



# Therapeutic Recreation

# Talk of the Town

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## What is RAD?

Recreation & Athletics For Individuals with Disabilities was created with the motto "RAD pays so others can play". Check out their website to learn how they support Chandler Therapeutic programs at [www.supportrad.org](http://www.supportrad.org).

### Amazon Smile...

**Start With a Smile,** Amazon donates 0.5% of the purchase price to Recreation And Athletics For The Disabled. Bookmark the link <http://smile.amazon.com/ch/20-1502346> and support us every time you shop.

### Therapeutic Recreation Coordinator I:

Collette Prather, CTRS  
 Contact: (480) 782-2709, or [collette.prather@chandleraz.gov](mailto:collette.prather@chandleraz.gov)



**SAVE THE DATE** AND HELP SUPPORT



PRESENTED BY THE MAYOR'S COMMITTEE FOR PEOPLE WITH DISABILITIES AND Dignity Health.

2<sup>nd</sup> Annual  
**CHANDLER**  
 GOLF CHALLENGE **NOVEMBER 9**

**12:30 p.m. SHOTGUN START**

This tournament benefits individuals with disabilities in Chandler by offering educational scholarships and supporting Special Olympics programs in Chandler.

\$85/person - Includes a polo shirt (1TR013)

\$325/foursome - Includes polo shirts (1TR014)

\$425/foursome - Includes teebox sign, polos and dinner (1TR015)

*Register online with the codes provided above!*

Collette Prather | 480-782-2709.



**FREE**  
Sponsored by RAD

2ND ANNUAL

# RAD BOWL-A-THON

**SATURDAY, AUGUST 18, 2018**

Check-in at 9:30 a.m. • Bowling from 10 a.m.-noon

**CHANDLER AMF LANES - 1900 N. Arizona Ave.**

- \$20 per bowler
- \$50 or more in pledges will earn a t-shirt.
- Prizes for the most pledges and more.

Registration and pledges can be made online. To get to the link visit **[chandleraz.gov/therapeutic](http://chandleraz.gov/therapeutic)**.



*Create a team and start collecting pledges!*

Registration and pledges can be made online. All pledges go to benefit the athletes who participate in Chandler Therapeutic sports and other great city programs. To register, visit <https://www.bowlathon.net/event/rad-bowlathon-2018/>

## FRIDAY NIGHT SOCIAL CLUB

## SEPTEMBER, OCTOBER AND NOVEMBER SOCIALS

**FRIDAY, SEPTEMBER 7, 2018—BINGO AND PRIZES**

Let's play Bingo. Come play for some fun prizes and socialize with friends.

- **Registration Code: 1TR101**
- Cost: \$3 Residents, \$5 Non-residents
- Caregivers DO NOT need to register for this.
- Ages 16 and older
- Event Location: Chandler Senior Center—202 E. Boston St.
- Drop off time: 6:30 p.m./Pick up time: 8:30 p.m.

**FRIDAY, SEPTEMBER 21, 2018—FALL BBQ AND GAMES**

Fall is a great time to be outside. Come play games and eat some yummy food with us. Bring a side dish to share. Last name A-L Side Dish, M-Z Dessert

- **Registration Code: 1TR102**
- Cost: FREE but please pre-register
- Caregivers should register for this.
- Ages 16 and older
- Drop-off location: Desert Breeze Park—660 N. Arizona Ave.
- Drop-off time: 6 pm: /Pick-up time: 8 pm

**FRIDAY, OCTOBER 5, 2018—SCHNEPF FARMS PUMPKIN AND CHILI PARTY**

Let's visit the farm, watch some pig races, ride the go carts and eat some chili. Bring an extra \$15 if you wish to eat.

- **Registration Code: 1TR103**
- Cost: \$15 Residents, \$21 Non-residents.
- Caregivers DO need to register for this.
- Ages 16 and older
- Drop off Location: Chandler Senior Center—202 E. Boston St.
- Drop-off time: 5 p.m./Pick-up time: 10 p.m.

**FRIDAY, OCTOBER 19, 2018—HALLOWEEN SPOOKTACULAR BASH**

It's time to get out those costumes and come party. There will be food, dancing and some prizes.

