 517 
Resident fee: $3 Non-resident fee: $5 
W 4/15 6:30-7:30 p.m. 18 yrs+ 
Location: Tumbleweed Recreation Center, Meeting Room 
W 3/18 6:30-7:30 p.m. 18 yrs+ 
W 5/13 6:30-7:30 p.m. 18 yrs+ 
INTRODUCTION TO VOICEOVERS
Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, “I could do that”? This fun and empowering workshop will cover the different types of voiceovers and what tools are needed in order to find success in the industry. You’ll be coached as you perform a real voiceover script, which will be recorded so that you can receive a professional voiceover evaluation later. 
Instructor: Voices For All Instructor fee: $40 Supply fee: $0 
Location: Community Center, Room 101 
Resident fee: $11 Non-resident fee: $15 
Tu 5/19 6-8 p.m. 18 yrs+ 
LEARN TO PLAY THE “CREDIT SCORE GAME”
Give yourself the credit you deserve. Our credit score can be described as “our adult report card” and many of us don’t even know how we can get a better grade. It’s like trying to play a game without knowing the rules. Come learn how to play the credit score game and the steps you can take to increase your credit score. The sooner you start...the sooner you’ll see the results. 
Instructor: Debbie Oliver Instructor fee: $5 Supply fee: $0 
Location: Snedigar Recreation Center, Room 502 
Resident fee: $7 Non-resident fee: $5 
Tu 4/7 7-8:30 p.m. 18 yrs+ 
PARANORMAL, GHOSTS AND OTHER WEIRD THINGS
Do you like talking about ghosts and other unexplained phenomena? Visit the lighter side of the supernatural and participate in this fun discussion. Bring an open mind and your own stories to share. 
Instructor: John Biewer 
Location: Community Center Room 115 
Resident fee: $6 Non-resident fee: $9 
W 3/25 7-8 p.m. 18 yrs+ 
W 3/31 7-8 p.m. 18 yrs+ 
www.chandleraz.gov/recreation
PRETTE GIRL “DISCOVER YOUR DREAMS”™ WORKSHOP  NEW!
This phenomenal workshop teaches girls how to rule their world through entrepreneurial avenues. Girls will discover their passion, create, their vision and activate their destiny. This event exposes our girls early to a world of limitless possibilities! Guest speakers: Girls who currently have their own businesses.
Instructor: Lisa Guice  Instructor fee: $30  Supply fee: $20
Location: Tumbleweed Recreation Center, Meeting Room
Resident fee: $8  Non-resident fee: $11
Sa  5/16  Noon-3 p.m.  13-16 yrs

SCIENCE FICTION AND FANTASY WRITING WORKSHOP
The year is 3003. What will the world be like? Develop futuristic and un-earthly plots, heroes and heroine, new worlds, and technology. Practice writing in various points of view, add sensory and visual imagery, mood and tone, and dialogue. Experienced and new writers are welcome to attend.
Instructor: Marilyn Janson  Instructor fee: $0  Supply fee: $10
Location: Community Center, Room 115
Resident fee: $28  Non-resident fee: $38
W  3/4-3/25  6-8 p.m.  18 yrs+

SHORT STORY WRITING WORKSHOP
Explore fiction, creative nonfiction, children’s, family history, and memoirs. Practice writing in various points of view, developing plot and character, and adding sensory and visual imagery, mood and tone, and dialogue. Experienced and new writers are welcome to attend.
Instructor: Marilyn Janson  Instructor fee: $0  Supply fee: $10
Location: Community Center, Room 115
Resident fee: $28  Non-resident fee: $38
W  4/15-5/6  6-8 p.m.  18 yrs+

UNDERSTANDING FOOD LABELS
Learn how to read and understand food label and ingredient lists. Identify good vs. bad fat, how to choose quality foods, ingredients to avoid and healthy substitutions for common food items. Fun and interactive workshop taught by a Certified Health Coach. Includes take home notes, recipes and yummy snack to enjoy during class.
Instructor: Parul Agrawal  Instructor fee: $15  Supply fee: $0
Location: Tumbleweed Recreation Center, Classroom C
Resident fee: $4  Non-resident fee: $6
Sa  3/7  10-11 a.m.  18 yrs+
Sa  4/4  10-11 a.m.  18 yrs+
Sa  5/9  10-11 a.m.  18 yrs+

