



Therapeutic Recreation

Talk of the Town

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Medical release for all sports

Every athlete who wishes to participate in therapeutic sports in Chandler must have a medical release form on file in the Therapeutic Recreation office by the first night of practice. The medicals are good for three years. Please be sure to check whether or not yours is current when you register. There is a form on our website to use for medicals. Forms can be found at chandleraz.gov/therapeutic.

Therapeutic Recreation Coordinator I:

Collette Prather, CTRS
 Contact: (480) 782-2709, or collette.prather@chandleraz.gov



What's new for Therapeutic Recreation (TR)

- As of November 1, 2018, the Chandler Therapeutic Recreation office will be located inside the Chandler Community Center at 125 E. Commonwealth Ave, Chandler 85225. This is just steps from the original location inside the Senior Center. All registration services will still be provided at all recreation sites. Medical releases should only be submitted at the TR office.
- All information about Therapeutic Recreation can now be found in the newly-designed Break Time. Sign up online to have it mailed to you.
- Recreation & Athletics for Individuals with Disabilities sports the motto "RAD pays so others can play". RAD is the financial party that keeps Chandler TR sports free to all athletes and offsets the cost of other classes and socials. Mark your calendar for our annual meeting on Thursday, January 24 at 7 pm at the Chandler Community Center - 125 E. Commonwealth Ave.. Come learn about RAD, find out ways to help, sign up for a committee, and learn about what RAD has accomplished and their goals for the upcoming year.

SAVE THE DATE AND HELP SUPPORT



PRESENTED BY THE MAYOR'S COMMITTEE FOR PEOPLE WITH DISABILITIES AND Dignity Health.

22nd Annual
CHANDLER
 GOLF CHALLENGE **NOVEMBER 9**
 12:30 p.m. **SHOTGUN START**



This tournament benefits individuals with disabilities in Chandler by offering educational scholarships and supporting Special Olympics programs in Chandler.

- \$85/person - Includes a polo shirt (1TR013)
- \$325/foursome - Includes polo shirts (1TR014)
- \$425/foursome - Includes teebox sign, polos and dinner (1TR015)

Register online with the codes provided above!

Collette Prather | 480-782-2709.



500 East Riggs Rd.

chandleraz.gov/golfchallenge

THERAPEUTIC RECREATION



PROGRAM CONTACT BY LOCATION

Senior Center | SC

202 E. Boston St.

Collette Prather | 480-782-2709
collette.prather@chandleraz.gov

It is the goal of the City of Chandler Therapeutic Recreation Program to facilitate the development, maintenance, and expression of an appropriate leisure lifestyle for individuals with physical, mental, emotional, or social limitations. We strive to meet the leisure needs of those who are active in one or more of the following areas: sheltered workshop, Special Education classes, and one whose mental and/or physical disability limits that person from participating in regular recreation.

While these programs are specifically designed for Therapeutic Recreation, most other Recreation classes and programs listed in this guide can be adjusted for accommodation.

Special Olympics and Unified Sports Medical Forms Policy

All athletes competing in any sport must have a current Special Olympics Arizona medical form on file with the City of Chandler before beginning practice for any sport!

There is a specific form to be filled out by the doctor, as well as the family. It is suggested that you keep a copy of your current physical.

You can get the form from Special Olympics Arizona on our website. Under forms, click on Medical Release Form, then print all pages.

➔ chandleraz.gov/therapeutic

⚙️ Athletes participating in these sports programs are eligible to compete in Special Olympics Arizona (SOAZ). **Registration fees, paid by RAD, help provide City staffing, uniforms and transportation. This fee is not charged by Special Olympics Arizona.*

⚙️ Some outdoor programs, events and activities are weather permitting.

💰 All program/class fees are paid during the registration process. All instructor and supply fees must be paid to your instructor at the first class.

Mistletoe Magic

16 yrs+ Pre-registration required!
2TR102

FNSC

**SATURDAY
DEC. 15
6-9 p.m.**

at the Mesa Convention Center | Building A

ADMISSION:
Resident: \$10 | Non-resident: \$14

Experience the magic and wonder of the holidays. Dance in time to much-loved Christmas classics and partake in festive food.

