

New Rates & Contribution Limits for 2026

Blue Cross Blue Shield of Arizona			
MEDICAL	RED PLAN	BLUE PLAN	WHITE PLAN
	PER PAYCHECK CONTRIBUTIONS		
EMPLOYEE ONLY	\$101.28	\$85.12	\$17.02
EMPLOYEE + SPOUSE	\$169.13	\$142.14	\$28.43
EMPLOYEE + CHILD(REN)	\$149.88	\$125.96	\$25.19
EMPLOYEE + FAMILY	\$246.10	\$206.83	\$41.36

Delta Dental	
DENTAL	PER PAYCHECK
EMPLOYEE ONLY	\$0.00
EMPLOYEE + 1	\$12.50
EMPLOYEE + 2 or more	\$33.75

VSP	
VISION	PER PAYCHECK
EMPLOYEE ONLY	\$5.45
EMPLOYEE + FAMILY	\$11.82

HSA 2026 Contribution Limits	
Employee Only	\$4,400
Family	\$8,750
Catch-up (55-65 y/o)	\$1,000 additional

FSA 2026 Contribution Limits	
Minimum	\$350
Maximum	\$3,300
Dependent Care FSA	\$7,500