Health & Wellness
AED, CPR & FIRST AID TRAINING
The goal of this course is to provide individuals with a clear and comprehensive understanding of Adult, Child, and Infant CPR, and First Aid Skills to be utilized in case of an emergency. Topics such as legal considerations, scene safety, bleeding, shock, burns, poisoning, sudden illness, heat and cold environmental emergencies, and obstructive airway will be presented. Upon successful completion of written test and hands-on skills demonstration, participants will receive a two year certification card.
Instructor: Cross Lifeline Training  Instructor fee: $30  Supply fee: $0
Location: Community Center, Room 101
Resident fee: $8  Non-resident fee: $11
Sa  3/7  9 a.m.-noon  18 yrs+
Sa  4/11  9 a.m.-noon  18 yrs+
Sa  5/2  9 a.m.-noon  18 yrs+

Language
BASIC AMERICAN SIGN LANGUAGE
Come and learn basic sign language communication including finger spelling, signing words and sentences. We will do a lot of reviewing and also develop an understanding of the structure of Deaf culture. Class will be structured to students’ knowledge level.
Instructor: Jill Valentine  Instructor fee: $0  Supply fee: $20
Location: Community Center, Room 101
Resident fee: $33  Non-resident fee: $45
M  3/9-4/13  9-10:30 a.m.  13 yrs+
Tu  3/10-4/14  5-6:30 p.m.  13 yrs+
W  3/11-4/15  9-10:30 a.m.  13 yrs+
Th  3/12-4/16  5-6:30 p.m.  13 yrs+

BASIC SPANISH FOR BEGINNERS
This class is an introduction to Spanish. The topics covered in this class will consist of pronunciation, easy to memorize phrases and sentences and a lot of vocabulary. We will be using handouts, tapes and crossword puzzles.
Instructor: Cathy Ogden  Instructor fee: $0  Supply fee: $4
Location: Community Center, Room 101
Resident fee: $41  Non-resident fee: $56
Tu  3/3-4/7  6-8 p.m.  18 yrs+
Tu  4/14-5/9  6-8 p.m.  18 yrs+

ENGLISH FOR NON-NATIVE SPEAKERS, STEP I
Learn the basics, use the basics, live the basics! Make the time, erase your fears and take the first step with other non-native speakers in this introduction to the English language. Do this for YOU!
Instructor: Juliette Spence  Instructor fee: $0  Supply fee: $5
Location: Snedigar Recreation Center, Room 516
Resident fee: $43  Non-resident fee: $59
Th  3/12-4/30  5:30-7 p.m.  18 yrs+

LEARN CHINESE  NEW!
See YOUTH CLASSES section for details.

LET’S TALK IT OVER (IN SPANISH!)
Looking for a chance to revive your Spanish language skills, brush up on some vocabulary and discuss real topics? This conversational class is for you.
Instructor: Juliette Spence  Instructor fee: $0  Supply fee: $5
Location: Snedigar Recreation Center, Room 516
Resident fee: $43  Non-resident fee: $59
Th  3/12-4/30  5:30-7 p.m.  18 yrs+

PASSPORT SPANISH
You’re not looking to master the language, just know a little for that wild, upcoming trip to (fill in with any Spanish-speaking country). Go ahead and pack, you’ll be ready.
Instructor: Juliette Spence  Instructor fee: $0  Supply fee: $5
Location: Snedigar Recreation Center, Room 516
Resident fee: $43  Non-resident fee: $59
Tu  3/10-4/28  5:30-7 p.m.  18 yrs+

SPANISH I – BEGINNER
You know you want to do this! It’s all here, waiting for you: vocabulary, introductory grammar, and the opportunity to practice what you learn.
Instructor: Juliette Spence  Instructor fee: $0  Supply fee: $5
Location: Snedigar Recreation Center, Room 516
Resident fee: $43  Non-resident fee: $59
W  3/11-4/29  5:30-7 p.m.  18 yrs+

SPANISH II – INTERMEDIATE
You’ve taken Spanish I and you are ready for this next step. Same stuff (vocabulary, grammar, practice), just stepped up a notch. You can do it!
Instructor: Juliette Spence  Instructor fee: $0  Supply fee: $5
Location: Snedigar Recreation Center, Room 516
Resident fee: $43  Non-resident fee: $59
W  3/11-4/29  7:15-8:45 p.m.  18 yrs+

NEW!
SPANISH LEVEL I
This class is intended for those who have taken some Spanish in the past and know the basics. We will work on increasing vocabulary and introducing you to Spanish grammar, basic conjugation, reading, dictation, and spelling. You may sign up for this class as many times as you prefer; the emphasis will be different every session.
Instructor: Cathy Ogden
Location: Community Center, Room 101
Resident fee: $41 Non-resident fee: $56
W 3/4-4/8 5-7 p.m. 18 yrs+
W 4/15-5/20 5-7 p.m. 18 yrs+