- **Registration Code: 1TR104**
- Cost: Free but please pre-register.
- Caregivers DO NOT need to register for this.
- Ages 16 and older
- Drop-off/Pick-up Location: Chandler Community Center—125 E. Commonwealth Ave.
- Drop-off time: 6:30 p.m./Pick-up time: 9 p.m.

**FRIDAY, NOVEMBER 2, 2018—KARAOKE AND TREATS**

Bring out your best singing voices and your favorite CD or song of choice and sing.

- **Registration Code: 1TR105**
- Cost: \$3 Residents, \$5 Non-residents
- Caregivers DO NOT need to register for this event.
- Ages 16 and older
- Event Location: Chandler Senior Center—202 E. Boston St.
- Drop-off time: 6:30 p.m./Pick-up time: 8:30 p.m.

**ARE YOU BETWEEN THE AGES OF 12-21? CHECK OUT THE YOUNG SOCIALS CLUB**

**Saturday, September 15—Karaoke Dance Party**—Dance to some line dances and sing karaoke to some of your favorite songs. Please pre-register.

- **Registration code: 1TR107**
- Location: Chandler Senior Center
- Time 4:30-6:30 pm
- Cost: Free

**Saturday, October 20— Fall Halloween Dance**—Get out your costume and come dance. There will be games, treats and lots of music.

- **Registration code: 1TR108**
- Location: Chandler Senior Center
- Time 6:30-8 pm
- Cost: Free

**Friday, November 16— Jake's Unlimited**—There's dinner, rides and games to play too. We will sign up for laser tag and have a blast. Please pre-register. Caregivers must pay \$12 cash at the door to enter and eat.

- **Registration Code: 1TR109**
- Location: Jake's unlimited—1830 E. Baseline Rd, Mesa
- Time: 5:30-9 pm. Limited to 15 people.
- Cost: \$15 residents, \$21 non-residents

**SATURDAY, NOVEMBER 17, 2018—JESTERZ & DINNER**

Come out for comedy. Laughter is contagious. Come share in some clean fun impromptu comedy after a filling dinner.

- **Registration Code: 1TR106**
- Cost: \$15 Residents, \$21 Non-residents
- Bring money for dinner on the way to Jesterz
- Caregivers DO need to register for this event.
- Ages 16 and older
- Drop off/Pick up Location: Chandler Senior Center—202 E. Boston St.
- Drop-off time: 5:15 p.m./Pick-up time: 9:45 p.m.

## SPORTS AND CLASSES

**COOKING**

Bon appetite! We're cooking up some fun for individuals with disabilities. Using fresh ingredients, each week, chefs learn new recipes and how to make healthy choices in the kitchen when snacking and cooking at home. This hands-on cooking class gives young foodies the confidence to try new dishes.

Instructor: Recreation Staff

Location: Tumbleweed Recreation Center, Kitchen  
745 E. Germann Rd.

Resident fee: \$21 Non-resident fee: \$29

Registration Code: 4TR001

Thursdays, October 4-October 25, 2018  
5:30-7 p.m.

14 yrs+

**OUT 'N ABOUT**

Explore the whizzing world of transpiration as you discover the Chandler community. You'll also learn essential manners and social skills to become polite and self-assured young ladies and gentlemen. From courtesy to conversation skills to dining etiquette you'll have tons of fun while you learn to mind your manners.

Instructor: Lani Redmond

Location: Chandler Senior Center

Registration Code: 1TR002

Resident Fee: \$28 Non-Resident Fee: \$38

Tuesdays, September 18-October 9

6:30-8 p.m. 16 yrs+

**ZUMBA**

Energize your body and improve your flexibility as you shake, lunge, and groove to Latin and international dance rhythm which combines a dance workout with a party-like atmosphere. Therapeutic Zumba takes the popular Latin-dance inspired workout of Zumba and makes it accessible for individuals with disabilities, beginners, and others needing modifications in their exercise routine.

Instructor: Susan Alonzo

Location: Chandler Senior Center- 202 E. Boston St.

Registration Code: 1TR003

Resident Fee: \$16 Non-Resident Fee: \$22

Wednesdays, October 17-November 28

\*No class on 10/31, 11/21

6-6:45 p.m.

