



CHANDLER
arizona

The suggested contribution for those 60 and above and those under 60 with disabilities is \$3.50.

Contributions above the suggested donation are always appreciated.

AZCEND Senior Nutrition

Program Manager:

Kelly Delgado
480-782-2721

Outreach Specialist:

480-503-6061

Home Delivered Meals:

480-503-6058

Transportation:

Para Transit: 602-716-2200
Ride Choice: 602-716-2100
Chandler FLEX:
602-932-0291

Senior HELP Line:

602-264-4357

EMPACT Counseling:

480-784-1514 EXT. 1219

Housing Assistance:

480-782-3200

Chandler Senior Center:

480-782-2720

LUNCH MENU - MARCH 2026

Menus are subject to change. Lunch is served M-F at 11:30 a.m.

MON	TUE	WED	THUR	FRI
2 Butternut Squash Ravioli in Cottage Cheese Sauce Green Beans Fresh Fruit Salad	3 SW Pork Casserole Fajita Blend Spinach Diced Peaches	4 Swedish Chicken Meatballs Mashed Potatoes Scandinavian Blend Fig Newtons	5 Herb Crusted Pollock Cauliflower Baked Sweet Potatoes Pineapples	6 Beef & Broccoli Japanese Blend Crinkle Cut Carrots Mango
9 Chicken Gumbo Lima Beans Collard Greens Diced Pears	10 Beef Stew Mashed Potatoes Tropical Blend	11 Pork Chop w/Gravy Baby Carrots Creamed Corn Mix Berries	12 Cheese Manicotti Italian Blend Green Beans Orange	13 Baked Chicken Pesto Sandwich Root Veggie Blend Spinach Strawberries & Peaches
16 Pork Carnitas w/Peppers & Onions SW Pinto Beans Squash & Tomatoes Tropical Mix	17 Corned Beef Potatoes & Cabbage Carrots Fruit Cocktail	18 Beef Patty w/Gravy Mashed Potatoes Green Beans Apple Slices	19 Macaroni & Cheese Chuckwagon Blend Italian Blend Fresh Fruit Salad	20 Asian Glazed Pollock Spinach California Blend Pineapple
23 Beef Sloppy Joe Oven Roasted Bakers Cauliflower Cinnamon Apple Slices	24 5 Bean & Rice Bake Oven Roasted Tomatoes Zucchini	25 Pulled Pork & Beans Sweet Potatoes Broccoli Sliced Pears	26 Crab Cakes Brussel Sprouts Germany Blend Mango Fruit Salad 	27 Million Dollar Chicken Casserole San Francisco Blend Collard Greens Mixed Berries
30 Tuna Salad Sandwich Potato Salad Coleslaw Strawberries	31 SW Pork Casserole Spinach Apples			*To Make Reservations For Lunch Please Call 480-782-2721

DISCOVER.

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