SPEEDY SPANISH
You’ve mastered other languages, so add Spanish to your list. Because you already understand language concepts and terminology, we’re not slowing down for that — or anything else. Ready, set, GO!
Instructor: Juliette Spence
Instructor fee: $0
Supply fee: $5
Location: Snedigar Recreation Center, Room 516
Resident fee: $43 Non-resident fee: $59
Tu 3/10-4/28 7:15-8:45 p.m. 18 yrs+

Martial Arts
AIKIDO FOR ADULTS
Aikido is a Japanese defensive martial art based on smooth, powerful blending motions as its core that does not rely on power and size. This class teaches fundamentals to advanced motions and philosophies of Aikido, which are defensive in nature but provide options for varying degrees of intensity. Aikido classes are ongoing and require monthly registration.
Instructor: Teresa Mastison
Instructor fee: $40
Supply fee: $0
Location: Community Center, Room 109
Resident fee: $11 Non-resident fee: $15
Tu/W 3/3-3/31 7-8:30 p.m. 14 yrs+
Tu/W 4/1-4/29 7-8:30 p.m. 14 yrs+
Tu/W 5/5-5/27 7-8:30 p.m. 14 yrs+

JUJUTSU
KARATE (AMERICAN KEMPO)
See TEEN PROGRAMS section for more details.

LIM KARATE
Fun, family oriented. Work on self-defense, self-discipline and self-confidence. Students will learn to stretch their limits, build their confidence and make their dreams a reality.
Instructor: Lim Karate Staff
Instructor fee: $39
Supply fee: $55
Location: Tumbleweed Recreation Center, Classroom A/B
Resident fee: $11 Non-resident fee: $15
Tu/F 3/3-3/31 6:30-7:30 p.m. 13 yrs+
Tu/F 4/3-4/29 6:30-7:30 p.m. 13 yrs+
Tu/F 5/1-5/29 6:30-7:30 p.m. 13 yrs+
*No class 4/3 & 4/24

SNEDIGAR MARTIAL ARTS
This class stresses kicking, punching and stances. Tuesdays are technique night and Thursdays are sparring night. Discounted instructor fee for two or more family members.
Instructor: Snedigar Martial Arts
Instructor fee: $45
Supply fee: $0
Location: Snedigar Recreation Center, Room 504/505
Resident fee: $13 Non-resident fee: $18
WHITE, YELLOW, GREEN BELTS
Tu/Th 3/3-3/31 6:30-7:30 p.m. 13 yrs+
Tu/Th 4/2-4/30 6:30-7:30 p.m. 13 yrs+
Tu/Th 5/5-5/28 6:30-7:30 p.m. 13 yrs+
PURPLE BELTS AND HIGHER
Tu/Th 3/3-3/31 7:30-9 p.m. 13 yrs+
Tu/Th 4/2-4/30 7:30-9 p.m. 13 yrs+
Tu/Th 5/5-5/28 7:30-9 p.m. 13 yrs+

TAEKWONDO
Classes are structured for fun and learning while providing exercise. Each class consists of systematic stretching, various kicking and punching techniques, as well as coordination and balance drills. Training intensity starts at a moderate level and slowly increases for conditioning.
Instructor: Bill Norton
Instructor fee: $45
Supply fee: $0
Location: Tumbleweed Recreation Center, Cotton Room South
Resident fee: $13 Non-resident fee: $18
M/Th 3/2-3/26 7-7:45 p.m. 13 yrs+
M/Th 4/6-4/30 7-7:45 p.m. 13 yrs+
M/Th 5/4-5/28* 7-7:45 p.m. 13 yrs+
*No class 5/25

WING CHUN – SELF DEFENSE
Learn practical self-defense using the Chinese martial art of Wing Chun, which emphasizes body mechanics and principles to defend against larger and stronger attackers using their size and strength against them. Students will be introduced to chi-sau exercises and other training techniques to develop correct positioning, techniques, timing and striking power.
Instructor: Norm Gumenik
Location: Community Center, Room 110
Resident fee: $26 Non-resident fee: $36
M 3/2-4/6 6-7:15 p.m. 18 yrs+
M 4/13-5/18 6-7:15 p.m. 18 yrs+

WOMEN’S SELF DEFENSE WORKSHOP – BASIC
This class focuses on teaching women’s self-defense to adult women 18 & up. This is a hands-on class and we will be learning basic women’s self-defense techniques and awareness. We will focus on a different aspect of women’s self-defense each week for four weeks. The class is taught at Z-Ultimate Self Defense in South Chandler.
Instructor: Z-Ultimate Studio of Self Defense – 4991 S. Alma School Rd. #6
Resident fee: $8 Non-resident fee: $11
Th 3/5-3/26 7-7:50 p.m. 16 yrs+
Th 4/9-4/30 7-7:50 p.m. 16 yrs+
Th 5/7-5/26 7-7:50 p.m. 16 yrs+

