

Senior Center Lunch Menu



AUGUST 2026

DISCOVER. IMAGINE. GROW.

Menus are subject to change. Lunch is served M-F at 11:30 a.m.

The suggested contribution for those 60+ years and those under 60 with disabilities is \$4.50.

Contributions above the suggested donation are always appreciated.

AZCEND Senior Nutrition Program Manager:

Kelly Delgado
480-782-2721

Outreach Specialist:

480-503-6061

Home Delivered Meals:

480-503-6058

Transportation:

Para Transit: 602-716-2200
Ride Choice: 602-716-2100
Chandler FLEX: 602-932-0291

Senior HELP Line:

602-264-4357

EMPACT Counseling:
480-784-1514 EXT. 1219

Housing Assistance:
480-782-3200

Chandler Senior Center:
480-782-2720

MON	TUES	WED	THUR	FRI
3 Breaded Pollock Sandwich Oven Roasted Tomatoes Succotash Tropical Fruit	4 Meatloaf w/Gravy Mashed Potatoes California Blend Mixed Berries	5 Ground Pork, Poblano, & Corn Bake Roasted Zucchini Oven Potato Hash Orange	6 Egg Salad Sandwich Chopped Tomato Salad Garden Vegetable Soup Raspberry Applesauce	7 Chicken & White Bean Chili Baked Potato Broccoli Mango
10 Pasta Fagioli w/Mozzarella Pearls Crinkle Carrots Collard Greens Watermelon	11 Crab Salad Sandwich Fennel & Orange Salad Fiesta Corn Salad Cantaloupe	12 Beef Stuffed Pepper Casserole Roasted Sweet Potato Broccoli Pina Colada	13 Pork Posole Peas & Carrots Fresh Orange	14 Beef Philly Cheesesteak Sandwich Root Veggies Fruit Cocktail
17 Breaded Chicken Cutlet Sandwich Spinach Oven Potato Wedge Honeydew	18 Stuffed Shells Italian Blend Acorn Squash Sliced Pear	19 Sesame Ginger Chicken Chinese Cabbage Salad Mango	20 Baked Battered Cod Stewed Tomatoes Brussel Sprouts Apricots	21 Pork & Beans Broccoli 5 Way Blend Sliced Peaches
24 Beef Patty w/Gravy Mashed Potatoes 5 Way Blend Mixed Berries	25 SW Pork Casserole Zucchini, Squash, and Tomatoes Cowboy Beans Orange	26 Lemon Tilapia Scandinavian Blend Lima Beans Cinnamon Applesauce	27 Sundried Tomato Baked Chicken Sandwich Baby Carrots Strawberries & Peaches	28 Cottage Cheese w/Pineapple Tidbits Romaine Salad Tropical Fruit
31 Ground Pork Eggroll Bake Stir Fry Blend Mandarin Orange				