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**Medical release for all sports**

Every athlete who wishes to participate in therapeutic sports in Chandler must have a medical release form on file in the Therapeutic Recreation office by the first night of practice. The medicals are good for three years. Please be sure to check whether or not yours is current when you register. There is a form on our website to use for medicals. Forms can be found at chandleraz.gov/therapeutic.

**What’s new for Therapeutic Recreation (TR)**

- As of November 1, 2018, the Chandler Therapeutic Recreation office will be located inside the Chandler Community Center at 125 E. Commonwealth Ave, Chandler 85225. This is just steps from the original location inside the Senior Center. All registration services will still be provided at all recreation sites. Medical releases should only be submitted at the TR office.
- All information about Therapeutic Recreation can now be found in the newly-designed Break Time. Sign up online to have it mailed to you.
- Recreation & Athletics for Individuals with Disabilities sports the motto "RAD pays so others can play". RAD is the financial party that keeps Chandler TR sports free to all athletes and offsets the cost of other classes and socials. Mark your calendar for our annual meeting on Thursday, January 24 at 7 pm at the Chandler Community Center - 125 E. Commonwealth Ave.. Come learn about RAD, find out ways to help, sign up for a committee, and learn about what RAD has accomplished and their goals for the upcoming year.

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**Therapeutic Recreation Coordinator I:**
Collette Prather, CTRS
Contact: (480) 782-2709, or collette.prather@chandleraz.gov

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**What's New**

- Golf Challenge 2018
- What's New
- BreakTime pages—All sports, socials and classes

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**Tennis Challenge NOVEMBER 9**

12:30 p.m. SHOTGUN START

This tournament benefits individuals with disabilities in Chandler by offering educational scholarships and supporting Special Olympics programs in Chandler.

- $85/person - Includes a polo shirt (1TR013)
- $325/foursome - Includes polo shirts (1TR014)
- $425/foursome - Includes teebox sign, polos and dinner (1TR015)

Register online with the codes provided above. Collette Prather | 480-782-2709.
It is the goal of the City of Chandler Therapeutic Recreation Program to facilitate the development, maintenance, and expression of an appropriate leisure lifestyle for individuals with physical, mental, emotional, or social limitations. We strive to meet the leisure needs of those who are active in one or more of the following areas: sheltered workshop, Special Education classes, and one whose mental and/or physical disability limits that person from participating in regular recreation.

While these programs are specifically designed for Therapeutic Recreation, most other Recreation classes and programs listed in this guide can be adjusted for accommodation.

Special Olympics and Unified Sports Medical Forms Policy
All athletes competing in any sport must have a current Special Olympics Arizona medical form on file with the City of Chandler before beginning practice for any sport!

There is a specific form to be filled out by the doctor, as well as the family. It is suggested that you keep a copy of your current physical.

You can get the form from Special Olympics Arizona on their website. Under forms, click on Medical Release Form, then print all pages.

Athletes participating in these sports programs are eligible to compete in Special Olympics Arizona (SOAZ). *Registration fees, paid by RAD, help provide City staffing, uniforms and transportation. This fee is not charged by Special Olympics Arizona.

Some outdoor programs, events and activities are weather permitting.

All program/class fees are paid during the registration process. All instructor and supply fees must be paid to your instructor at the first class.

**SPECIAL INTEREST PROGRAMS**

**BOOK CLUB AND MOVIE REVIEW**
Uncover the conversation beyond the page and on the screen. Join us for weekly meetings as we review a book and then conclude the session with a screening of the movie.

- **Instructor:** Crystal Quintana
- **Location:** SC
- **Fees:**
  - Resident: $3
  - Non-resident: $5

**DAYTIME DANCES**
Spin, strut, swirl and sway the daytime away! Join us for our brand new monthly dance series. Meet new people, make new friends and dance to your heart's content.

- **Instructor:** Recreation Staff
- **Location:** SC
- **Fees:**
  - Resident: $5
  - Non-resident: $7

**HOLIDAY COOKIE DECORATING**
Create dazzling holiday cookies that are good enough to eat. Assemble your favorite edible decorations and icings and let your inner artist come alive as we learn the basics of cookie decorating.

- **Instructor:** Recreation Staff
- **Location:** TRC
- **Fees:**
  - Resident: $6
  - Non-resident: $9

**ZUMBA®**
Energize your body and improve your flexibility as you shake, lunge and groove to Latin and international dance rhythms. Combining a dance workout with a party-like atmosphere, Therapeutic Zumba® takes the popular Latin-dance inspired workout of Zumba® and makes it accessible for individuals with disabilities, beginners and others needing modifications in their exercise routine. Comfortable clothing, athletic shoes and bottled water are recommended for this class.

- **Instructor:** Susan Alonzo
- **Location:** SC
- **Fees:**
  - Resident: $16
  - Non-resident: $22

**SPECIAL OLYMPICS & UNIFIED SPORTS**
All Special Olympics and Unified Sports require at least 75% attendance rate in order for an athlete to participate in state competition. Every athlete must have a current physical on file in Chandler before the first night of practice. Registration fees charged to participants help provide City staffing, uniforms and transportation. This fee is not charged by Special Olympics Arizona.