Music
BEGINNING TEEN GUITAR
This class will allow students the opportunity to learn more about the basics of guitar playing. They will learn warm-up techniques, finger-strengthening exercises, tuning, proper hand positions, posture, note-reading, finger-picking, basic chords and how to play simple songs, step by step, by the end of the sessions. No prior experience required. Student will be required to provide their own guitar for class sessions.
Instructor: Phx Conservatory of Music
Instructor fee: $54
Supply fee: $8
Location: Tumbleweed Recreation Center, Meeting Room
Resident fee: $15 Non-resident fee: $21
M 3/2-4/6 6-6:45 p.m. 13-17 yrs
M 4/13-5/18 6-6:45 p.m. 13-17 yrs

The City’s Adopt-A-Park Program offers citizens and especially park users, the opportunity to exhibit their pride in the community. It is set up for groups to visit the park of their choice on a regular basis to collect litter and complete other tasks and projects to ensure the park is kept clean. Local service and youth organizations, church and neighborhood groups can have fun while also providing a valuable community service. Groups can also win awards for their efforts. By adopting a community park, residents are making their parks more beautiful and are extending tax dollars by allowing City parks employees to spend their time on major renovation, repair and maintenance work. For more information call 480-782-2667 or visit www.chandleraz.gov/parks.

www.chandleraz.gov/recreation
Looking for a Place in Chandler to ride your horse?

Then come visit Veterans Oasis Park, a 113-acre park located on the northeast corner of Lindsay and Chandler Heights roads. The designated horse trails running through the park are accessible through V-notches or horse stepover gates in the fence at three of the park’s access points. Horseback riding is allowed only on these designated trails and riders must ride in from outside areas, as there is no horse trailer parking nor loading/unloading of horses allowed within the park itself. A trail map is available at the park’s Environmental Education Center (EEC) or online at www.chandleraz.gov/eecc. For more information, contact the EEC at 480-782-2890 or EEC@chandleraz.gov.

Beginning Adult Guitar

This class will allow students the opportunity to learn more about the basics of guitar playing. They will learn warm-up techniques, finger-strengthening exercises, tuning, proper hand positions, posture, note-reading, finger-picking, basic chords and how to play simple songs, step by step, by the end of the sessions. No prior experience required. Student will be required to provide their own guitar for class sessions.

- **Teen & Adult Classes**
  - M 4/13-5/18 7-7:45 p.m. 18 yrs+
  - Th 3/19 6:30-7:45 p.m. 16 yrs+

Guitar 101

See TEEN PROGRAMS section for details.

Nature, Environment & Outdoors

Arizona Trail Hike

Come out and enjoy an easy to moderate four to four-and-a-half-mile hike covering a section of the Arizona Trail from the Picket Post entrance near Superior. You will see great views of the surrounding Superstition Wilderness area, a nice introduction to the Arizona Trail. Approximate travel time to the destination is one hour each way and the hike will be one-and-a-half hours. Well-behaved, leashed dogs are welcome.

- **Instructor:** John Biewer
- **Depart from:** Community Center
- **Resident fee:** $16 Non-resident fee: $22
- **Date:** Sa 3/14 7:30-11:30 a.m. 18 yrs+

Beginning Birding

Join this three-part, beginner level class and discover the where, when and how of birding in central Arizona. Topics include bird identification, equipment, and birding hot spots. This workshop includes an off-site field trip.

- **Instructor:** Krys Hammers
- **Location:** Environmental Education Center
- **Resident fee:** $12 Non-resident fee: $17
- **Date:** W 3/11-3/25 6:45-7:45 p.m. 16 yrs+

Intermediate Birding

Become more confident about bird identification! This three-part series will focus on bird behaviors and how to identify some of the more challenging species of birds found in Arizona.

- **Instructor:** Cindy Marple
- **Location:** Environmental Education Center
- **Resident fee:** $12 Non-resident fee: $17
- **Date:** W 4/8-4/22 6:45-7:45 p.m. 16 yrs+

Building a Backyard Bird Habitat

Do you enjoy watching wildlife? Would you like to see more wildlife in your yard? This class will show you how to create a home landscape that is safe and inviting to birds and other wildlife.

