



WEEKLY ACTIVITIES

MONDAY

- 8:30 a.m. Exercise - CC & V
- 9 a.m. Knit & Crochet - CC
- 10 a.m. Karaoke
- 12:30 p.m. Musical BINGO

TUESDAY

- 8:30 a.m. Wii Bowling
- 9:30 a.m. Bridge
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Mindfulness 2.0 - CC & V
- 12:30 p.m. Pinochle

WEDNESDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Ceramics - CC
- 9 a.m. Mahjong
- 12:30 p.m. Hybrid BINGO
- 12:30 p.m. Pinochle

THURSDAY

- 8:30 a.m. Wii Bowling
- 8:45 a.m. Qi Gong Tai Chi - CC
- 9 a.m. Plastic Canvas
- 9:30 a.m. Bridge
- 10:30 a.m. Yoga, Meditation, & Health
- 12:30 p.m. Mahjong
- 1 p.m. Euchre

FRIDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Karaoke
- 12:30 p.m. Pinochle
- 12:30 p.m. Musical BINGO
- 1:30 p.m. Movie

DAILY:

Quilting, Game Room, Computer Lab, Board Games, Lounge, Garden Area

All activities above take place at the Senior Center or Community Center unless otherwise noted.

Please note that program dates and times are subject to change.

DISCOVER.

IMAGINE.

GROW.

Downtown Senior Center DECEMBER 2025

Visit Chandleraz.gov/seniors for more information on Senior Programs

MON	TUE	WED	THUR	FRI
1 4 p.m. Drop-In Ping Pong - CC	2 8 a.m. Drop-In Pickleball - CC	3 10 a.m. Unlocking Home Wealth Workshop	4 8:30 a.m. Drop-In Ping Pong - CC	5 1:30 p.m. Movie In The Lounge - Christmas Vacation 5:30 p.m. Holiday Dinner Dance - RR*  *Ugly Sweater Themed
8 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	9 8 a.m. Drop-In Pickleball - CC 11:30 a.m. Out to Lunch - Pita Jungle - RR	10 10 a.m. Active Adult Advisory Committee Meeting 10:30 a.m. Brain Games w/Angel Care	11 8:30 a.m. Drop-In Ping Pong - CC	12 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - Home Alone 5:30 p.m. Jingle Paws with Santa Claus 
15 9 a.m. Cybersecurity 4 p.m. Drop-In Ping Pong - CC	16 8 a.m. Drop-In Pickleball - CC	17 10 a.m. Medtronic Workshop - Non-Drug Chronic Pain Treatment 8:30 a.m. Casino Trip - Talking Stick - RR	18 8:30 a.m. Drop-In Ping Pong - CC Birthday Celebration w/Citadel 	19 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - Home Alone 2 Lost in New York
22 4 p.m. Drop-In Ping Pong - CC	23 8 a.m. Drop-In Pickleball - CC	24 10:30 a.m. Brain Games w/Angel Care *Senior Center Closed at 1 p.m.	25 Senior Center Closed for Holiday	26 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - It's a Wonderful Life *No Exercise or Bingo
29 4 p.m. Drop-In Ping Pong - CC *No Exercise or Bingo	30 8 a.m. Drop-In Pickleball - CC	31 10 a.m. Wellcare Workshop *Senior Center Closed at 1 p.m.		RR - Registration Req'd CC - Community Center V - In Person & Virtual Program