



## WEEKLY ACTIVITIES

### MONDAY

- 8:30 a.m. Exercise - CC & V
- 9 a.m. Knit & Crochet - CC
- 10 a.m. Karaoke
- 12:30 p.m. Musical BINGO

### TUESDAY

- 8:30 a.m. Wii Bowling
- 9:30 a.m. Bridge
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Mindfulness 2.0 - CC & V
- 12:30 p.m. Pinochle

### WEDNESDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Ceramics - CC
- 12:30 p.m. Hybrid BINGO
- 12:30 p.m. Pinochle

### THURSDAY

- 8:30 a.m. Wii Bowling
- 8:45 a.m. Qi Gong Tai Chi - CC
- 9 a.m. Plastic Canvas
- 9:30 a.m. Bridge
- 12:30 p.m. Mahjong
- 1 p.m. Euchre

### FRIDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Karaoke
- 12:30 p.m. Pinochle
- 12:30 p.m. Musical BINGO
- 1:30 p.m. Movie

### DAILY:

Quilting, Game Room, Computer Lab, Board Games, Lounge, Garden Area

All activities above take place at the Senior Center or Community Center unless otherwise noted.

Please note that program dates and times are subject to change.

## Downtown Senior Center SEPTEMBER 2025

Visit [Chandleraz.gov/seniors](http://Chandleraz.gov/seniors) for more information on Senior Programs

MON	TUE	WED	THUR	FRI
<b>1</b> <b>Senior Center Closed For Labor Day</b>	<b>2</b> <b>8 a.m.</b> Drop-In Pickleball - <b>CC</b>	<b>3</b> <b>10 a.m.</b> Medi Senior Care w/Rafael	<b>4</b> <b>8:30 a.m.</b> Drop-In Ping Pong - <b>CC</b> <b>2 p.m.</b> Drop-In Pickleball	<b>5</b> <b>8:30 a.m.</b> Drop-In Ping Pong - <b>CC</b> <b>10:30 a.m.</b> Entertainer - Little Daddy <b>1:30 p.m.</b> Movie In The Lounge - The Other Side of Heaven
<b>8</b> <b>9 a.m.</b> Matter of Balance <b>RR</b> <b>9 a.m.</b> Computer Class <b>4 p.m.</b> Drop-In Ping Pong - <b>CC</b>	<b>9</b> <b>8 a.m.</b> Drop-In Pickleball - <b>CC</b>	<b>10</b> <b>8:45 a.m.</b> Casino Trip - Lone Butte - <b>RR</b> <b>10:30 a.m.</b> Brain Games w/Angel Care	<b>11</b> <b>8:30 a.m.</b> Drop-In Ping Pong - <b>CC</b> <b>3 p.m.</b> Drop-In Pickleball <b>*No Qi Gong Tai Chi</b>	<b>12</b> <b>8:30 a.m.</b> Drop-In Ping Pong - <b>CC</b> <b>10:30 a.m.</b> Entertainer - Sarah Vanell <b>1:30 p.m.</b> Movie In The Lounge - Horse Whisperer
<b>15</b> <b>9 a.m.</b> Matter of Balance <b>RR</b> <b>9 a.m.</b> Cybersecurity Class <b>4 p.m.</b> Drop-In Ping Pong - <b>CC</b>	<b>16</b> <b>8 a.m.</b> Drop-In Pickleball - <b>CC</b> <b>1 p.m.</b> Golden Tee Arcade Golf Tournament - <b>RR</b>	<b>17</b> <b>10 a.m.</b> Medicare 101 w/Wellcare	<b>18</b> <b>8:30 a.m.</b> Drop-In Ping Pong - <b>CC</b> <b>2 p.m.</b> Drop-In Pickleball	<b>19</b> <b>8:30 a.m.</b> Drop-In Ping Pong - <b>CC</b> <b>1:30 p.m.</b> Movie In The Lounge - My Oxford Year
<b>22</b> <b>9 a.m.</b> Matter of Balance <b>RR</b> <b>9 a.m.</b> Computer Class	<b>23</b> <b>8 a.m.</b> Drop-In Pickleball - <b>CC</b> <b>11:30 a.m.</b> Out to Lunch: Fire and Brimstone - <b>RR</b>	<b>24</b> <b>10 a.m.</b> Medicare Workshop w/Devoted Health <b>10:30 a.m.</b> Brain Games w/Angel Care	<b>25</b> <b>8:30 a.m.</b> Drop-In Ping Pong - <b>CC</b> <b>2 p.m.</b> Drop-In Pickleball Birthday Celebration w/Citadel	<b>26</b> <b>8:30 a.m.</b> Drop-In Ping Pong - <b>CC</b> <b>1:30 p.m.</b> Movie In The Lounge - The Six Triple Eight
<b>29</b> <b>9 a.m.</b> Matter of Balance <b>RR</b> <b>4 p.m.</b> Drop-In Ping Pong - <b>CC</b>	<b>30</b> <b>8 a.m.</b> Drop-In Pickleball - <b>CC</b>			<b>RR - Registration Req'd</b> <b>CC - Community Center</b> <b>V - In Person &amp; Virtual Program</b>

DISCOVER.

IMAGINE.

GROW.