



# May | 2025

WEEK 1

[Access the  
schedule  
and classes](#)

## 1 Thursday

10:30 p.m. Sr Yoga,  
Meditation & Health

## 2 Friday

8:30 a.m. Sr Exercise  
8:30 a.m. Ageless Yoga  
12:30 p.m. Sr Musical Bingo

WEEK 2

## 5 Monday

8:30 a.m. Sr Exercise  
10 a.m. Chair Yoga  
5 p.m. Harry Potter Arts &  
Activities

## 6 Tuesday

9 a.m. Ageless Yoga  
10 a.m. Sr Mindfulness 2.0  
11 a.m. Sr Watercolor \$

## 7 Wednesday

8:30 a.m. Sr Exercise  
12:30 p.m. Sr Bingo  
5 p.m. Cave Critters  
**8 Thursday**  
10:30 p.m. Sr Yoga,  
Meditation & Health  
5 p.m. Desert Plant  
Adaptations

## 9 Friday

8:30 a.m. Sr Exercise  
8:30 a.m. Ageless Yoga  
12:30 p.m. Sr Musical Bingo

WEEK 3

## 12 Monday

8:30 a.m. Sr Exercise  
10 a.m. Chair Yoga  
12:30 p.m. Sr Musical Bingo

## 13 Tuesday

9 a.m. Ageless Yoga  
10 a.m. Sr Mindfulness 2.0  
11 a.m. Sr Watercolor \$

## 14 Wednesday

8:30 a.m. Sr Exercise  
12:30 p.m. Sr Bingo  
10 a.m. Active Adult  
Advisory Committee

## 15 Thursday

10:30 p.m. Sr Yoga,  
Meditation & Health

## 16 Friday

8:30 a.m. Sr Exercise  
8:30 a.m. Ageless Yoga  
12:30 p.m. Sr Musical Bingo

WEEK 4

## 19 Monday

8:30 a.m. Sr Exercise  
10 a.m. Chair Yoga  
12:30 p.m. Sr Musical Bingo

## 20 Tuesday

9 a.m. Ageless Yoga  
10 a.m. Sr Mindfulness 2.0  
11 a.m. Sr Watercolor \$

## 21 Wednesday

8:30 a.m. Sr Exercise  
12:30 p.m. Sr Bingo

## 22 Thursday

10:30 p.m. Sr Yoga,  
Meditation & Health

## 23 Friday

8:30 a.m. Sr Exercise  
8:30 a.m. Ageless Yoga  
12:30 p.m. Sr Musical Bingo

WEEK 5

## 26 Monday

## 27 Tuesday

9 a.m. Ageless Yoga  
10 a.m. Sr Mindfulness 2.0

## 28 Wednesday

8:30 a.m. Sr Exercise  
12:30 p.m. Sr Bingo

## 29 Thursday

10:30 p.m. Sr Yoga,  
Meditation & Health

## 30 Friday

8:30 a.m. Sr Exercise  
8:30 a.m. Ageless Yoga  
12:30 p.m. Sr Musical Bingo

[chandleraz.gov/RecAtHome](http://chandleraz.gov/RecAtHome)