- **Instructor:** Krys Hammers
- **Location:** Environmental Education Center
- **Resident fee:** $7 Non-resident fee: $10
- **Date:** Th 3/19 6:30-7:45 p.m. 16 yrs+

Composing a Great Nature Shot

Learn how to improve your composition in outdoor nature photography. We will cover some basic topics but will focus on rules of composition. These will include various viewpoints, long exposure, lighting and depth of field. Class meets twice a week for classroom instruction Thursdays and in the field experience on Saturdays. Students must bring their own camera, battery, and memory card.

- **Instructor:** Sue Cullumber
- **Location:** Environmental Education Center
- **Resident fee:** $14 Non-resident fee: $19
- **Date:** Th/SA 3/26-4/16 7-8 p.m./7-8:30 a.m. 16 yrs+

Desert Classic Trail Hike

Enjoy an easy to moderate four-mile hike along the Desert Classic Trail in South Mountain Park. Enjoy some nice views of the Ahwatukee area. Bring water, hat, and sunscreen. Well-behaved, leashed dogs are welcome.

- **Instructor:** John Biewer
- **Location:** Community Center
- **Resident fee:** $12 Non-resident fee: $17
- **Date:** Sa 4/25 7:30-10 a.m. 18 yrs+

Ecology in Your Backyard!

Have you ever wondered what kind of animals live near your home or how a cactus can endure scorching summers year after year? Learn about habitats, food chains and adaptations of the various Sonoran Desert species. Discover how humans can influence resources and populations in your area. A companion course offers a more in depth and hands on nature walk in Veterans Oasis Park.

- **Instructor:** Elizabeth Ridgely
- **Location:** Environmental Education Center
- **Resident fee:** $7 Non-resident fee: $10
- **Date:** W 3/25 6:30-8 p.m. 7 yrs+

Chandler Bike Park

Chandler’s Bike Park at Espee Park (450 E. Knox Rd.) was dedicated on May 5, 2007 and it was the first bike-only public facility in the Valley. It is a free, non-supervised 25,000-square-foot facility for use by BMX bike riders only and incorporates riding and jumping amenities that allow users of varying ability levels to be challenged. The facility was designed by City staff, Site Design Group, Inc. and a focus group comprised of Chandler residents.

- **The summer hours (May-September) are 6:30 a.m.-10:15 p.m.; winter hours (October-April) are 8 a.m.-10:15 p.m.**
- **The park is closed until 2 p.m. on the last Wednesday of each month for maintenance and repairs.**

For more information, call 480-782-2727 or visit www.chandleraz.gov/parks.
FIRST WATER TRAIL HIKE
Enjoy an easy to moderate 4-4.5 mile hike in the Superstitions to a prehistoric platform mound of the Salado culture with excellent views of the Superstition Mountain wilderness area. Bring water, hat, and sunscreen. Well-behaved, leashed dogs are welcome.
Instructor: John Biewer
Location: Community Center
Resident fee: $16 Non-resident fee: $22
Sa 3/28 7:30-11:30 a.m. 18 yrs+

FISHING LESSONS
See YOUTH CLASSES section for details.

HIEROGLYPHICS TRAIL HIKE
This easy three-mile hike in the Superstitions offers stunning desert views of the East Valley and a wonderful opportunity to see Native American petroglyphs, some dating back to the year 1400! Approximate travel time to the destination is 45 minutes each way and the hike is approximately one-and-a-half hours. Well-behaved, leashed dogs are welcome.
Instructor: John Biewer
Location: Community Center
Resident fee: $14 Non-resident fee: $19
M 3/9 7:30-11 a.m. 18 yrs+

HORSEMANSHIP
HORSEMANSHIP – BEGINNING
ARCHERY I – BEGINNER
Instructor: John Biewer
Location: Community Center
Resident fee: $7 Non-resident fee: $10
Th 3/5-4/9 7-7:45 p.m. 16 yrs+

PAPAGO PARK
Come out for an easy and enjoyable two-and-a-half mile hike in scenic Papago Park, with excellent views of the Phoenix metro area. Approximate travel time to the destination is 30 minutes each way and the hike is approximately one hour. Well-behaved, leashed dogs are welcome.
Instructor: John Biewer
Location: Community Center
Resident fee: $9 Non-resident fee: $13
Su 3/15 1 p.m.-3 p.m. 12 yrs+
Sa 3/23 10 a.m.-noon 12 yrs+

PASEO VISTA TRAIL URBAN HIKE
Come enjoy this easy three mile walk along Chandler's Paseo Vista trail. Approximate travel time to the destination is 5 minutes each way and the hike is approximately one hour. Well-behaved, leashed dogs are welcome.
Instructor: John Biewer
Location: Community Center
Resident fee: $8 Non-resident fee: $11
Sa 4/18 7:15-8:45 a.m. 18 yrs+
Sa 5/21 7:15-8:45 a.m. 18 yrs+