📞 480-782-2709

➔ chandleraz.gov/therapeutic

SPECIAL INTEREST PROGRAMS

TR BOOK CLUB AND MOVIE REVIEW

Uncover the conversation beyond the page and on the screen. Join us for weekly meetings as we review a book and then conclude the session with a screening of the movie.

Instructor: Crystal Quintana
Location: SC Resident: \$3 Non-resident: \$5
12 yrs+ Th 12/6-12/20 6:30-8 p.m. 2TR001

Instructor: Recreation Staff
Location: SC Resident: \$5 Non-resident: \$7
12 yrs+ Tu 1/8-1/29 6:30-8 p.m. 2TR002

TR DAYTIME DANCES

Spin, strut, swirl and sway the daytime away! Join us for our brand new monthly dance series. Meet new people, make new friends and dance to your heart's content.

Instructor: Recreation Staff
Location: CC Fee: \$3 at door

Greatest Dance			
18 yrs+ Tu	1/22	10-11:30 a.m.	2TR110
All that Love			
18 yrs+ Tu	2/26	10-11:30 a.m.	2TR111
Superheros and Villains			
18 yrs+ Tu	3/26	10-11:30 a.m.	2TR112

TR HOLIDAY COOKIE DECORATING

Create dazzling holiday cookies that are good enough to eat. Assemble your favorite edible decorations and icings and let your inner artist come alive as we learn the basics of cookie decorating.

Instructor: Recreation Staff
Location: TRC Resident: \$6 Non-resident: \$9
12 yrs+ Th 12/6 6-7 p.m. 2TR003

TR ZUMBA®

Energize your body and improve your flexibility as you shake, lunge and groove to Latin and international dance rhythms. Combining a dance workout with a party-like atmosphere, Therapeutic Zumba® takes the popular Latin-dance inspired workout of Zumba® and makes it accessible for individuals with disabilities, beginners and others needing modifications in their exercise routine. Comfortable clothing, athletic shoes and bottled water are recommended for this class.

Instructor: Susan Alonzo
Location: SC Resident: \$16 Non-resident: \$22
12 yrs+ Tu 1/8-2/5 6-6:45 p.m. 2TR004

SPECIAL OLYMPICS & UNIFIED SPORTS

All Special Olympics and Unified Sports require at least 75% attendance rate in order for an athlete to participate in state competition. Every athlete must have a current physical on file in Chandler before the first night of practice. Registration fees charged to participants help provide City staffing, uniforms and transportation. This fee is not charged by Special Olympics Arizona.

TR BASKETBALL TEAMS 🏀

Alley-oop and score! Are you a seasoned player or just wanting to learn more? Run the court, shoot hoops and play on a team. This program focuses on the basics of basketball in preparation for games and the final Special Olympics competition.

Instructor: Jody Shagena
Location: WJHS Fee: Paid by RAD
16 yrs+ M/W 1/9-3/6 6:30-8 p.m. 2TR201

TR BASKETBALL JR. TEAM 🏀

Take the fast break and get in the game! If you've mastered the basics of basketball it's time to take it to the court. Practice skills weekly in preparation for games and the final Special Olympics competition.

Instructor: Gene Marquez
Location: WJHS Fee: Paid by RAD
8-15 yrs W 1/9-3/6 6-7 p.m. 2TR202

FRIDAY
FEB. 1

FREE

Sweetheart DANCE

6:30-9 p.m.
at **Community Center**

Put on your finest party clothes (and dance shoes) for a dance filled with sugar, spice and everything nice.

Enjoy an evening filled with great music, dancing, a photo booth and light refreshments.

16 yrs+
Pre-registration required!
2TR106
FNSC

Community Center
chandleraz.gov/therapeutic | 480-782-2890

GET SOCIAL!

Chandler Therapeutics offers two social programs that give participants the opportunity to go into the community and enjoy an evening out with friends. The programs shown below are listed with the appropriate icon for each:

YOUNG SOCIALS CLUB YSC is designed for participants 12-21 yrs with and without disabilities.

