



The suggested contribution for those 60 and above and those under 60 with disabilities is \$3.50.

Contributions above the suggested donation are always appreciated.

AZCEND Senior Nutrition

Program Manager:

Kelly Delgado
480-782-2721

Outreach Specialist:

480-503-6061

Home Delivered Meals:

480-503-6058

Transportation:

Para Transit: 602-716-2200
Ride Choice: 602-716-2100
Chandler FLEX:
602-932-0291

Senior HELP Line:

602-264-4357

EMPACT Counseling:

480-784-1514 EXT. 1219

Housing Assistance:

480-782-3200

Chandler Senior Center:

480-782-2720

LUNCH MENU - DECEMBER 2025

Menus are subject to change. Lunch is served M-F at 11:30 a.m.

MON	TUE	WED	THUR	FRI
1 Beef Sloppy Joe Cauliflower Cinnamon Apple Slices	2 5 Bean & Rice Bake Oven Roasted Tomatoes Zucchini Orange	3 Pulled Pork & Beans Sweet Potatoes Broccoli Sliced Pear	4 Crab Cakes Brussel Sprouts Germany Blend Mango Fruit Salad	5 Million Dollar Chicken Casserole San Francisco Blend Collard Greens Mixed Berries
8 Tuna Salad Sandwich Potato Salad Coleslaw Strawberries	9 SW Pork Casserole Spinach Peppers & Onions Apple	10 Thanksgiving Turkey Casserole Carrots Peaches	11 Cheeseburgers Broccoli Roasted Red Potatoes Pineapple & Blueberries	12 Pasta Fagioli Key Largo Blend Butternut Squash Mango Fruit Salad
15 Chicken Breast w/Gravy Edamame California Blend Pineapple	16 Meatloaf Mashed Potatoes Winter Blend Apricots	17 Crab Salad Asian Cucumber Salad Tomato Bisque Tropical Fruit	18 Chicken Cordon Bleu Sweet Potatoes Broccoli Au gratin Fresh Fruit Salad	19 Pulled Pork Salad Broccoli Peas & Carrots Pear
22 Spaghetti & Beef Meatballs Acorn Squash Apple	23 Lemon Tilapia Roasted Red Potatoes Carrots Fresh Orange	24 Bean & Cheese Burrito Zucchini, Squash, & Tomatoes Cauliflower Peaches & Blueberries	25 Senior Center Closed for Holiday	26 Beef Chili Baked Potato Veggie Blend Strawberries
29 Asian Ground Pork Stir Fry Brown Rice Tropical Fruit	30 Creamy Chicken Penne Bake Chef's Choice Veggie Italian Blend Watermelon	31 Baked Beef & Potato Casserole Peas & Carrots Key Largo Blend Raspberry Applesauce		*To Make Reservations For Lunch Please Call 480-782-2721

DISCOVER.

IMAGINE.

GROW.