



WEEKLY ACTIVITIES

MONDAY

- 8:30 a.m. Exercise - CC & V
- 9 a.m. Knit & Crochet - CC
- 10 a.m. Karaoke
- 12:30 p.m. Musical BINGO
- 1:30 p.m. Hand & Foot

TUESDAY

- 8:30 a.m. Wii Bowling
- 9:30 a.m. Bridge
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Mindfulness 2.0 - CC & V
- 12:30 p.m. Pinochle

WEDNESDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Ceramics - CC
- 12:30 p.m. Hybrid BINGO
- 12:30 p.m. Pinochle

THURSDAY

- 8:30 a.m. Wii Bowling
- 8:45 a.m. Qi Gong Tai Chi - CC
- 9 a.m. Plastic Canvas
- 9:30 a.m. Bridge
- 10:30 a.m. Yoga, Meditation, & Health
- 12:30 p.m. Mahjong
- 1 p.m. Euchre

FRIDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Karaoke
- 12:30 p.m. Pinochle
- 12:30 p.m. Musical BINGO
- 1:30 p.m. Movie

DAILY:

Quilting, Game Room, Computer Lab, Board Games, Lounge, Garden Area

All activities above take place at the Senior Center or Community Center unless otherwise noted.

Please note that program dates and times are subject to change.

DISCOVER.

IMAGINE.

GROW.

Downtown Senior Center NOVEMBER 2025

Visit Chandleraz.gov/seniors for more information on Senior Programs

MON	TUE	WED	THUR	FRI
3 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	4 8 a.m. Drop-In Pickleball - CC 11:30 a.m. Out to Lunch - Happy Bao's - RR	5 10 a.m. Entertainer - Little Daddy	6 8:30 a.m. Drop-In Ping Pong - CC 10 a.m. - NEW - Senior Zumba Sponsored by Wellcare - CC	7 8:30 a.m. Military Appreciation Breakfast - RR 1:30 p.m. Movie In The Lounge - Harry Potter and the Chamber of Secrets *No Ping Pong or Sr. Exercise
10 9 a.m. Cybersecurity 4 p.m. Drop-In Ping Pong - CC	11 Senior Center Closed for Veterans Day	12 10 a.m. Active Adult Advisory Committee Meeting 10:30 a.m. Brain Games w/Angel Care	13 8:30 a.m. Drop-In Ping Pong - CC 10 a.m. - NEW - Senior Zumba Sponsored by Wellcare - CC	14 8:30 a.m. Drop-In Ping Pong - CC 10:30 a.m. Entertainer - Sarah Vanell 1:30 p.m. Movie In The Lounge - Harry Potter and the Prisoner of Azkaban
17 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	18 8 a.m. Drop-In Pickleball - CC	19 8:30 a.m. Casino Trip - Wild Horse Pass - RR	20 8:30 a.m. Drop-In Ping Pong - CC 10 a.m. - NEW - Senior Zumba Sponsored by Wellcare - CC Birthday Celebration w/Citadel 	21 8:30 a.m. Drop-In Ping Pong - CC 10:30 a.m. Entertainer - Prezley's 10 a.m. Fall Preparedness w/Murphy McCarty 1:30 p.m. Movie In The Lounge - Harry Potter and the Goblet of Fire
24 4 p.m. Drop-In Ping Pong - CC	25 8 a.m. Drop-In Pickleball - CC	26	27 Senior Center Closed for Thanksgiving	28 Senior Center Closed for Thanksgiving
				RR - Registration Req'd CC - Community Center V - In Person & Virtual Program