

Lunch Menu

Aug. 2016

The suggested donation for guests over 60 years is \$2.50. The cost for guests under 60 years is \$4.00.

Contributions above the suggested donation are always appreciated.

The Gilbert & Chandler Senior Centers, along with Chandler Christian Community Center like to thank The United Way, The Town of Gilbert The City of Chandler, and Area Agency on Aging for their continued donations to our Meal Program.

Menus are SUBJECT TO CHANGE. Lunch is served at 11:30 am M-F

MON 1 Cheeseburger 4 Way Veggies Potato Wedges OR Soup & Salad Tropical Fruit	TUE 2 Chicken Chimi California Blend Spanish Rice OR Soup & Salad Pineapple	WED 3 Cod Strips Fried Purple Cabbage w/Carrots Buttered Corn OR Soup & Salad Watermelon	THUR 4 Pork Tenderloin Mashed Potatoes Kale & Spinach OR Soup & Salad Cran Applesauce	FRI 5 Jr. Turkey Club Sand Potato Salad Tomato Basil Soup OR Soup & Salad Orange
MON 8 Swedish Meatballs Garlic Cauliflower Carrots OR Soup & Salad Peaches & Yogurt	TUE 9 Beef Tacos Chuckwagon Corn Broccoli OR Soup & Salad Mangoes w/Chili	WED 10 Mole' Pork Chops Cilantro Mashed Potatoes Toms, Zuc, Squash OR Soup & Salad Orange	THUR 11 Lemon Pepper Chick Capi Vegetables Asian Blend OR Soup & Salad Fruit Cocktail	FRI 12 Crab Cake Spinach Salad Carribean Mix OR Soup & Salad Pears
MON 15 BBQ Pulled Pork Jicama Coleslaw Potato Wedges OR Soup & Salad Apple	TUE 16 Chicken Fried Steak Mashed Potatoes Winter Blend OR Soup & Salad Berries w/Yogurt	WED 17 Bean Burrito Spanish Rice Corn w/Peppers OR Soup & Salad Pina Colada	THUR 18 Roast Beef Cheddar Sandwich Cole Slaw Edamame Salad OR Soup & Salad Pears	FRI 19 Roasted Chicken Avocado Tomato Cucumber Salad Carrots OR Soup & Salad Wmelon,lime,Cilant
MON 22 Chk Cordon Bleu Carrots Collard Greens OR Soup & Salad Orange	TUE 23 Lemon Tilapia Chinese Cabbage Stewed Tomatoes OR Soup & Salad Honeydew Melon	WED 24 Citrus Beef Carrots Broccoli OR Soup & Salad Apple Cobbler	THUR 25 Breakfast for Lunch Spinach Parm V-8 Juice OR Soup & Salad Tropical Fruit	FRI 26 Turkey Burger Sweet Potato Fries Peas and Carrots OR Soup & Salad Cranberry Juice
MON 29 Ribette Malibu Blend Baked Beans OR Soup & Salad Cantaloupe	TUE 30 Potato Bar Pea Salad Carrot Raisin Salad OR Soup & Salad Pears	WED 31 Veggie Lasagna Oriental Blend Cauliflower OR Soup & Salad Pineapple	<p>If you have any questions please let us know. Chandler Kitchen 480-782-2721 Brianna/Outreach Specialist 480-503-6061 Pat/Home Delivered Meals 480-503-6058</p>	