



The suggested contribution for those 60 and above and those under 60 with disabilities is \$3.50.

Contributions above the suggested donation are always appreciated.

AZCEND Senior Nutrition

Program Manager:

Kelly Delgado
480-782-2721

Outreach Specialist:

480-503-6061

Home Delivered Meals:

480-503-6058

Transportation:

Para Transit: 602-716-2200
Ride Choice: 602-716-2100
Chandler FLEX:
602-932-0291

Senior HELP Line:

602-264-4357

EMPACT Counseling:

480-784-1514 EXT. 1219

Housing Assistance:

480-782-3200

Chandler Senior Center:

480-782-2720

LUNCH MENU - APRIL

Menus are subject to change. Lunch is served M-F at 11:30 a.m.

MON	TUE	WED	THUR	FRI
1 Beef Fajita w/Peppers & Onions Zucc, Yellow Squash, Tomato Tropical Mix	2 Dice Pork w/Pineapple Spinach Cauliflower Ambrosia	3 Chicken Teriyaki Peas w/Onions Stir Fry Blend Mandarin Oranges	4 Cheesy Pasta Primavera Garden Salad Island Blend Cantaloupe	5 Lemon Tilapia Green Beans Chateau Blend Pineapple
8 Baked Pork Loin Peas & Carrots Cauliflower Cinnamon Slice	9 Chicken Chile Baked Potato Roasted Tomatoes & Zucchini Diced Peaches	10 In Service Day Pizza Water	11 Fennel Roasted Swai Succotash Diced Sweet Potato Pear Halves	12 Turkey a la King California Blend Collard Greens Mixed Berries
15 Tuna Salad Fennel & Orange Salad Coleslaw Strawberries	16 5 Bean & Rice Casserole Stewed Tomatoes Scandinavian Blend Orange	17 Southwest Pork Casserole Carrots Spinach Peaches	18 Chicken Marsala Broccoli Chef's Choice Veggie Pineapple & Blueberries	19 Meatloaf w/Gravy Country Blend Mashed Potatoes Mango Fruit Salad
22 Pork Carnitas Corn & Black Bean Peppers & Onions Mixed Berries	23 Spaghetti w/Meatballs Capri Blend Cauliflower Apples & Blackberries	24 Turkey w/Gravy Mashed Potatoes Peas & Carrots Apricots	25 Beef Hot Dogs w/Sauerkraut Spinach Roasted Sweet Potatoes Cranberry Applesauce 	26 Chicken, Broccoli & Cheese Bake Italian Blend Lima Beans Pear
29 Beef Stew Acorn Squash Cornbread Apple	30 Chicken Salad Sandwich Potato Salad Asian Cucumber Salad Mandarin Oranges			*To Make Reservations For Lunch Please Call 480-782-2721