



WEEKLY ACTIVITIES

MONDAY

- 8:30 a.m. Exercise - CC & V
- 9 a.m. Knit & Crochet - CC
- 10 a.m. Karaoke
- 12:30 p.m. Musical BINGO

TUESDAY

- 8:30 a.m. Wii Bowling
- 9:30 a.m. Bridge
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Mindfulness 2.0 - CC & V
- 12:30 p.m. Pinochle

WEDNESDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Ceramics - CC
- 9 a.m. Mahjong
- 12:30 p.m. Hybrid BINGO
- 12:30 p.m. Pinochle

THURSDAY

- 8:30 a.m. Wii Bowling
- 8:45 a.m. Qi Gong Tai Chi - CC
- 9 a.m. Plastic Canvas
- 9:30 a.m. Bridge
- 10:30 a.m. Yoga, Meditation, & Health
- 12:30 p.m. Mahjong
- 1 p.m. Euchre

FRIDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Karaoke
- 12:30 p.m. Pinochle
- 12:30 p.m. Musical BINGO
- 1:30 p.m. Movie

DAILY:

Quilting, Game Room, Computer Lab, Board Games, Lounge, Garden Area

All activities above take place at the Senior Center or Community Center unless otherwise noted.

Please note that program dates and times are subject to change.

DISCOVER.

IMAGINE.

GROW.

Downtown Senior Center JANUARY 2026

Visit Chandleraz.gov/seniors for more information on Senior Programs

MON	TUE	WED	THUR	FRI
RR - Registration Req'd CC - Community Center V - In Person & Virtual Program			1 Senior Center Closed for New Years Day	2 8:30 a.m. Drop-In Ping Pong - CC 10:00 a.m. New Year's Party 10:30 a.m. Entertainer - Little Daddy 1:30 p.m. Movie In The Lounge - Grumpy Old Men
5 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	6 8 a.m. Drop-In Pickleball - CC	7	8 8:30 a.m. Drop-In Ping Pong - CC	9 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - Grumpier Old Men
12 9 a.m. Cybersecurity 4 p.m. Drop-In Ping Pong - CC	13 8 a.m. Drop-In Pickleball - CC 1:30 p.m. Shuffleboard Tournament	14 8:30 a.m. Casino Trip - Lone Butte - RR 10 a.m. Active Adult Advisory Committee Meeting 10:30 a.m. Brain Games w/Angel Care	15 8:30 a.m. Drop-In Ping Pong - CC	16 8:30 a.m. Drop-In Ping Pong - CC 10:30 a.m. Entertainer - The Prezley's 1:30 p.m. Movie In The Lounge - Blended
19 Senior Center Closed for Martin Luther King Jr. Day	20 8 a.m. Drop-In Pickleball - CC 11:30 a.m. Out to Lunch - Wildflower - RR	21 10 a.m. Protect Yourself from Scams w/Humana 10:30 a.m. Brain Games w/Angel Care	22 8:30 a.m. Drop-In Ping Pong - CC	23 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - Happy Gilmore
26 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	27 8 a.m. Drop-In Pickleball - CC	28 10:30 a.m. Brain Games w/Angel Care	29 8:30 a.m. Drop-In Ping Pong - CC Birthday Celebration 🎂🎉	30 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - Happy Gilmore 2