

# Lunch Menu

## Nov. 2016

The suggested donation for guests over 60 years is \$2.50. The cost for guests under 60 years is \$4.00.

Contributions above the suggested donation are always appreciated.

The Gilbert & Chandler Senior Centers, along with Chandler Christian Community Center like to thank The United Way, The Town of Gilbert The City of Chandler, and Area Agency on Aging for their continued donations to our Meal Program.

Menus are SUBJECT TO CHANGE.

Lunch is served at 11:30 am M-F

	TUE 1 Turkey Breast Sage Parm Yams Winter Blend OR Soup & Salad Grape Juice	WED 2 Sloppy Joes Carrots Italian Cauliflower OR Soup & Salad Mandarin Oranges	THUR 3 Veggie Lasagna Succotash Scandinavian Veg. OR Soup & Salad Fruit Cocktail	FRI 4 Chicken Parmesan Creamed Spinach Parsnips OR Soup & Salad Pumkin Pie
MON 7 Chicken Burger Bermuda Veg Blend Chuckwagon Corn OR Soup & Salad Apricot & Plums	TUE 8 Salisbury Steak Garlic Mashed Peas & Carrots OR Soup & Salad Tropical Fruit	WED 9 Teriyaki Pork Honey Ging.Carrots Oreintal Blend OR Soup & Salad Mango Pudding	THUR 10 Chicken Salad Sand. Potato Salad Romaine Salad OR Soup & Salad Orange	FRI 11 <b>CLOSED</b>
MON 14 Biscuit & Gravy 15 Way Veggies Sweet Potatoes OR Soup & Salad Cranberry Juice	TUE 15 Roasted Chicken Broccoli Carrot Coins OR Soup & Salad Peaches	WED 16 Beef Stroganoff Stewed Tomatoes Green Beans OR Soup & Salad Pears	THUR 17 <u>Give Thanks Day</u> Ham & Turkey Mashed Potatoes Green Beans Sweet Potato Pie	FRI 18 Stuffed Shells Capri Veggies Spinach & Kale OR Soup & Salad Straw/Pineapple
MON 21 Italian Veggie Burger Country Potatoes Cabe Code Veggies OR Soup & Salad Fruit Cocktail	TUE 22 Beef Stew Coleslaw OR Soup & Salad Cantaloupe w/Jello	WED 23 Chicken w/Ginger Green Beans Oriental Veggies OR Soup & Salad Gingered Plums	THUR 24 <b>CLOSED</b>	FRI 25 <b>CLOSED</b>
MON 28 BBQ Chicken Au Gratin Potatoes Cauliflower OR Soup & Salad Pineapples	TUE 29 Hungarian Goulash Carrots Broccoli OR Soup & Salad Spiced Pears	WED 30 Ham&Cheddar Sand. Potato Salad Coleslaw OR Soup & Salad Orange	<p>If you have any questions please let us know.  <b>Chandler Kitchen</b>            480-782-2721  <b>Outreach Specialist</b>            480-503-6061  <b>Pat/Home Delivered Meals 480-503-6058</b></p>	