

Senior Center Lunch Menu



MAY 2026

DISCOVER. IMAGINE. GROW.

Menus are subject to change. Lunch is served M-F at 11:30 a.m.

The suggested contribution for those 60+ years and those under 60 with disabilities is \$3.50.

Contributions above the suggested donation are always appreciated.

**AZCEND Senior Nutrition
Program Manager:**

Kelly Delgado
480-782-2721

Outreach Specialist:

480-503-6061

Home Delivered Meals:

480-503-6058

Transportation:

Para Transit: 602-716-2200
Ride Choice: 602-716-2100
Chandler FLEX: 602-932-0291

Senior HELP Line:

602-264-4357

EMPACT Counseling:

480-784-1514 EXT. 1219

Housing Assistance:

480-782-3200

Chandler Senior Center:

480-782-2720

MON	TUES	WED	THUR	FRI
				1 Pork & Beans Broccoli 5 Way Blend Sliced Peaches
4 Beef Patty w/Gravy Mashed Potatoes 5 Way Blend Mixed Berries	5 Green Chili Tacos Zucchini, Squash, Tomatoes Fiesta Corn Tropical Fruit w/Yogurt	6 Lemon Tilapia Scandinavian Blend Lima Beans Cinnamon Applesauce	7 Baked Chicken & Cheese Sandwich Baby Carrots San Francisco Blend	8 Cottage Cheese w/Pineapple bits Romaine Salad Tomato Bisque Tropical Fruit
11 Ground Pork Eggroll Stir Fry Blend Mandarin Orange	12 Chicken Salad Wrap Smart Slaw Broccoli Salad Fresh Fruit Salad	13 Beef Cabbage Roll Casserole Roasted Potatoes Crinkle Carrots Banana	14 Healthy Choice Vegetable Lasagna Peas Brussel Sprouts Apricots	15 Crab Cakes Succotash California Blend Sliced Peaches
18 Baked Eggplant Parm Peas & Carrots Collard Greens Apple	19 Tuna Sandwich 3 Bean Salad Tomato & Onion Salad Cantaloupe	20 Chicken Fajita w/Peppers & Onions Baby Carrots Fruit Cocktail	21 Spaghetti & Beef Meatballs Italian Blend Acorn Squash Watermelon	22 Ham & Swiss Sandwich Coleslaw Broccoli Salad Pineapple & Blueberries
25 Senior Center Closed in Observance of Memorial Day	26 Pulled Pork Sandwich Steamed Broccoli Key Largo Blend Ambrosia	27 Mexican Corn, Poblano, & Cheese Casserole Roasted Sweet Potato Tropical Mix	28 Chicken Zucchini & Onion Pasta Italian Blend Acorn Squash Sliced Pear	29 Asian Glazed Pollock Asian Blend Peas & Carrots Pineapple