



WEEKLY ACTIVITIES

MONDAY

- 8:30 a.m. Exercise - CC & V
- 9 a.m. Knit & Crochet - CC
- 10 a.m. Karaoke
- 12:30 p.m. Musical BINGO

TUESDAY

- 8:30 a.m. Wii Bowling
- 9:30 a.m. Bridge
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Mindfulness 2.0 - CC & V
- 12:30 p.m. Pinochle

WEDNESDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Ceramics - CC
- 12:30 p.m. Hybrid BINGO
- 12:30 p.m. Pinochle

THURSDAY

- 8:30 a.m. Wii Bowling
- 8:45 a.m. Qi Gong Tai Chi - CC
- 9 a.m. Plastic Canvas
- 9:30 a.m. Bridge
- 12:30 p.m. Mahjong
- 1 p.m. Euchre

FRIDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Karaoke
- 12:30 p.m. Pinochle
- 12:30 p.m. Musical BINGO
- 1:30 p.m. Movie

DAILY:

Quilting, Game Room, Computer Lab, Board Games, Lounge, Garden Area

All activities above take place at the Senior Center or Community Center unless otherwise noted.

Please note that program dates and times are subject to change.

Downtown Senior Center JULY 2025

Visit Chandleraz.gov/seniors for more information on Senior Programs

MON	TUE	WED	THUR	FRI
	1 8 a.m. Drop-In Pickleball - CC	2 10 a.m. Medi Senior Care w/Rafael	3 8:30 a.m. Drop-In Ping Pong - CC 2 p.m. Drop-In Pickleball	4 Senior Center Closed For 4th of July
7 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	8 8 a.m. Drop-In Pickleball - CC 11:30 a.m. Out to Lunch: Singing Panda - RR 1:30 p.m. Pool Team Tournament - RR	9 10:30 a.m. Brain Games w/Angel Care	10 8:30 a.m. Drop-In Ping Pong - CC 2 p.m. Drop-In Pickleball	11 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - The Life List
14 9 a.m. Cybersecurity Class 4 p.m. Drop-In Ping Pong - CC	15 8 a.m. Drop-In Pickleball - CC	16 8:45 a.m. Casino Trip - Wild Horse Pass - RR	17 8:30 a.m. Drop-In Ping Pong - CC 2 p.m. Drop-In Pickleball	18 8:30 a.m. Drop-In Ping Pong - CC 10:30 a.m. Archwell Ice-Cream Social 10:30 a.m. Entertainer - Sarah Vanell 1:30 p.m. Movie In The Lounge - Nonna's
21 9 a.m. Computer Class *No Ping Pong	22 *No Drop-In Pickleball	23 10 a.m. Cell Phone Help w/SCAN Health Plans 10:30 a.m. Brain Games w/Angel Care	24 12:30 p.m. Loteria w/Helping Hands Hospice *No Drop-In Pickleball, Ping Pong or Qui Gong Tai Chi	25 1:30 p.m. Movie In The Lounge - The Half of It *No Ping Pong
28 4 p.m. Drop-In Ping Pong - CC	29 8 a.m. Drop-In Pickleball - CC	30 10 a.m. Will & Estate Planning sponsored by Archwell Health	31 8:30 a.m. Drop-In Ping Pong - CC 2 p.m. Drop-In Pickleball Birthday Celebration w/Citadel	RR - Registration Req'd CC - Community Center V - In Person & Virtual Program *Room 109-111 at CC Closed - NO CLASSES

DISCOVER.

IMAGINE.

GROW.