14 yrs+

**WHAT IS RAD?**

Do you love not paying for sports? Do you know that RAD pays so athletes can play? RAD is the non-profit that helps to FUND programs to keep cost down and participation up. Chandler does not want you to be home because you cannot afford to pay.

All programs RAD supports are currently offered by the City of Chandler Therapeutic Recreation program. The coaches you love, the staff you see are ones running the programs but RAD helps the athletes to keep the cost down.

How can you help?

- Does your company do employee volunteer time match? Think about volunteering with a RAD committee and receive financial support to RAD from your company or just come volunteer with us.
- Do you want tax benefits?: Make a donation to RAD as a charity and receive a credit on your taxes. \$400 per individual and \$800 for a couple.
- Committee members and board members wanted. Come to our next board meeting on August 28 at 6:30 pm at the Chandler Senior Center to see how you might help.
- Call Collette at 480-782-2709 for more information.

**UNIFIED BOWLING**

Be bowled over and strike up some fun with Adult Fall Bowling. Grab your socks and favorite bowling ball and enjoy several weeks of non-competitive bowling alongside a non-disabled partner. Each week includes shoe rental and three games. The season ends with a party that is sure to be right up your alley. This program is designed for individuals with disabilities.

Location: Chandler AMF Bowling Center  
1900 N. Arizona Ave.

Registration Code: 4TR206

Resident Fee: \$0 Non-Resident fee: \$0

Fee: \$12/week and \$1 absent fee

Tuesdays, October 2– January 29, 2019

6:30-9 pm. 16 yrs+

There are no registration fees to participants as all registration fees are paid by RAD.

**SOCIALS PLANNING COMMITTEE**

- Socials are fun and we want your input. Starting in October, we will meet quarterly to research new socials, evaluate past ones and plan for the future. First meeting will be October 18 from 5-6 pm. We will be planning for both the Young Socials Club as well as the Friday Night Social Club.
- Contact Collette to join the group. 480-782-2709





## SPORTS AND CLASSES

**FLOOR HOCKEY**

Hit the floor with Therapeutic Floor Hockey. A fun, competitive hockey skills program. Therapeutic Floor Hockey introduces basic hockey skills, teamwork and sportsmanship to individuals with disabilities. Players will learn puck-handling, passing and shooting techniques and defensive positioning.

Location: Tumbleweed Rec Center

Registration Code: 1TR203

Resident Fee: \$0 Non-Resident Fee: \$0—Fees paid by RAD

November 8-February 7, 2019

Thursdays 4-5:45 p.m.

12+ yrs

\*No practice November 22 and December 27

**SOCCER**

Come kick it! A fun, soccer skills program, therapeutic soccer introduces basic soccer skills, agility, teamwork and sportsmanship to individuals with disabilities.

Players will learn to kick, pass and score. Season will include a few games and a tournament.

Location: Snedigar Sportsplex Field 5

Registration Code: 1TR205 6-7:30 p.m. 16 yrs+

Registration Code: 1TR204 6-7 pm 6-15 yrs

Resident Fee: \$0 Non-Resident Fee: \$0—Fees paid by RAD

Wednesdays, October 3—December 5, 2018

\*No class on September 3rd

All registration fees are paid by RAD

**5K RUNNING CLUB**

This is your chance to train at various parks/trails around Chandler and then be prepared for one of the local area 5K races. Each participant will need a running partner; This program is designed for individuals with disabilities. Practice locations will be given out the first night. The race we will participate in, will be in early February.

Starting Location: Chandler Tennis Center Parking Lot—  
2250 S. McQueen Rd., Chandler

Registration Code: 1TR004

Resident Fee: \$26 Non-Resident fee: \$36

Mondays, November 19– February 4, 2019

4:30-5:30 p.m. 14 yrs+, bring a running partner too.

**YOUTH FALL BOWLING**

This class is for youth with disabilities to be able to play and be out of the heat. Youth will bowl two games each week and the season will end with a party and an optional tournament for Special Olympics.

Location: Chandler AMF Bowling Center  
1900 N. Arizona Ave.