FRIDAY NIGHT SOCIAL CLUB FNSC is designed for participants 16 yrs+ with disabilities.

ALADDIN AT GAMAGE FNSC

Discover a whole new world at Disney's ALADDIN, the hit Broadway musical. Filled with unforgettable beauty, magic, and comedy this evening is exactly what you wished for.
Instructor: Recreation Staff
Departure: SC Resident: \$15 Non-resident: \$21
16 yrs+ F 2/15 6-10:30 p.m. 2TR107

CHRISTMAS LIGHTS BY TROLLEY FNSC

Witness the spectacular holiday light displays while riding an enchanting trolley. View beautifully decorated homes and yards all from the comfort of the trolley. There's no better seat in town!
Instructor: Recreation Staff
Departure: SC Resident: \$10 Non-resident: \$14
16 yrs+ W 12/19 6-9 p.m. 2TR103

FRIENDSHIP BASH YSC

Gather your bffs for the best bash ever. Delight in treats while celebrating the friends who know us and still love us anyway.
Instructor: Recreation Staff
Location: SC Resident: \$0 Non-resident: \$0
12-21 yrs Sa 2/16 6:30-8:30 p.m. 2TR109

GET OUT AND BOWL FNSC

Strike up fun! Show off your skills as we bowl the perfect game with our friends.
Instructor: Recreation Staff
Location: Note¹ Resident: \$10 Non-resident: \$14
16 yrs+ F 1/18 6-8:30 p.m. 2TR105
¹Chandler AMF - 1900 N. Arizona Ave

NEW YEAR'S BINGO & PIZZA FNSC

What's the best way to ring in the New Year? Bingo! Enjoy a slice as we play the night away.
Instructor: Recreation Staff
Location: SC Resident: \$5 Non-resident: \$7
16 yrs+ F 1/4 6-8:30 p.m. 2TR104

RAD MOVIE NIGHT FNSC & YSC

Take your night to a whole new level. Adventure through Internet data space as Ralph tries to save the day during the screening of Wreck It Ralph 2.
Instructor: Recreation Staff
Location: Note¹ Resident: \$0 Non-resident: \$0
12 yrs+ F 12/7 4:30-7 p.m. 2TR101
¹Harkins Chandler Fashion Center - 3159 W. Chandler Blvd.

PHOENIX ZOO DAY TRIP YSC

Take a ride on the wild side! Board the Safari Train and see awe-inspiring Asian elephants, spot the great Sumatran tiger and see the towering giraffes. You'll also come hand to fin with stingrays at Sting Ray Bay. Please bring money for lunch or a sack lunch for the day.
Instructor: Recreation Staff
Location: SC Resident: \$20 Non-resident: \$27
12-21 yrs Th 1/3 9 a.m.-3 p.m. 2TR108

For a more complete listing of FNSC or YSC events, please visit chandleraz.gov/therapeutic, or call 480-782-2709.

TR CHEER AND DANCE

C-H-A-N-D-L-E-R, GO CHANDLER! Come join the Chandler cheer line to cheer on our own Chandler Cougars and learn cheers for competition at area and state tournaments.
Instructor: Sydney Moore
Location: CC Fee: Paid by RAD
6 yrs+ Th 1/10-3/7 6:30-8 p.m. 2TR203

TR FLAG FOOTBALL

Touch down! Athletes and their partners without disabilities band together in a game of flag football. Learn the skills of football through camaraderie and friendly competition. The season will end with a Special Olympics competition and a delicious family BBQ.
Instructor: Recreation Staff
Location: PMA Fee: Paid by RAD
14 yrs+ Sa 1/12-3/9 8:30-10 a.m. 2TR206

TR TRACK AND FIELD

Are you on the fast track to win? Run or walk, try your hand at the shot put and join the team. This is your chance to try a new skill and get in shape. At the conclusion of this program we will participate in one Special Olympics competition.
Instructor: Recreation Staff
Location: PHS Fee: Paid by RAD
6-21 yrs Tu 2/12-4/30 6-6:55 p.m. 2TR204
22 yrs+ Tu 2/12-4/30 7-7:55 p.m. 2TR205

