



The suggested contribution for those 60 and above and those under 60 with disabilities is \$3.50.

Contributions above the suggested donation are always appreciated.

AZCEND Senior Nutrition

Program Manager:

Kelly Delgado
480-782-2721

Outreach Specialist:

480-503-6061

Home Delivered Meals:

480-503-6058

Transportation:

Para Transit: 602-716-2200
Ride Choice: 602-716-2100
Chandler FLEX:
602-932-0291

Senior HELP Line:

602-264-4357

EMPACT Counseling:

480-784-1514 EXT. 1219

Housing Assistance:


480-782-3200

Chandler Senior Center:

480-782-2720

LUNCH MENU - JANUARY 2026

Menus are subject to change. Lunch is served M-F at 11:30 a.m.

MON	TUE	WED	THUR	FRI
*To Make Reservations For Lunch Please Call 480-782-2721			1 Senior Center Closed for New Years Day	2 Baked Battered Cod Spinach Peas Banana Ambrosia
5 Butternut Squash Ravioli Green Beans Winter Blend Fresh Fruit Salad	6 SW Pork Casserole Fajita Blend Spinach Diced Peaches	7 Swedish Chicken Meatballs Mashed Potatoes Scandinavian Blend Apricot	8 Herb Crusted Pollock Cauliflower Baked Sweet Potato Pineapple	9 Beef & Broccoli Japanese Blend Crinkle Cut Carrots Mango
12 Chicken Gumbo Lima Beans Collard Greens Diced Pears	13 Beef Stew Mashed Potatoes Tropical Mix	14 Pork Chop w/Gravy Baby Carrots Creamed Corn Mixed Berries	15 Cheese Manicotti Italian Blend Green Beans Graham Crackers Orange 	16 Baked Chicken Pesto Sandwich Root Veggies Spinach Strawberries & Peaches
19 Senior Center Closed for Martin Luther King Jr. Day	20 Chicken w/Snow Peas & Mushrooms Japanese Blend Edamame Mango	21 Beef Patty w/Gravy Mashed Potatoes Green Beans Apple Slices	22 Macaroni & Cheese Chuckwagon Blend Italian Blend Fig Newtons	23 Asian Glazed Pollock Spinach California Blend Pineapple
26 Beef Sloppy Joe Oven Roasted Carrots Cauliflower Cinnamon Apple Slices	27 5 Bean & Rice Bake Oven Roasted Tomatoes Zucchini Orange	28 Pulled Pork & Beans Sweet Potatoes Broccoli Fig Newtons	29 Crab Cakes Brussel Sprouts Germany Blend Mango Fruit Salad	30 Million Dollar Chicken Casserole San Francisco Blend Veggie Collard Greens Mixed Berries

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