

# Lunch Menu

## Feb 2016

The suggested donation for guests over 60 years is \$2.50. The cost for guests under 60 years is \$4.00.

Contributions above the suggested donation are always appreciated.

The Gilbert & Chandler Senior Centers, along with Chandler Christian Community Center like to thank The United Way, The Town of Gilbert The City of Chandler, and Area Agency on Aging for their continued donations to our Meal Program.

Menus are SUBJECT TO CHANGE.

Lunch is served at 11:30 am M-F

<b>MON 1</b> Lemon Pep. Tilapia 3 Way Veggie Stewed Tomatoes OR Soup & Salad Fruit Cocktail	<b>TUES 2</b> Manicotti Cauliflower Lyonnaise Carrots OR Soup & Salad Spiced Apples	<b>WED 3</b> Stuffed Cabbage California Blend Mashed Sweet Potatoes OR Soup & Salad Orange	<b>THUR 4</b> Open-faced Turkey Sandwich Mashed Potatoes Carrots/Green Bean OR Soup & Salad Cran/Applesauce	<b>FRI 5</b> Chicken Cornbread Casserole Malibu Veggies Roasted Corn OR Soup & Salad Peaches & Basil
<b>MON 8</b> Pork Chop Purple Cabbage Onion Mash Potatoes OR Soup & Salad Apricots	<b>TUE 9</b> Beef Taco Rancho Blend Veg Zuc,Squash,&Tom OR Soup & Salad Pineapple	<b>WED 10</b> Garden Burger Au Gratin Potatoes Chuckwagon Corn OR Soup & Salad Sliced Pears	<b>THUR 11</b> Beef Stroganoff Edamames&Peppers Squash OR Soup & Salad Orange	<b>FRI 12</b> Sausage Gravy Biscuit Spinach Sweet Potatoes OR Soup & Salad Strawberr&Yogurt
<b>MON 15</b> <b>CLOSED</b>	<b>TUE 16</b> Beer-Battered Cod Coleslaw French Fries OR Soup & Salad Tropical Fruit	<b>WED 17</b> Baked Chicken Bermuda Blend Cauliflower OR Soup & Salad Plums,Cinn,&Ginger	<b>THUR 18</b> Ribette Sweet Potato Mash Peas & Carrots OR Soup & Salad Mandarin Oranges	<b>FRI 19</b> Veggie Lasagna Broccoli Salad Caesar Salad OR Soup & Salad Red Apple
<b>MON 22</b> Chuck Roast Roasted Potatoes Carrots & Onions OR Soup & Salad Poached Pear	<b>TUE 23</b> Chicken Salad Sand. Garden Veggie Soup Spinach Salad OR Soup & Salad Fruit Salad	<b>WED 24</b> Teriyaki Pork Oriental Blend Bok Choy OR Soup & Salad Pineapple	<b>THUR 25</b> Pasta w/Meat Sauce Baby Carrots Succotash OR Soup & Salad Applesauce	<b>FRI 26</b> Salmon Broccoli Stewed Tomatoes OR Soup & Salad Berries w/Yogurt
<b>MON 29</b> Eggs & Ham Steak Spinache Artichoke Hashbrowns OR Soup & Salad Mangoes	<p>If you have any questions please let us know.</p> <p><b>Chandler Kitchen</b>            480-782-2721            Brianna/ Outreach Specialist            480-503-6061            Pat/Home Delivered Meals            480-503-6058</p>			