TR UNIFIED BASKETBALL

Swish! Learn the fundamentals of basketball as you prepare for a competitive season of games and tournament play. Master how to handle a basketball, implement moves in game situations and dribble like the pros. Games begin in late January on Monday and Wednesday nights.
Instructor: Recreation Staff
Location: TRC Fee: Paid by RAD
16 yrs+ M 12/3-3/4 6:30-8 p.m. 2TR207



What is RAD? Recreation & Athletics for Individuals with Disabilities was created with the motto "RAD pays so others can play". Learn how RAD supports Chandler Therapeutic Recreation programs.

supportrad.com



City of Chandler Parks and Recreation Division Therapeutic Activity Registration Form

The City of Chandler Therapeutic Recreation program offers a 1:8 ratio or better of staff/volunteer to participants at each event. If you require more assistance, you are encouraged to provide your own caregiver. Caregivers must register on a separate registration form for each event they attend.

Name _____ Additional Attendees _____

Address _____ City _____ Zip _____

Best Contact # _____ Email address _____

Parent Name _____ Emergency Phone# _____ Birthdate _____

Allergy information (If any): _____

Activity: _____ Activity Code: _____ Fee: _____ Scholarship Van:

Activity: _____ Activity Code: _____ Fee: _____ Scholarship Van:

Activity: _____ Activity Code: _____ Fee: _____ Scholarship Van:

Activity: _____ Activity Code: _____ Fee: _____ Scholarship Van:

Activity: _____ Activity Code: _____ Fee: _____ Scholarship Van:

Activity: _____ Activity Code: _____ Fee: _____ Scholarship Van:

Activity: _____ Activity Code: _____ Fee: _____ Scholarship Van:

Activity: _____ Activity Code: _____ Fee: _____ Scholarship Van:

Activity: _____ Activity Code: _____ Fee: _____ Scholarship Van:

Total Enclosed: _____

Form of Payment:

_____ Cash _____ Check # _____

Credit Cards are no longer accepted on written forms. They are only accepted when registration takes place in person.

HOLD HARMLESS AGREEMENT

I understand that the City of Chandler does not carry accident insurance for these programs. I agree to indemnify and hold harmless the City of Chandler from all losses or injuries sustained during my participation. I also give my permission for any photos/videos taken of participants to be used by the City of Chandler.

Parent, legal guardian, provider or participant (if over 18)

Date

Please return registration form to:

Mail to:
Chandler Parks and Recreation
Attention: Therapeutic Recreation Program
Mail Stop 501, PO Box 4008
Chandler, AZ 85244-4008

Walk in:
Chandler Senior Center
202 East Boston Street
Chandler, AZ 85225

Fax number: 480-782-2725

E-mail: Loretta.colson@chandleraz.gov or collette.prather@chandleraz.gov

Check out the new online system...chandleraz.gov/registration...it's easy, free and paperless.



CITY OF CHANDLER
Community and Neighborhood
Services Department
Mail Stop 501, P.O. Box 4008
Chandler, AZ 85244-4008



City of Chandler Recreation Division Therapeutic Recreation Program Calendar of Events December 2018–February 2019

Upcoming FNSC Events (ages 16+)

- *RAD movie night—December 8**
- *Mistletoe Magic—December 15
- *Christmas Lights by Trolley—December 19
- New Year's Bingo & Pizza—January 4
- Get Out and Bowl—January 18
- Sweetheart Dance—February 1
- *Aladdin at Gammage—February 15

Upcoming YSC Events (ages 12-21)

- RAD movie night—December 8
- Phoenix Zoo Day Trip—January 3
- Friendship Bash—February 16

* Indicates caregivers need to register if they wish to attend. Remember participants must be able to take care of self-help skills, stay with the group and function in a 1:8 ratio or greater in order to attend without a caregiver.