SILLY MOUNTAIN HIKE
Come learn about the Silly Mountain hiking area. This is a great hike for those new to hiking, or seasoned hikers. This easy three-mile hike will offer great views of the Superstition Mountains and the east Valley. Approximate travel time to the destination is 30 minutes each way and the hike is approximately one hour. Well-behaved, leashed dogs are welcome.
Instructor: John Biewer
Location: Community Center
Resident fee: $9 Non-resident fee: $13
Sa 3/21 7:30-9:30 a.m. 18 yrs+
Sa 5/9 7:30-9:30 a.m. 18 yrs+

SPECIAL EVENTS & PROGRAMS
ALL ABOUT SPORTS FAMILY CAMPOUT
See YOUTH CLASSES section for details.

KITT PEAK NATIONAL OBSERVATORY NIGHT EXCURSION
See page 8 for more details.

SPORTS & FITNESS
ADULT FITNESS ORIENTATION
Have you always wanted to start working out, but find the gym a little too intimidating because you do not know how to use all of the fitness equipment? Tumbleweed Recreation Center wants to help you reach your goals and feel comfortable walking in the door of a fitness center. TRC staff will help you become familiar with the strength and cardio equipment by taking you through a fitness orientation. You will learn how to operate our Life Fitness cardio and strength machines so you can get started on your workout goals! Please see Tumbleweed Recreation Center’s Guest Services for dates and times. No online registration for this class. This class is free to current TRC pass holders.
Instructor: TRC Staff Phone number: 480-782-2907
Location: Tumbleweed Recreation Center
Fees: TRC rates apply (Included in TRC passes) 18 yrs+

CARDIO KICKBOXING
Cardio Kickboxing is a fun, effective workout for men and women combining martial arts, aerobics, cardiovascular and toning for a total body workout. Improve strength, muscle tone and endurance; reduce body fat and stress, while learning self-defense techniques. Some gloves available for use or can purchase new ones from instructor.
Instructor: Jim Raemisch Instructor fee: $30 Supply fee: $0
Location: Tumbleweed Recreation Center, Fitness Office
Resident fee: $45 Non-resident fee: $61
For more information, contact the TRC at 480-782-2907

BODY COMPOSITION TESTING – TRACK YOUR FITNESS PROGRESS
Take your weight loss and fitness management to a new level with the NEW InBody body composition test. By simply standing on the footplates and holding the handgrips this multi-frequency bioelectrical impedance analysis will provide you with your percentage of body fat and muscle. You will receive printed results of your body composition, metabolic rate and more to help you reach your fitness goal. Be sure to obtain pre-testing information from the fitness office.
Instructor: Tumbleweed Recreation Center, Fitness Office
Location: Tumbleweed Recreation Center
One-time assessment
Resident fee: $5 Non-resident fee: $21
Four-time assessment pass
Resident fee: $45 Non-resident fee: $61
For more information, contact the TRC at 480-782-2907

NEW InBody body composition test.
By simply standing on the footplates and holding the handgrips this multi-frequency bioelectrical impedance analysis will provide you with your percentage of body fat and muscle. You will receive printed results of your body composition, metabolic rate and more to help you reach your fitness goal. Be sure to obtain pre-testing information from the fitness office.
Instructor: TRC Staff Phone number: 480-782-2907
Location: Tumbleweed Recreation Center, Fitness Office
Fees: TRC rates apply (Included in TRC passes) 18 yrs+

For more information, contact the TRC at 480-782-2907

WEIGHT LOSS & FITNESS REGISTRATION
Special Events & Program
ALL ABOUT SPORTS FAMILY CAMPOUT
See YOUTH CLASSES section for details.

KITT PEAK NATIONAL OBSERVATORY NIGHT EXCURSION
See page 8 for more details.

NUTS AND BOLTS OF SAFE HIKING
This class will prepare and inspire you to hike safely and truly enjoy the beauty of the Sonoran Desert. Learn how to stay safe while hiking in the wilderness.
A two hour preparation class at the EEC will be followed by a hike in Veterans Oasis Park. Children under 17 must be accompanied by a paid adult.
Instructor: Hike In Phoenix Instructor fee: $50 Supply fee: $0
Location: Environmental Education Center
Resident fee: $9 Non-resident fee: $13
Su 3/11 8 a.m.-10 a.m. 12 yrs+

MOTHER AND SON CAMPOUT
See YOUTH CLASSES section for details.

