

# Senior Center Lunch Menu



## JULY 2026

DISCOVER. IMAGINE. GROW.

Menus are subject to change. Lunch is served M-F at 11:30 a.m.

The suggested contribution for those 60+ years and those under 60 with disabilities is \$4.50.

Contributions above the suggested donation are always appreciated.

### AZCEND Senior Nutrition Program Manager:

Kelly Delgado  
480-782-2721

### Outreach Specialist:

480-503-6061

### Home Delivered Meals:

480-503-6058

### Transportation:

Para Transit: 602-716-2200  
Ride Choice: 602-716-2100  
Chandler FLEX: 602-932-0291

### Senior HELP Line:

602-264-4357

### EMPACT Counseling:

480-784-1514 EXT. 1219

### Housing Assistance:

480-782-3200

### Chandler Senior Center:

480-782-2720

MON	TUES	WED	THUR	FRI
		<b>1</b> Lemon Tilapia Scandinavian Blend Lima Beans Cinnamon Applesauce	<b>2</b> BBQ Pulled Chicken Sandwich Broccoli Slaw Pasta Salad Peach Cobbler	<b>3</b> Lunch Provided by Senior Center  <b>Registration Required at Front Desk</b>
<b>6</b> Ground Pork Eggroll Stir Fry Blend Mandarin Oranges	<b>7</b> Chicken Salad Wrap Smart Slaw Broccoli Salad Fresh Fruit Salad	<b>8</b> Cheeseburger Oven Roasted Potatoes Carrots Banana	<b>9</b> Healthy Choice Vegetable Lasagna Peas Brussel Sprouts Fig Newton	<b>10</b> Crab Cakes Succotash California Blend Sliced Peaches
<b>13</b> Eggplant Parmigiana Peas & Carrots Collard Greens Apples	<b>14</b> Tuna Salad Sandwich 3 Bean Salad Tomato & Onion Salad Cantaloupe	<b>15</b> Chicken Fajita w/Peppers & Onions Baby Carrots Black Beans Fruit Cocktail	<b>16</b> Spaghetti & Meatballs Italian Blend Roasted Acorn Squash Watermelon	<b>17</b> Ham & Swiss Coleslaw Broccoli Salad Pineapple & Blueberries
<b>20</b> Beef Sloppy Joe Baby Carrots Cauliflower Fresh Fruit Salad	<b>21</b> Pulled Pork Sandwich Steamed Broccoli Key Largo Blend Ambrosia	<b>22</b> Mexican Corn Poblano & Cheese Casserole Fajita Blend Roasted Sweet Potatoes Tropical Mix	<b>23</b> Chicken Zucchini & Onion Pasta Italian Blend Acorn Squash Sliced Pear	<b>24</b> Asian Glazed Pollock Asian Blend Peas & Carrots Pineapple
<b>27</b> Pork Carnitas w Peppers & Onions Roasted Zucchini Yellow Squash & Tomatoes Corn Strawberries	<b>28</b> Turkey & Cheddar Sandwich Broccoli Salad Coleslaw Apple Slices	<b>29</b> Herb Crusted Tilapia Stewed Tomatoes Succotash Apricot	<b>30</b> Beef & Potato Casserole California Blend Key Largo Blend Mixed Berries	<b>31</b> 5 Bean & Rice Bake Spinach Scandinavian Blend Banana Ambrosia