Registration Code: 1TR202

Resident Fee: \$0, Non-Resident Fee: \$0

Weekly bowling fee: \$6/week and \$1 absent fee

Saturdays, September 8-November 3, 2018

10-11:30 a.m. Ages 6-15

There are no registration fees to participants as all registration fees are paid by RAD. Participants are responsible for the weekly bowling fee.

**Reminders about upcoming registration and rules of participation****August 4 Residents and August 10 Non-residents**

In order to provide a safe and fun environment for everyone, it is important that these guidelines be followed when participating in our various programs.

- **Emergency Contacts**— It is the responsibility of the parent/guardian to ensure that current emergency phone numbers are on file with the Therapeutic Recreation Program. This is critical in the event of a medical or behavioral emergency.
- **On Time Arrival/Pick Up**—Staff are only onsite 15 minutes prior to events and only stay 15 minutes past pick up time. Caregivers/parents should please ensure that arrival and pick up is on time and not too early or too late.
- **Personal Care Needs**— Persons needing assistance with feeding, toileting, dressing or medication administration during a program or class are responsible for making their own arrangements for this assistance. City staff are not able provide this assistance.
- **Appropriate social behavior**— Participants will refrain from behavior which would negatively impact the program (hitting, kicking, inappropriate language, refusing to stay with the group, etc). Repeated incidents can lead to a participant being prohibited from participating in future activities.
- **Caregiver/Parent participation**—We wish to ask that caregivers who register for events, please first give priority to participants in the program and then take their turn (i.e table space, food, transportation, etc.). Caregivers are asked to only register for events when catered food is provided or tickets are purchased.

**Individuals must have a current medical release form on file the first night of practice if they wish to compete in Special Olympics competition. The form can be found at [www.chandleraz.gov/therapeutic](http://www.chandleraz.gov/therapeutic). All registration fees for sports are paid by RAD, Recreation and Athletics for individuals with Disabilities.**



# City of Chandler Parks and Recreation Division Therapeutic Activity Registration Form

The City of Chandler Therapeutic Recreation program offers a 1:8 ratio or better of staff/volunteer to participants at each event. If you require more assistance, you are encouraged to provide your own caregiver. Caregivers must register on a separate registration form for each event they attend.

Name \_\_\_\_\_ Additional Attendees \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Best Contact # \_\_\_\_\_ Email address \_\_\_\_\_

Parent Name \_\_\_\_\_ Emergency Phone# \_\_\_\_\_ Birthdate \_\_\_\_\_

Allergy information (If any): \_\_\_\_\_

Activity: \_\_\_\_\_ Activity Code: \_\_\_\_\_ Fee: \_\_\_\_\_ Scholarship  Van:

Activity: \_\_\_\_\_ Activity Code: \_\_\_\_\_ Fee: \_\_\_\_\_ Scholarship  Van:

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Activity: \_\_\_\_\_ Activity Code: \_\_\_\_\_ Fee: \_\_\_\_\_ Scholarship  Van:

Total Enclosed: \_\_\_\_\_

Form of Payment:

\_\_\_\_\_ Cash \_\_\_\_\_ Check # \_\_\_\_\_

Credit Cards are no longer accepted on written forms. They are only accepted when registration takes place in person.

### HOLD HARMLESS AGREEMENT

I understand that the City of Chandler does not carry accident insurance for these programs. I agree to indemnify and hold harmless the City of Chandler from all losses or injuries sustained during my participation. I also give my permission for any photos/videos taken of participants to be used by the City of Chandler.

\_\_\_\_\_  
Parent, legal guardian, provider or participant (if over 18)

\_\_\_\_\_  
Date

Please return registration form to:

Mail to:  
Chandler Parks and Recreation  
Attention: Therapeutic Recreation Program  
Mail Stop 501, PO Box 4008  
Chandler, AZ 85244-4008

Walk in:  
Chandler Senior Center  
202 East Boston Street  
Chandler, AZ 85225

Fax number: 480-782-2725

E-mail: [Loretta.colson@chandleraz.gov](mailto:Loretta.colson@chandleraz.gov) or [collette.prather@chandleraz.gov](mailto:collette.prather@chandleraz.gov)

Check out the new online system...[chandleraz.gov/registration](http://chandleraz.gov/registration)...it's easy, free and paperless.