



The suggested contribution for those 60 and above and those under 60 with disabilities is \$3.50.

Contributions above the suggested donation are always appreciated.

AZCEND Senior Nutrition

Program Manager:

Kelly Delgado
480-782-2721

Outreach Specialist:

480-503-6061

Home Delivered Meals:

480-503-6058

Transportation:

Para Transit: 602-716-2200
Ride Choice: 602-716-2100
Chandler FLEX:
602-932-0291

Senior HELP Line:

602-264-4357

EMPACT Counseling:

480-784-1514 EXT. 1219

Housing Assistance:

480-782-3200

Chandler Senior Center:

480-782-2720

LUNCH MENU - NOVEMBER 2025

Menus are subject to change. Lunch is served M-F at 11:30 a.m.

MON	TUE	WED	THUR	FRI
3 Asian Ground Pork Stir Fry Brown Rice Tropical Fruit	4 Creamy Chicken Penne Bake Chef's Choice Veggies Watermelon	5 Baked Beef & Potato Casserole Peas & Carrots Key Largo Blend Raspberry Applesauce	6 Sesame Ginger Chinese Chicken Salad Fresh Fruit Salad	7 Baked Battered Cod Spinach Peas Banana Ambrosia
10 Butternut Squash Green Beans Winter Blend Fresh Fruit Salad	11 Senior Center Closed for Veterans Day	12 Swedish Chicken Meatballs Mashed Potatoes Scandinavian Blend Apricots	13 Herb Crusted Pollock Cauliflower Baked Sweet Potatoes Pineapple	14 Beef & Broccoli Japanese Blend Crinkle Carrots Mango
17 Chicken Gumbo Lima Beans Collard Greens Diced Pears	18 Beef Stew Mashed Potatoes Tropical Mix	19 Pork Chop w/Gravy Baby Carrots Creamed Corn Mixed Berries	20 Oven Roasted Turkey Breast w/Gravy Green Beans Garlic Mashed Potatoes Pumpkin Pie	21 Baked Chicken Pesto Sandwich Root Vegetable Blend Spinach Strawberries & Peaches
24 Pork Carnitas SW Pinto Beans Squash & Tomatoes Tropical Mix	25 Chicken w/Snow Peas & Mushrooms Japanese Blend Edamame Mango	26 Beef Patty w/Gravy Mashed Potatoes Green Beans Apple Slices	27 Senior Center Closed for Thanksgiving	28 Senior Center Closed for Thanksgiving
				*To Make Reservations For Lunch Please Call 480-782-2721

DISCOVER.

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