**BASKETBALL TEAMS**
Alley-oop and score! Are you a seasoned player or just wanting to learn more? Run the court, shoot hoops and play on a team. This program focuses on the basics of basketball in preparation for games and the final Special Olympics competition.

- **Instructor:** Jody Shagena
- **Location:** WJHS
- **Fees:** Paid by RAD

**BASKETBALL JR. TEAM**
Take the fast break and get in the game! If you’ve mastered the basics of basketball it’s time to take it to the court. Practice skills weekly in preparation for games and the final Special Olympics competition.

- **Instructor:** Gene Marquez
- **Location:** WJHS
- **Fees:** Paid by RAD
GET SOCIAL!
Chandler Therapeutics offers two social programs that give participants the opportunity to go into the community and enjoy an evening out with friends. The programs shown below are listed with the appropriate icon for each:

**YOUNG SOCIALS CLUB**
- **YSC** is designed for participants 12-21 yrs with and without disabilities.

**FRIDAY NIGHT SOCIAL CLUB**
- **FNSC** is designed for participants 16 yrs+ with disabilities.

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**ALADDIN AT GAMMAGE**
- **FNSC**
- Discover a whole new world at Disney's ALADDIN, the hit Broadway musical. Filled with unforgettable beauty, magic, and comedy this evening is exactly what you wished for.
  - Instructor: Recreation Staff
  - Location: PMA, Pima Park
  - Fee: Paid by RAD
  - 16 yrs+ W 2/12 6-8:30 p.m. 2TR105

**NEW YEAR’S BINGO & PIZZA**
- **FNSC**
- What’s the best way to ring in the New Year? Bingo! Enjoy a slice as we play the night away.
  - Instructor: Recreation Staff
  - Location: SC, Senior Center
  - Fee: Free
  - 16 yrs+ F 1/1 6-8:30 p.m. 2TR104

**PHOENIX ZOO DAY TRIP**
- **YSC**
- Take a ride on the wild side! Board the Safari Train and see awe-inspiring Asian elephants, spot the great Sumatran tiger and see the towering giraffes. You'll also come hand to fin with stingrays at Sting Ray Bay. Please bring money for lunch or a sack lunch for the day.
  - Instructor: Recreation Staff
  - Location: Note 1
  - Fee: Paid by RAD
  - 16 yrs+ F 1/18 6-8:30 p.m. 2TR109

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**GET OUT AND BOWL**
- **FNSC**
- Strike up fun! Show off your skills as we bowl the perfect game with our friends.
  - Instructor: Recreation Staff
  - Location: 1Chandler AMF - 1900 N. Arizona Ave
  - Fee: Paid by RAD
  - 16 yrs+ F 1/18 6-8:30 p.m. 2TR105

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The City of Chandler Therapeutic Recreation program offers a 1:8 ratio or better of staff/volunteer to participants at each event. If you require more assistance, you are encouraged to provide your own caregiver. Caregivers must register on a separate registration form for each event they attend.

Name______________________________ Additional Attendees______________________________
Address____________________________ City________________________ Zip__________________
Best Contact #________________________ Email address ______________________________
Parent Name_________________________ Emergency Phone#__________________________ Birthdate_____________________

Activity:____________________________ Activity Code:____________________________ Fee:__________ Scholarship □ Van: □
Activity:____________________________ Activity Code:____________________________ Fee:__________ Scholarship □ Van: □
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Form of Payment: _________________
_____Cash   _____Check #_____________

Credit Cards are no longer accepted on written forms. They are only accepted when registration takes place in person.

HOLD HARMLESS AGREEMENT

I understand that the City of Chandler does not carry accident insurance for these programs. I agree to indemnify and hold harmless the City of Chandler from all losses or injuries sustained during my participation. I also give my permission for any photos/videos taken of participants to be used by the City of Chandler.

Parent, legal guardian, provider or participant (if over 18) ____________________________________________________________ Date __________________________

Mail to: Chandler Parks and Recreation Attn: Therapeutic Recreation Program Mail Stop 501, PO Box 4008 Chandler, AZ 85244-4008

Fax number: 480-782-2725

E-mail: Loretta.colson@chandleraz.gov or collette.prather@chandleraz.gov

Check out the new online system...chandleraz.gov/registration...it's easy, free and paperless.
City of Chandler Recreation Division
Therapeutic Recreation Program
Calendar of Events
December 2018—February 2019

Upcoming FNSC Events (ages 16+)

* RAD movie night—December 8**
* Mistletoe Magic—December 15
* Christmas Lights by Trolley—December 19
  New Year’s Bingo & Pizza—January 4
  Get Out and Bowl—January 18
  Sweetheart Dance—February 1
  * Aladdin at Gammage—February 15

Upcoming YSC Events (ages 12-21)

RAD movie night—December 8
Phoenix Zoo Day Trip—January 3
Friendship Bash—February 16

* Indicates caregivers need to register if they wish to attend. Remember participants must be able to take care of self-help skills, stay with the group and function in a 1:8 ratio or greater in order to attend without a caregiver.