



THERAPEUTIC RECREATION CONTACT

Collette Prather, 480-782-2709 | collette.prather@chandleraz.gov
 All class fees are paid during the registration process. All instructor and supply fees must be paid to your instructor at the first class.



2016 APRA Outstanding Adaptive Award: Chandler Fun Run, Chandler Mayor's Committee for People with Disabilities

Therapeutic Recreation Philosophy

At the City of Chandler Therapeutic Recreation Program, our mission is to enhance the quality of life for individuals with physical, mental, emotional, or social limitations.

We strive to facilitate the development, maintenance and expression of an appropriate leisure lifestyle for individuals with developmental disabilities. Participants typically are part of one or more of the following areas: sheltered workshop, special education classes and one whose mental and/or physical disability limits that person from participating in regular recreation.

Registration Procedures

Individuals who meet the criteria represented in the philosophy above and who are interested in joining these programs should contact the Chandler Recreation Division in order to receive the monthly calendar, quarterly newsletter, flyers and other information regarding our programs.

Participants interested in Special Olympics sports need to complete an Arizona Special Olympics Medical Form in order to compete.

Please contact Collette Prather at 480-782-2709 to be placed on the email list and/or to obtain a registration form or medical release form. Or you can visit:

chandleraz.gov/therapeutic



HALLOWEEN DANCE

FRIDAY, OCT. 20 • 6:30-9 p.m.

Chandler Community Center – 125 E. Commonwealth Ave.

Come show off your costume and dance the night away at our annual dance. See friends from all over the Valley and visit the haunted house, play games and make great memories.

- COSTUME CONTEST
- GAMES & FUN

Reg. Code: 1TR010

Sponsored by

City of Chandler & City of Mesa

PRE-REGISTRATION REQUIRED!

KEY



This icon denotes that this class will be engaging in activities that will increase your child's heart rate and metabolism.
Promotes Fitness!

Special Interest Classes

THERAPEUTIC 5K RUNNING CLUB

This is your chance to train at various parks/trails around Chandler and then be prepared for one of the local area 5K races in February 2018. Each participant will need a running partner; partners should also register. This program is designed for individuals with disabilities. Practice locations will be given out the first night. The race is tentatively scheduled for 2/10/18 in Tempe.

Instructor: Sarah Mezo

Location: Tumbleweed Park, Gila Monster Pavilion

Resident fee: \$26 Non-resident fee: \$36

1TR001 M 11/27-2/5* 4:30-5:30 p.m. 12 yrs+

*No practice 12/25 & 1/1

THERAPEUTIC ALL-STARS

Have you ever wanted to have a chance to be in a movie? Participants will learn about movie making and learn lines to a short film. This class will teach some basic acting skills and film a short movie at the end.

Instructor: Jon Baranick

Location: Tumbleweed Recreation Center, 745 E. Germann Rd.

Resident fee: \$25 Non-resident fee: \$34

1TR002 Th 10/26-11/30* 6-7:30 p.m. 5 yrs+

*No class 11/23

THERAPEUTIC HORSEBACK RIDING

This program is specifically designed for children, teens and adults with disabilities. Riders will learn a new level of freedom and movement while improving self-esteem and socialization. They will benefit physically, emotionally and mentally. Riders will also learn to care for the horses while riding.

Instructor: Teri Chambers

Instructor fee: \$150 Supply fee: \$0

Location: Valley Silver Bullets, 43757 N. Coyote Rd. San Tan Valley, 85140

Resident fee: \$42 Non-resident fee: \$57

1TR003 M 9/11-11/20 6-7 p.m. 5 yrs+

THERAPEUTIC SKILLS IN ACTION

Do you struggle with social skills? Are you looking for a fun way to improve your skills? We will play some games to work on social interaction and make new friends.

Instructor: TBD

Location: Chandler Senior Center, Game Room

Resident fee: \$22 Non-resident fee: \$30

1TR004 Tu 9/12-10/17 7-8 p.m. 14 yrs+

THERAPEUTIC ZUMBA®

Come dance to Latin music and learn some exercise moves. We want to take the "work" out of workout by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. This program is designed for individuals with disabilities.

Instructor: Susan Alonzo

Location: Chandler Senior Center, Multipurpose room

Resident fee: \$18 Non-resident fee: \$25

1TR005 Tu 9/12-10/17 6-6:45 p.m. 14 yrs+

Special Olympics & Unified Sports

****All Special Olympics and Unified Sports require at least 75% attendance rate in order for an athlete to participate in state competition. Every athlete must have a current physical on file in Chandler before the first night of practice. Registration fees charged to participants help provide City staffing, uniforms and transportation. This fee is not charged by Special Olympics Arizona.****



THERAPEUTIC SOCCER



Kick the ball, run the field, and score! Have you played soccer before? New to soccer this year? Then come play with us. Games will be on Wednesday nights as well. Practice for under 16 will end at 7 p.m. and adults will stay until 7:30 p.m.

