



WEEKLY ACTIVITIES

MONDAY

- 8:30 a.m. Exercise - CC & V
- 9 a.m. Knit & Crochet - CC
- 10 a.m. Karaoke
- 12:30 p.m. Musical BINGO

TUESDAY

- 8:30 a.m. Wii Bowling
- 9:30 a.m. Bridge
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Mindfulness 2.0 - CC & V
- 12:30 p.m. Pinochle

WEDNESDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Ceramics - CC
- 12:30 p.m. Hybrid BINGO
- 12:30 p.m. Pinochle

THURSDAY

- 8:30 a.m. Wii Bowling
- 8:45 a.m. Qui Gong Tai Chi - CC
- 9 a.m. Plastic Canvas
- 9:30 a.m. Bridge
- 10:30 a.m. Yoga, Meditation, & Health
- 12:30 p.m. Mahjong
- 1 p.m. Euchre

FRIDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Karaoke
- 12:30 p.m. Pinochle
- 12:30 p.m. Musical BINGO
- 1:30 p.m. Movie

DAILY:

Quilting, Game Room, Computer Lab, Board Games, Lounge, Garden Area

All activities above take place at the Senior Center or Community Center unless otherwise noted.

Please note that program dates and times are subject to change.

Senior Center/Community Center

MAY 2025

Visit Chandleraz.gov/seniors for more information on Senior Programs

MON	TUE	WED	THUR	FRI
RR - Registration Required CC - Community Center V - In Person & Virtual Program			1 8:30 a.m. Drop-In Ping Pong - CC 10 a.m. Mindfulness Class - Racing Mind 2 p.m. Drop-In Pickleball	2 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - Meet Joe Black
5 9 a.m. Cinco de Mayo Celebration - RR CC 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	6 8 a.m. Drop-In Pickleball - CC 11:30 a.m. Out to Lunch: Caldwell County BBQ - RR 2 p.m. Sketch-a-Long	7	8 8:30 a.m. Drop-In Ping Pong - CC	9 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - You Gotta Believe
12 9 a.m. Cybersecurity Class 4 p.m. Drop-In Ping Pong - CC	13 8 a.m. Drop-In Pickleball - CC 10:30 a.m. Entertainer - ImproVables 2 p.m. Sketch-a-Long	14 8:45 a.m. Casino Trip - Lone Butte - RR 10 a.m. Active Adult Advisory Committee Meeting - V 10 a.m. Brain Games w/Angel Care	15 8:30 a.m. Drop-In Ping Pong - CC 10 a.m. Mindfulness Class - Self Compassion 12:30 p.m. Loteria w/Supportive Hands Hospice	16 8:30 a.m. Drop-In Ping Pong - CC 8:30 a.m. Entertainer - Frank Mackey 1:30 p.m. Movie In The Lounge - Juror #2
19 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	20 8 a.m. Drop-In Pickleball - CC 1:30 p.m. Cornhole Tournament - RR 2 p.m. Sketch-a-Long	21 10 a.m. Coffee Social w/Oak Street	22 2 p.m. Drop-In Pickleball	23 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - Brooklyn
26 Senior Center Closed For Memorial Day	27 8 a.m. Drop-In Pickleball - CC 2 p.m. Sketch-a-Long	28 10 a.m. Health Screenings w/SCAN & AZPC 10 a.m. Brain Games w/Angel Care	29 12 p.m. Birthday Celebration with Citadel 2 p.m. Drop-In Pickleball	30 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - Fever Pitch

DISCOVER.

IMAGINE.

GROW.