



The suggested contribution for those 60 and above and those under 60 with disabilities is \$3.50.

Contributions above the suggested donation are always appreciated.

AZCEND Senior Nutrition

Program Manager:

Kelly Delgado
480-782-2721

Outreach Specialist:

480-503-6061

Home Delivered Meals:

480-503-6058

Transportation:

Para Transit: 602-716-2200

Ride Choice: 602-716-2100

Chandler FLEX:

602-932-0291

Senior HELP Line:

602-264-4357

EMPACT Counseling:

480-784-1514 EXT. 1219

Housing Assistance:

480-782-3200

Chandler Senior Center:

480-782-2720

LUNCH MENU - SEPTEMBER 2025

Menus are subject to change. Lunch is served M-F at 11:30 a.m.

MON	TUE	WED	THUR	FRI
1 Senior Center Closed For Labor Day	2 Turkey Burger Chef's Choice Veggie Italian Blend Watermelon	3 Baked Beef & Potato Casserole Peas & Carrots Key Largo Blend Raspberry Applesauce	4 Chicken Enchilada Bake Collard Greens Butternut Squash Fresh Fruit Salad	5 Herb Crusted Tilapia Succotash Peas Banana Ambrosia
8 Butternut Squash Ravioli w/Cottage Cheese Sauce Green Beans Winter Blend Fresh Fruit Salad	9 SW Pork Casserole Fajita Blend Spinach Diced Peaches	10 Sesame Ginger Marinated Chicken Asian Cucumber Salad Pineapple	11 Lemon Tilapia Cauliflower Baked Sweet Potatoes Apricot	12 Sloppy Joe Oven Potato Hash Country Blend Mango
15 Chicken Fajita w/Peppers & Onions Baby Carrots Diced Pears	16 Cottage Pie Broccoli Oven Roasted Tomatoes Tropical Mix	17 Pork Eggroll Peas Japanese Blend Mixed Berries	18 Cheese Manicotti Italian Blend Green Beans Orange	19 Baked Chicken Pesto Sandwich Root Vegetable Blend Brussel Sprouts Strawberries & Peaches
22 Pork Carnitas w/Peppers & Onions SW Pinto Beans Squash & Tomatoes	23 Baked Lemon Chicken Carrots Cauliflower Ambrosia	24 Spaghetti & Meatballs Italian Blend Peas Apple Slices	25 Egg Salad Sandwich 3 Bean Salad Romaine Salad Fresh Fruit Salad 	26 Asian Glazed Pollock Spinach California Blend Pineapple
29 Beef Liver & Onions Peas & Carrots Cauliflower Cinnamon Apple Slices	30 5 Bean & Rice Bake Oven Roasted Tomatoes Zucchini Orange			*To Make Reservations For Lunch Please Call 480-782-2721

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