



WEEKLY ACTIVITIES

MONDAY

- 8:30 a.m. Exercise - CC & V
- 9 a.m. Knit & Crochet - CC
- 10 a.m. Karaoke
- 12:30 p.m. Musical BINGO

TUESDAY

- 8:30 a.m. Wii Bowling
- 9:30 a.m. Bridge
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Mindfulness 2.0 - CC & V
- 12:30 p.m. Pinochle

WEDNESDAY

- 8:30 a.m. Exercise - CC
- 8:30 a.m. Ceramics - CC
- 8:30 a.m. Senior Choir - CC
- 12:30 p.m. Hybrid BINGO
- 12:30 p.m. Pinochle

THURSDAY

- 8:30 a.m. Wii Bowling
- 8:45 a.m. Qui Gong Tai Chi - CC
- 9 a.m. Plastic Canvas
- 9:30 a.m. Bridge
- 10:30 a.m. Yoga, Meditation & Health - CC
- 12:30 p.m. Mahjong
- 1 p.m. Euchre

FRIDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Karaoke
- 12:30 p.m. Pinochle
- 12:30 p.m. Musical BINGO
- 1:30 p.m. Movie

DAILY:

Quilting, Game Room, Computer Lab, Board Games, Lounge, Garden Area

All activities above take place at the Senior Center or Community Center unless otherwise noted.

Please note that program dates and times are subject to change.

DISCOVER. IMAGINE. GROW.

MON	TUE	WED	THUR	FRI
1 4 p.m. Drop-In Ping Pong - CC	2 8:30 a.m. Drop-In Pickleball - CC 9:00 a.m. Chair Volleyball	3 8:45 a.m. Casino Trip - San Tan - RR	4 8:30 a.m. Drop-In Ping Pong - CC	5 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - Ford V Ferrari
8 4 p.m. Drop-In Ping Pong - CC	9 8:30 a.m. Drop-In Pickleball - CC 9:00 a.m. Chair Volleyball 11:30 a.m. Out to Brunch - Backyard Taco - RR 12:30 p.m. Loteria w/Supportive Hands Hospice	10 9 a.m. Atria Senior Living 10:30 a.m. Brain Games	11 8:30 a.m. Drop-In Ping Pong - CC	12 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - Savannah Smiles
15 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	16 8:30 a.m. Drop-In Pickleball - CC 9:00 a.m. Chair Volleyball	17	18 8:30 a.m. Drop-In Ping Pong - CC 1 p.m. AARP—Driving Course	19 8:30 a.m. Drop-In Ping Pong - CC 10:30 a.m. Entertainer - Frank Mackey 1:30 p.m. Movie In The Lounge - Cocoon
22 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	23 8:30 a.m. Drop-In Pickleball - CC 9:00 a.m. Chair Volleyball	24 10:30 a.m. Brain Games	25 8:30 a.m. Drop-In Ping Pong - CC Birthday Celebration 	26 8:30 a.m. Drop-In Ping Pong - CC 10:30 a.m. Entertainer - Sarah Vanell 1:30 p.m. Movie In The Lounge - Queen Bees
29 4 p.m. Drop-In Ping Pong - CC	30 8:30 a.m. Drop-In Pickleball - CC 10 a.m. Blood Pressure Check w/Valiant 10 a.m. ClipDarts - Senior Center Salon			RR - Registration Required CC - Community Center V - In Person & Virtual Program