Instructor: TBD

Location: Snedigar Sportsplex, Field 4

Resident fee: \$20 Non-resident fee: \$27 all registration fees are paid by RAD

1TR006 W 9/27-12/6 6-7:30 p.m. 6 yrs+

*No practice 11/22

THERAPEUTIC FLOORBALL (FORMERLY FLOOR HOCKEY)



Come inside and play floorball. Learn a new sport. This game is not for the weak at heart. Sticks and helmets are used to play floorball. Come play with the team. This program is designed for individuals with disabilities.

Instructor: Austin Rector

Location: Tumbleweed Recreation Center, 745 E. Germann Rd.

Resident fee: \$20 Non-resident fee: \$27 all registration fees are paid by RAD

1TR007 Th 11/9-1/25/2018* 4-5:30 p.m. 14 yrs+

*No practice 11/23, 12/21 & 12/28.

THERAPEUTIC UNIFIED BOWLING



Two athletes, two partners. Together we can accomplish more. This is a great program for bowlers to become better. There is space for 12 teams of bowlers. There will be one mid-season competition in Mesa in mid-November 2017. Please plan to attend with your team. This will be a 16-week league.

Instructor: Kris Jacobs Bowling fee: \$12/week

Location: Chandler AMF Lanes, 1900 N. Arizona Ave.

Resident fee: \$20 Non-resident fee: \$27 all registration fees are paid by RAD

1TR008 Tu 9/19-1/23/18* 6:30-9 p.m. 16 yrs+

*No bowling 12/26

THERAPEUTIC YOUTH FALL BOWLING



It's hot outside so come inside and bowl. Chandler kids can come share in the excitement of our programs and learn the fun of bowling. The season will include one area competition in November 2017.

Instructor: TBD

Bowling fee: \$5/week

Location: AMF Chandler Bowling Center, 1900 N. Arizona Ave.

Resident fee: \$20 Non-resident fee: \$27 all registration fees are paid by RAD

1TR009 Sa 9/9-11/4* 10-11:30 a.m. 6-21 yrs

*No bowling 9/18 & 10/14



SAVE THE DATE

AND HELP SUPPORT



PRESENTED BY THE MAYOR'S COMMITTEE FOR PEOPLE WITH DISABILITIES AND

21st Annual CHANDLER GOLF CHALLENGE FRIDAY NOV. 10, 2017

12:30 p.m. SHOTGUN START

Golf tournament benefits individuals with disabilities in Chandler by offering educational scholarships and supporting Special Olympics programs offered in Chandler. The tournament includes a round of golf, cart, dinner, raffle and more. Fees are as follows:

\$85 per person - includes a polo shirt • Reg. Code: 1TR013

\$325 per foursome - Includes polo shirts • Reg. Code: 1TR014

\$425 per foursome - Includes teebox sign, polos and dinner • Reg. Code: 1TR015

Please call for more sponsorship opportunities.



Register online with the registration codes provided! at chandleraz.gov/therapeutic.

BEAR CREEK

500 East Riggs Rd.
(just east of Arizona Ave.)

Call Collette Prather at 480-782-2709 to be placed on the mailing list.

Special Olympics and Unified Sports Medical Forms Policy

ALL athletes competing in any Special Olympics sport **must** have a current Arizona State Special Olympics medical form on file with the City of Chandler **BEFORE** beginning practice for any sport!

There is a specific form to be filled out by the doctor, as well as the family. It is suggested that you keep a copy of your current physical.

You can get the medical form from Special Olympics Arizona at

specialolympicsarizona.org,

then click on forms, then print **ALL PAGES** of the form.

If you are unsure whether or not your medical form is up to date, please call Collette Prather 480-782-2709.

VOLUNTEERS ARE ALWAYS WELCOME!

There are many ways that you can help out with Special Olympics sports, classes, socials, or special programs. If you are a positive role model and interested in helping out with any of the fun and inspiring programs, please call Collette Prather at 480-782-2709. You'll be glad that you made a difference!

WHAT IS RAD?

Recreation & Athletics for Individuals with Disabilities was created with the motto "RAD pays so others can play". Check out their website to learn how they support Chandler Special Olympics programs at supportrad.com.



Special Olympics Arizona



Athletes participation in the sports programs with this symbol are eligible to compete in Special Olympics Arizona (SOAZ).

* Registration fees, paid by RAD, help provide City staffing, uniforms and transportation. This fee is not charged by Special Olympics Arizona.