Therapeutic Recreation Philosophy

At the City of Chandler Therapeutic Recreation Program, our mission is to enhance the quality of life for individuals with physical, mental, emotional, or social limitations. We strive to facilitate the development, maintenance and expression of an appropriate leisure lifestyle for individuals with developmental disabilities. Participants typically are part of one or more of the following areas: sheltered workshop, special education classes and one whose mental and/or physical disability limits that person from participating in regular recreation.

Registration Procedures

Individuals who meet the criteria represented in the philosophy above and who are interested in joining these programs should contact the Chandler Recreation Division in order to receive the monthly calendar, quarterly newsletter, flyers and other information regarding our programs.

Participants interested in Special Olympics sports need to complete a Arizona Special Olympics Medical Form in order to compete.

Please contact Collette Prather at 480-782-2709 to be placed on the email list and/or to obtain a registration form or medical release form. Or you can visit: www.chandleraz.gov/therapeutic

Special Olympics and Unified Sports

Medical Forms Policy

ALL athletes competing in any Special Olympics sport must have a current Arizona State Special Olympics medical form on file with the City of Chandler BEFORE beginning practice for any sport! There is a specific form to be filled out by the doctor, as well as the family. It is suggested that you keep a copy of your current physical. You can get the medical form from Special Olympics Arizona at www.specialolympicsarizona.org, then click on forms, then print ALL THREE PAGES of the form. If you are unsure whether or not your medical form is up to date, please call Collette Prather 480-782-2709.

Therapeutic Cooking

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Volunteers are always welcome!

There are many ways that you can help out with Special Olympics sports, classes, socials, or special programs. If you are a positive role model and interested in helping out with any of the fun and inspiring programs, please call Collette Prather at 480-782-2709. You’ll be glad that you made a difference!

Special Interest Classes

Therapeutic Adventure Club 🏪

Have fun going fishing and hiking during the spring months and get some exercise too. No prior experience is necessary. A description of each week’s adventures will be distributed on the first day. Make sure to wear comfortable clothing, athletic shoes and bring a bottle of water!

Instructor: Robert Crippen and Austin Rector

Location: Chandler Senior Center Parking Lot for departure

Resident fee: $45  Non-resident fee: $61

Th 4/2-4/30 5-7 p.m.  12 yrs+

*No class 4/11

Therapeutic Cooking

Cooking can be fun for everyone. This class will teach some simple skills and recipes that can be used at home. Each week, you will learn something new. This program is designed for individuals with disabilities.

Instructor: Robert Crippen

Location: Tumbleweed Recreation Center Kitchen

Resident fee: $28  Non-resident fee: $38

Sa 3/14-4/25 9-11 a.m.  14 yrs+

Therapeutic Hip Hop 🕺

Get some exercise and have fun while dancing to Latin-infused music! Whether you are an experienced dancer or just want to move around, this class guarantees to be lots of fun! No dance experience necessary. Make sure to wear comfortable clothing, athletic shoes and bring a bottle of water!

Instructor: Kalob Insalaco

Location: Chandler Senior Center, Multipurpose Room

Resident fee: $13  Non-resident fee: $18

Sa 3/14-4/25 9-11 a.m.  14 yrs+

Therapeutic Horseback Riding 🐴

This program is designed for children, teens and adults with disabilities. Riders will learn a new level of freedom and movement while improving self-esteem and socialization. They will benefit physically, emotionally and mentally through interaction with the horses, instructors, volunteers and fellow students. Riders will also learn to care for the horses while riding.

Instructor: Teri Chambers

Location: Valley Silver Bullets - 43757 N. Coyote Rd. San Tan Valley, 85140

Resident fee: $42  Non-resident fee: $57

M 3/17-5/19 6-7 p.m.  5 yrs+

THERAPEUTIC ADVENTURE CLUB 🏪

Have fun going fishing and hiking during the spring months and get some exercise too. No prior experience is necessary. A description of each week’s adventures will be distributed on the first day. Make sure to wear comfortable clothing, athletic shoes and bring a bottle of water!

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**Instructor:** Robert Crippen

**Location:** Tumbleweed Recreation Center Kitchen

**Resident fee:** $28  **Non-resident fee:** $38

**Sa 3/14-4/25 9-11 a.m.  14 yrs+**

THERAPEUTIC HIP HOP 🕺

Get some exercise and have fun while dancing to Latin-infused music! Whether you are an experienced dancer or just want to move around, this class guarantees to be lots of fun! No dance experience necessary. Make sure to wear comfortable clothing, athletic shoes and bring a bottle of water!

