



The suggested contribution for those 60 and above and those under 60 with disabilities is \$3.50.

Contributions above the suggested donation are always appreciated.

AZCEND Senior Nutrition

Program Manager:

Kelly Delgado
480-782-2721

Outreach Specialist:

480-503-6061

Home Delivered Meals:

480-503-6058

Transportation:

Para Transit: 602-716-2200
Ride Choice: 602-716-2100
Chandler FLEX:
602-932-0291

Senior HELP Line:

602-264-4357

EMPACT Counseling:

480-784-1514 EXT. 1219

Housing Assistance:

480-782-3200

Chandler Senior Center:

480-782-2720

LUNCH MENU - AUGUST

Menus are subject to change. Lunch is served M-F at 11:30 a.m.

MON	TUE	WED	THUR	FRI
*To Make Reservations For Lunch Please Call 480-782-2721			1 Fennel Roasted Swai Succotash Diced Sweet Potatoes Pear Halves	2 Turkey a la King California Blend Collard Greens Mixed Berries
5 Tuna Salad Fennel & Orange Salad Coleslaw Strawberries	6 5 Bean & Rice Casserole Stewed Tomatoes Scandinavian Blend Orange	7 Southwest Pork Casserole Carrots Spinach Peaches	8 Chicken Marsala Broccoli Chef's Choice Veg Pineapple & Blueberries	9 Meatloaf w/Gravy Country Blend Mashed Potatoes Mango Fruit Salad
12 Pork Carnitas Corn & Black Beans Peppers & Onions Mixed Berries	13 Spaghetti & Meatballs Capri Blend Cauliflower Apples & Blackberries	14 Turkey w/Gravy Mashed Potatoes Peas & Carrots Apricots	15 Beef Hot Dog w/Sauerkraut Spinach Roasted Sweet Potatoes Cranberry Applesauce	16 Chicken, Broccoli, & Cheese Bake Italian Blend Lima Beans Pear
19 Beef Stew Acorn Squash Cornbread Apple	20 Chicken Salad Potato Salad Asian Cucumber Salad Mandarin Oranges	21 Baked Tilapia Puttanesca Asparagus Stewed Tomatoes Peaches & Blueberries	22 Green Chile Pork Stew Potatoes Chuckwagon Corn Mango Fruit Salad	23 Baked Egg, Cheese and Spinach Brussel Sprouts Chateau Blend Strawberries
26 Asian Ground Pork Stir Fry Peppers & Onions Pina Colada	27 Cheeseburger Chef's Choice Veg Italian Blend Honeydew	28 Bean & Cheese Burrito Stewed Tomato Cauliflower Raspberry Applesauce	29 Herb Crusted Tilapia Succotash Butternut Squash Fruit Cocktail	30 Orange Chicken Stir Fry Blend Peas Oranges

