

Senior Center Lunch Menu



SEPTEMBER 2026

DISCOVER. IMAGINE. GROW.

Menus are subject to change. Lunch is served M-F at 11:30 a.m.

The suggested contribution for those 60+ years and those under 60 with disabilities is \$4.50.

Contributions above the suggested donation are always appreciated.

AZCEND Senior Nutrition Program Manager:

Kelly Delgado
480-782-2721

Outreach Specialist:
480-503-6061

Home Delivered Meals:
480-503-6058

Transportation:
Para Transit: 602-716-2200
Ride Choice: 602-716-2100
Chandler FLEX: 602-932-0291

Senior HELP Line:
602-264-4357

EMPACT Counseling:
480-784-1514 EXT. 1219

Housing Assistance:
480-782-3200

Chandler Senior Center:
480-782-2720

MON	TUES	WED	THUR	FRI
	1 Chicken Salad Wrap Slaw Broccoli Salad Fresh Fruit Salad	2 Beef Cabbage Roll Oven Roasted Potatoes Crinkle Cut Carrots Banana	3 Vegetable Lasagna Peas Brussel Sprouts Fig Newton	4 Crab Cakes Succotash California Blend Sliced Peaches
7 Senior Center Closed For Labor Day	8 Tuna Salad Sandwich 3 Bean Salad Tomato & Onion Salad Cantaloupe	9 Chicken Fajita w/Peppers & Onions Baby Carrots Black Beans Fruit Cocktail	10 Spaghetti & Meatballs Italian Blend Roasted Acorn Squash Watermelon	11 Ham & Swiss Sandwich Coleslaw Broccoli Salad Pineapple & Blueberries
14 Beef Sloppy Joe Baby Carrots Cauliflower Fresh Fruit Salad	15 Pulled Pork Sandwich Steamed Broccoli Key Largo Blend Ambrosia	16 Mexican Corn, Poblano & Cheese Casserole Roasted Sweet Potato Tropical Mix	17 Chicken Zucchini & Onion Pasta Italian Blend Acorn Squash Sliced Pear	18 Asian Glazed Pollock Asian Blend Peas & Carrots Brown Rice Pineapple
21 Pork Carnitas w/Peppers & Onions Roasted Squash & Tomato Strawberries	22 Turkey & Cheddar Sandwich Broccoli Salad Coleslaw Apple Slices	23 Herb Crusted Tilapia Stewed Tomatoes Succotash Fig Newton Apricot	24 Beef & Potato Casserole California Blend Key Largo Blend Mixed Berries	25 5 Bean & Rice Bake Scandinavian Blend Banana Ambrosia
28 Breaded Pollock Sandwich Oven Roasted Tomatoes Succotash Tropical Fruit	29 Meatloaf w/Gravy Mashed Potatoes California Blend Graham Crackers Mixed Berries	30 Ground Pork, Poblano, & Corn Bake Roasted Zucchini Oven Potato Hash Orange		