**Instructor:** Kalob Insalaco

**Location:** Chandler Senior Center, Multipurpose Room

**Resident fee:** $13  **Non-resident fee:** $18

**Sa 3/14-4/25 9-11 a.m.  14 yrs+**

THERAPEUTIC HORSEBACK RIDING 🐴

This program is designed for children, teens and adults with disabilities. Riders will learn a new level of freedom and movement while improving self-esteem and socialization. They will benefit physically, emotionally and mentally through interaction with the horses, instructors, volunteers and fellow students. Riders will also learn to care for the horses while riding.

**Instructor:** Teri Chambers  **Location:** Valley Silver Bullets - 43757 N. Coyote Rd. San Tan Valley, 85140

**Resident fee:** $42  **Non-resident fee:** $57

**M 3/17-5/19 6-7 p.m.  5 yrs+**

Talk of the Town Newsletter

Our quarterly newsletter has more details about upcoming programs, classes, socials and sports. Send an email to collette.prather@chandleraz.gov to join the email list.

WHAT IS RAD?

Recreation & Athletics for the Disabled was created with the motto “RAD pays so others can play”. Check out their website to learn how they support Chandler Special Olympics programs at www.supportrad.com.
Special Olympics & Unified Sports

**All Special Olympics and Unified Sports require at least 75% attendance rate in order for an athlete to participate in state competition. Every athlete must have a current physical on file in Chandler before the first night of practice. Athletes may only participate in one of the sports below, either swimming or softball. State competition is tentatively scheduled to be April 30-May 2, 2015.**

THERAPEUTIC SPRING BOWLING 🎳
Spring is hoppin’ and the bowling alley is the place to be. This bowling program includes shoe rental and two games each week. This season will be eight weeks and is just for fun! This program is designed for individuals with disabilities.

Instructor: Kris Jacobs  Bowling fee: $5 each week
Location: Chandler AMF Bowling Center – 1900 N. Arizona Ave
Resident fee: $20  Non-resident fee $27  all registration fees are paid by RAD
Sa 2/28-4/18  Noon-1:30 p.m.  16 yrs+

THERAPEUTIC ADULT SUMMER BOWLING 🎳
Cool off from the heat, bowl with friends and be part of a team. This program is for everyone and can be modified to meet anyone’s needs. This bowling program includes shoe rental and two games each week. The season is eleven weeks and concludes with a party on the last day.

Instructor: Kris Jacobs  Bowling fee: $5 each week
Location: Chandler AMF Bowling Center – 1900 N. Arizona Ave
Resident fee: $20  Non-resident fee $27  all registration fees are paid by RAD
Sa 5/17-8/2  9:30-11:30 a.m.  16 yrs+

SPECIAL OLYMPICS TRACK TEAM 🏃
Run or walk, throw a softball or shot put. Come try a new skill, plus get in shape with the track team. This program concludes with competition for Special Olympics Summer Games. Attendance at practice is very important while training for a sport.

Instructor: Logann Gregg
Location: Hamilton High School Track - 3700 S. Arizona Ave.
Resident fee: $20  Non-resident fee $27  all registration fees are paid by RAD
Tu 2/10-4/28  6-7 p.m.  6-21 yrs
Tu 2/10-4/28  7-8 p.m.  22 yrs+

Sponsored by RAD
FREE!
APRIL 17 • 6:30-9 p.m.
COMMUNITY CENTER • 125 E. Commonwealth Ave.

FRIDAY NIGHT SOCIAL CLUB (FNSC) is...
an opportunity to go into the community with friends and enjoy an evening out. This program is designed for teens and adults ages 16 and older with disabilities. For a more complete listing of FNSC events, please consult the “Talk of the Town” Newsletter, go to www.chandleraz.gov/therapeutic, or call 480-782-2709.

Camp Challenge is...
a six-week summer day camp for school-age children and teens with developmental disabilities, held in June and July. Trained staff will implement the program, which includes arts and crafts, individual and group games, music therapy, daily swimming, story time and more.

Registration will begin April 8 for Chandler residents ($275); April 15 for non-residents ($372).

Call Collette Prather at 480-782-2709 to be placed on the mailing list.

Disability Awareness Awards
Do you know an employer of individuals with disabilities?
Do you know of a volunteer who has done some extraordinary work with individuals with special needs?
How about a student with disabilities who stands out?
The Chandler Mayor’s Committee for People with Disabilities likes to award these efforts during Disability Awareness Month in March.
For more information on how to nominate someone, contact Collette Prather at 480-782-2709 or visit our web site at www.chandleraz.gov/therapeutic for the application.
Applications are due February 9, 2015.

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