NUTS AND BOLTS OF SAFE HIKING
This class will prepare and inspire you to hike safely and truly enjoy the beauty of the Sonoran Desert. Learn how to stay safe while hiking in the wilderness. A two hour preparation class at the EEC will be followed by a hike in Veterans Oasis Park. Children under 17 must be accompanied by a paid adult.
Instructor: Hike In Phoenix Instructor fee: $50 Supply fee: $0
Location: Environmental Education Center
Resident fee: $9 Non-resident fee: $13
Su 3/11 8 a.m.-10 a.m. 12 yrs+

VETERANS OASIS TRAIL HIKE
Come out for an easy and enjoyable two-and-a-half mile hike in scenic Papago Park, with excellent views of the Phoenix metro area. Approximate travel time to the destination is 30 minutes each way and the hike is approximately one hour. Well-behaved, leashed dogs are welcome.
Instructor: John Biewer
Location: Community Center
Resident fee: $9 Non-resident fee: $13
M 3/16 7:30-9:30 a.m. 18 yrs+

Su 3/28 7:30-11:30 a.m. 18 yrs+

www.chandleraz.gov/recreation
Cardio Kickboxing
Kick, punch and sweat your way to a higher fitness level with this ultimate high intensity cardio challenge and great full body workout.

Instructor: Kathi Thompson  
Instructor fee: $30  
Supply fee: $0

Location: Community Center, Room 111

Resident fee: $8  
Non-resident fee: $11

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Resident fee: $7  
Non-resident fee: $10

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Circuit Express
Are you new to strength training? Are you short on time? Do you just need to be re-inspired to workout? Then this 30-minute circuit express is the workout for you! The circuit area is set to music while you move from one station to another, all while getting cardiovascular and strength training! This class is free to current Tumbleweed Recreation pass holders. Teen's ages 13-17 are welcome if they have attended the Teen Fitness Orientation.

Instructor: Kathi Thompson  
Instructor fee: $50  
Supply fee: $0

Location: Tumbleweed Recreation Center

Fee: TRC rates apply (Included in TRC passes)

Drop-in  
M-F  
8:30-9 a.m.  
13 yrs+

Crosstone
Do you want to step up your workout routine to get the results you're looking for? If so, then this is the class for you! Cross tone is a combination of cross-fit, cardio, core training, balance training and strength training. This is a very strenuous fitness class and is recommended for people with past fitness experience.

Instructor: Kathi Thompson  
Instructor fee: $60  
Supply fee: $0

Location: Community Center, Room 111

Resident fee: $17  
Non-resident fee: $23

| M     | 3/2-4/6    | 6-7:30 p.m. |
|       |            | 17 yrs+     |

Resident fee: $14  
Non-resident fee: $19

| M     | 4/13-5/11  | 6-7:30 p.m. |
|       |            | 17 yrs+     |

Cycle
Group cycling is an awesome way to burn fat, increase strength and improve cardio fitness. Every ride is different than the last journey through hills, flats and mountains. Learn how to push through adversity, work in your optimum fat burning zone. Please bring water and a towel.

Location: Chandler Tennis Center

Fee: TRC rates apply (Included in TRC passes)

Drop-in  
M/Tu/Th  
6-7 p.m.  
13 yrs+

Drop-in  
Tu/Th    
5:30-6:30 a.m.  
13 yrs+

Drop-in  
Sa       
8:15-9:15 a.m.  
13 yrs+

Golf at Ocotillo Golf Resort
Golf instruction includes putting, chipping, pitching, full swing, golf etiquette and the rules of golf.

Instructor: Ocotillo Golf Pros  
Instructor fee: $125  
Supply fee: $0

Location: Ocotillo Golf Resort, 3751 S. Clubhouse Dr. (West of Ocotillo and Alma School)

Resident fee: $35  
Non-resident fee: $48

| Tu    | 4/7-5/12  | 4:30-5:30 p.m. |
|       |           | 13-15 yrs     |
| W     | 4/8-5/13  | 4:30-5:30 p.m. |
|       |           | 13-15 yrs     |

Group Fitness Classes
The Tumbleweed Recreation Center offers a variety of group fitness classes including Cycle, Circuit Express, Yoga, Pilates, Total Body Conditioning, Strength, Zumba and Cardio classes to choose from. Check out the Group Exercise schedule on page 79 and at www.chandleraz.gov/tumbleweed.

Insanity
You will be lead through a complete workout demonstrating proper form and best practices. You will learn options for modifications so you can adapt the moves at all levels. INSANITY uses MAX Interval Training, which replaces moderate-intensity exercise with maximum-intensity, and trades short intervals of intensity for short periods of rest.

