



The suggested contribution for those 60 and above and those under 60 with disabilities is \$3.50.

Contributions above the suggested donation are always appreciated.

AZCEND Senior Nutrition

Program Manager:

Kelly Delgado
480-782-2721

Outreach Specialist:

480-503-6061

Home Delivered Meals:

480-503-6058

Transportation:

Para Transit: 602-716-2200
Ride Choice: 602-716-2100
Chandler FLEX:
602-932-0291

Senior HELP Line:

602-264-4357

EMPACT Counseling:

480-784-1514 EXT. 1219

Housing Assistance:

480-782-3200

Chandler Senior Center:

480-782-2720

LUNCH MENU - JULY 2025

Menus are subject to change. Lunch is served M-F at 11:30 a.m.

MON	TUE	WED	THUR	FRI
	1 Turkey Burger Chef's Choice Veg Italian Blend Watermelon	2 Baked Beef & Potato Casserole Peas & Carrots Key Largo Blend Raspberry Applesauce	3 Pork Ribbette SW Coleslaw Fiesta Corn Salad Yogurt w/Berries	4 Senior Center Closed For 4th of July
7 Butternut Squash Ravioli in Cheese Sauce Green Beans Winter Blend Fresh Fruit Salad	8 SW Pork Casserole Fajita Blend Spinach Diced Peaches	9 Sesame Ginger Marinated Chicken Asian Cucumber Salad Pineapple	10 Lemon Tilapia Cauliflower Baked Sweet Potatoes Apricots	11 Sloppy Joe Over Potato Hash Country Blend Mango
14 Chicken Fajita w/Peppers & Onions Seasoned Black Beans Baby Carrots Diced Pears	15 Cottage Pie Broccoli Oven Roasted Tomatoes Tropical Mix	16 Pork Eggroll Casserole Peas Japanese Blend Mixed Berries	17 Cheese Manicotti Italian Blend Green Beans Oranges	18 Baked Chicken Pesto Sandwich Root Veggie Blend Brussel Sprouts Strawberries & Peaches
21 Pork Carnitas w/Peppers & Onions SW Pinto Beans Squash Blend Tropical Mix	22 Baked Lemon Chicken Carrots Cauliflower Ambrosia	23 Spaghetti & Beef Meatballs Peas Apple Slices	24 Egg Salad Sandwich 3 Bean Salad Romaine Salad Fresh Fruit Salad	25 Asian Glazed Pollock Spinach California Blend Brown Rice Pineapple
28 Beef Liver & Onions w/Gravy Peas & Carrots Cauliflower Cinnamon Apple Slices	29 5 Bean & Reice Bake Roasted Tomatoes Zucchini Orange	30 Pulled Pork & Beans Sweet Potatoes Broccoli Sliced Pears	31 Crab Cake Brussel Sprouts Germany Blend Mango Fruit Salad	*To Make Reservations For Lunch Please Call 480-782-2721



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