

# November

# 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:30 Yoga for Golf 9:30 Gentle/Stretch Yoga 12:00 Sr Strength	2 8:30 Yoga for Athletes 9:30 Chair Yoga 11 Sr Watercolor - \$	3 11 Sr Drawing - \$ 12:30 Sr Bingo	4	5 11 Sr Strength 11:30 Sr Cooking	6
7	8 8:30 Yoga for Golf 9:30 Gentle/Stretch Yoga 12:00 Sr Strength	9 8:30 Yoga for Athletes 9:30 Chair Yoga 11 Sr Watercolor - \$	10 11 Sr Drawing - \$ 12:30 Sr Bingo	11	12 11 Sr Strength 11:30 Sr Cooking	13
10	15 8:30 Yoga for Golf 9:30 Gentle/Stretch Yoga 12:00 Sr Strength	16 8:30 Yoga for Athletes 9:30 Chair Yoga 11 Sr Watercolor - \$	17 11 Sr Drawing - \$ 12:30 Sr Bingo	18	19 11 Sr Strength 11:30 Sr Cooking	20
21	22 8:30 Yoga for Golf 9:30 Gentle/Stretch Yoga 12:00 Sr Strength	23 8:30 Yoga for Athletes 9:30 Chair Yoga 11 Sr Watercolor - \$	24 11 Sr Drawing - \$ 12:30 Sr Bingo	25	26	27
28	29 8:30 Yoga for Golf 9:30 Gentle/Stretch Yoga 12:00 Sr Strength	30 8:30 Yoga for Athletes 9:30 Chair Yoga 11 Sr Watercolor - \$				