



## WEEKLY ACTIVITIES

### MONDAY

- 8:30 a.m. Exercise - CC & V
- 9 a.m. Knit & Crochet - CC
- 10 a.m. Karaoke
- 12:30 p.m. Musical BINGO

### TUESDAY

- 8:30 a.m. Wii Bowling
- 9:30 a.m. Bridge
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Mindfulness 2.0 - CC & V
- 12:30 p.m. Pinochle

### WEDNESDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Ceramics - CC
- 12:30 p.m. Hybrid BINGO
- 12:30 p.m. Pinochle

### THURSDAY

- 8:30 a.m. Wii Bowling
- 8:45 a.m. Qi Gong Tai Chi - CC
- 9 a.m. Plastic Canvas
- 9:30 a.m. Bridge
- 10:30 a.m. Yoga, Meditation, & Health
- 12:30 p.m. Mahjong
- 1 p.m. Euchre

### FRIDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Karaoke
- 12:30 p.m. Pinochle
- 12:30 p.m. Musical BINGO
- 1:30 p.m. Movie

### DAILY:

Quilting, Game Room, Computer Lab, Board Games, Lounge, Garden Area

All activities above take place at the Senior Center or Community Center unless otherwise noted.

Please note that program dates and times are subject to change.


DISCOVER.

IMAGINE.

GROW.

## Downtown Senior Center OCTOBER 2025

Visit [Chandleraz.gov/seniors](http://Chandleraz.gov/seniors) for more information on Senior Programs

MON	TUE	WED	THUR	FRI
RR - Registration Req'd CC - Community Center V - In Person & Virtual Program		<b>1</b> 8:45 a.m. Casino Trip - San Tan Mountain - RR	<b>2</b> 8:30 a.m. Drop-In Ping Pong - CC	<b>3</b> 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - Moonstruck
<b>6</b> 9 a.m. Matter of Balance RR 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	<b>7</b> 8 a.m. Drop-In Pickleball - CC	<b>8</b> 10 a.m. Active Adult Advisory Committee Meeting 10:30 a.m. Brain Games w/Angel Care	<b>9</b> 8:30 a.m. Drop-In Ping Pong - CC	<b>10</b> 8:30 a.m. Drop-In Ping Pong - CC 10:30 a.m. Entertainer - Frank Mackey 1:30 p.m. Movie In The Lounge - A Beautiful Day in the Neighborhood
<b>13</b> 9 a.m. Matter of Balance RR 4 p.m. Drop-In Ping Pong - CC	<b>14</b> 8 a.m. Drop-In Pickleball - CC 1 p.m. Pool Tournament - RR	<b>15</b> 9 a.m. Vision Tests w/Sun Lakes Evening Lions Club	<b>16</b> 8:30 a.m. Drop-In Ping Pong - CC	<b>17</b> 8:30 a.m. Drop-In Ping Pong - CC 10:30 a.m. Entertainer - Summer Breeze Music Project 1:30 p.m. Movie In The Lounge - Dead Poet's Society 5:30 p.m. Dine-In Movie - Field of Dreams RR
<b>20</b> 9 a.m. Matter of Balance RR 9 a.m. Computer Class 9 a.m. Cybersecurity	<b>21</b> 8 a.m. Drop-In Pickleball - CC 11:30 a.m. Out to Lunch: Red Robin - RR	<b>22</b> 10:30 a.m. Brain Games w/Angel Care	<b>23</b> 8:30 a.m. Drop-In Ping Pong - CC	<b>24</b> 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - October Sky
<b>27</b> 9 a.m. Matter of Balance RR 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	<b>28</b> 8 a.m. Drop-In Pickleball - CC	<b>29</b> 10 a.m. SCAN Health Plans Overview Workshop	<b>30</b> 8:30 a.m. Drop-In Ping Pong - CC  Birthday Celebration w/Citadel 	<b>31</b> 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - Harry Potter and the Sorcerer's Stone