Instructor: INSANITY Certified Instructor
Location: Tumbleweed Recreation Center, Dance Studio

Resident fee: $60  
Non-resident fee: $81

| M/W/F  | 3/23-5/1  | 6:30-7:30 a.m. |
|        |           | 16 yrs+        |

Pitching Instruction with Video Analysis
Learn from the best, a former ASU pitcher will teach a state of the art arm strength and conditioning program used by programs at Vanderbilt and ASU. Increase arm endurance, velocity and overall power safely by video analysis and by using bands, heavy balls and long toss programs. You can increase throwing velocity by 3-16 MPH in one year.

Instructor: Adrian Gomez, 212 Athlete  
Instructor fee: $50  
Supply fee: $10

Location: Snedigar Sportsplex, Baseball Field #1

Resident fee: $14  
Non-resident fee: $19

| W     | 3/4-3/18  | 6-7 p.m.   |
|       |           | 13-18 yrs  |
| W     | 3/25-4/8  | 6-7 p.m.   |
|       |           | 13-18 yrs  |
| W     | 4/15-4/29 | 6-7 p.m.   |
|       |           | 13-18 yrs  |
POUND FITNESS
Rock your body with this modern-day fusion of movement and music. Using weighted drumsticks engineered for exercise, POUND FITNESS transforms drumming into an effective full-body workout. Please bring a yoga mat and water. Also, please pre-register to confirm you get a spot in the class.
Instructor: Robyn Holman
Location: Snedigar Recreation Center, Room 506
Resident fee: $16 Non-resident fee: $22

YELOA, Pilates, T’ai-Chi & Meditation

ALL LEVELS YOGA
Flowing sequences, longer held poses, breathing techniques and meditation will stretch, strengthen and relax body and mind. Bring a yoga mat and water.
Instructor: Carolina Daley, 500RYT
Location: Snedigar Recreation Center, Room 503

Resident fee: $7 Non-resident fee: $10
W 3/4-3/25 6:30-7:45 p.m. 13 yrs+
M 4/6-4/27 6:30-7:45 p.m. 13 yrs+
W 5/6-5/27 6:30-7:45 p.m. 13 yrs+

Instructor: Carolina Daley, 500RYT
Location: Snedigar Recreation Center, Room 503
Resident fee: $9 Non-resident fee: $13
M 3/2-3/30 6:30-7:45 p.m. 13 yrs+
W 4/1-4/29 6:30-7:45 p.m. 13 yrs+

Instructor: Carolina Daley, 500RYT
Location: Snedigar Recreation Center, Room 503
Resident fee: $5 Non-resident fee: $7
M 5/4-5/18 6:30-7:45 p.m. 13 yrs+

EVENING YOGA FLOW
Discover the benefits of yoga in this slow flow class that emphasizes basic postures. Students will practice strength, flexibility, and balance in each class and will end with a deep relaxation. Everyone is welcome, and class is suitable for all levels. Bring a mat or a beach towel.
Instructor: Jackie Pinho
Location: Environmental Education Center
Resident fee: $7 Non-resident fee: $10
Tu 4/7-4/28 6:30-7:30 p.m. 12 yrs+
Tu 5/5-5/26 6:30-7:30 p.m. 12 yrs+

MORNING YOGA FLOW
Discover the benefits of yoga in this slow flow class that emphasizes basic postures. Students will practice strength, flexibility, and balance in each class and will end with a deep relaxation. Everyone is welcome, and class is suitable for all levels. Bring a mat or a beach towel.
Instructor: Jackie Pinho
Location: Environmental Education Center
Resident fee: $5 Non-resident fee: $7
Tu 3/3-3/24 & 3/31 6:30-7:30 p.m. 12 yrs+

Instructor: Jackie Pinho
Location: Environmental Education Center
Resident fee: $7 Non-resident fee: $10
Tu 4/7-4/28 6:30-7:30 p.m. 12 yrs+
Tu 5/5-5/26 6:30-7:30 p.m. 12 yrs+

YOGALATES
Come enjoy this dynamic fusion of yoga, Pilates, body sculpting and core strengthening to create long, lean muscles and improve flexibility. Bring a yoga mat and a water bottle.
Instructor: Kathi Thompson
Location: Community Center, Room 111
Resident fee: $8 Non-resident fee: $11
Tu 3/3-3/12 7-8 p.m. 16 yrs+
W 3/4-4/8 6-7 p.m. 16 yrs+

Instructor: Kathi Thompson
Location: Community Center, Room 111
Resident fee: $7 Non-resident fee: $10
Tu 3/3-3/12 7-8 p.m. 16 yrs+
W 3/4-4/8 6-7 p.m. 16 yrs+

PARENTS, LOOKING FOR FUN ACTIVITIES FOR YOUR TEENS?
SEE PAGES 56-57.