

Senior Center Lunch Menu



OCTOBER 2026

DISCOVER.

IMAGINE.

GROW.

Menus are subject to change. Lunch is served M-F at 11:30 a.m.

The suggested contribution for those 60+ years and those under 60 with disabilities is \$4.50.

Contributions above the suggested donation are always appreciated.

AZCEND Senior Nutrition Program Manager:

Kelly Delgado
480-782-2721

Outreach Specialist:

480-503-6061

Home Delivered Meals:

480-503-6058

Transportation:

Para Transit: 602-716-2200
Ride Choice: 602-716-2100
Chandler FLEX: 602-932-0291

Senior HELP Line:

602-264-4357

EMPACT Counseling:

480-784-1514 EXT. 1219

Housing Assistance:

480-782-3200

Chandler Senior Center:

480-782-2720

MON	TUES	WED	THUR	FRI
			1 Egg Salad Sandwich Tomato Salad Garden Veggie Soup Raspberry Applesauce	2 Chicken Chili Baked Potato Steamed Broccoli Mango Fruit Salad
5 Breaded Chicken Sandwich Baked Potato Wedges Baby Carrots Fruit Cocktail	6 Creamy Shredded Pork Pasta Italian Blend Spinach Mixed Berries	7 Asian Glazed Pollock Stir Fry Blend Peas Mango Fruit Salad	8 French Style Lentils Roasted Acorn Squash Romaine Salad Sliced Pears	9 Beef & Barley Ragu Roasted Sweet Potato Apple
12 Apple Butter Baked Pork Chop Winter Blend Asparagus Apricot	13 Crab Cakes Scandinavian Blend Sauteed Spinach Sliced Peaches	14 Shredded Chicken Tacos Squash & Tomatoes Chuckwagon Blend Fresh Fruit Salad	15 Ground Beef SOS Peas & Carrots Lima Beans Pineapple	16 Pulled Pork Sandwich California Blend Cowboy Beans Strawberries
19 Stuffed Shells Collard Greens Oven Roasted Tomatoes Orange	20 SW Chicken Salad Sandwich Creamy Corn Chowder Coleslaw Cantaloupe	21 Meatloaf Mashed Potatoes Broccoli Banana Ambrosia	22 Pork Carnitas Sauteed Red Cabbage Fresh Pico Salad Tropical Mix	23 Cajun Baked Chicken Okra & Tomatoes Root Vegetable Blend Peaches & Blueberries
26 Beef Stew Normandy Blend Honeydew	27 Pork Eggroll Casserole Diced Sweet Potatoes Apricot	28 5 Bean & Rice Blend Zucchini 5 Way Blend Mixed Berries	29 Chicken Pasta w/Cannellini Beans Lima Beans Peas Pineapple	30 Beef Meatball Spaghetti Bake Mixed Greens Oven Roasted Tomatoes SF Jello w/Tropical Fruit

chandleraz.gov/senior-adults